



Okotoks Raiders Lacrosse Association

Box 898 Okotoks, AB T1S 1A9

403.875.2576

UPDATED GAME LENGTHS FOR 2025

Minor box floor times will now reflect those recommended in the LC LTAD.

Division	Allotted Time	Warm-Up/Training	Period/Game 1	Period/Game 2	Period /Game 3	Period Break
U7	1 hour	5	15	15	15	3
U9	1 hour	5	15	15	15	3
U11	1 hour	5	15	15	15	3
U13	1 hour	5	15	15	15	3
U15	1 ½ hours	5	20	20	20	3
U17	1 ½ hours	5	20	20	20	3

In U9, U11, and U13 each game or period will be played as run-time. Run time is defined as straight play except for time outs or goalie water breaks.

In U15 and U17 only the 3rd period will be played as stop-time. Stop-time is defined as the clock only stopping for goals, penalties, or time outs except for the 6 goal differential rule as per 9.05.

Home team wears dark jerseys.

Away team wears light jerseys

Home team supplies Time Clock, Shot Clock, and (1) Penalty Box.

Visiting team supplies volunteers for Score Sheet and (1) Penalty Box.

Home team keeps completed white game sheet. Winning team gets yellow and Losing gets Pink.



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