

OMHA Coach Meeting

October 6th 2022



Agenda

- Player Health & Wellness
- Hard Truths of Coaching – Hockey Canada / Hockey Alberta
- Coach Responsibilities – Expectations
- Player Affiliations
- Officials
- Fair Play
- Coach Mentoring
- Driving Policy
- Questions



Player Health & Wellness

Safety Coach – (in place of paid trainer)

- First on site for any and all injuries
- First step to the Emergency Response Plan
- Responsibility to the player to make sure that they are cleared to return

Emergency Response Plan

- Charge Person – one in control directing personnel
- Call Person – the one to call 911
- All teams should have one with the address of each rink your playing at and the closest emergency venue



Player Health & Wellness

HeadCheck – Bantam and Midget levels

- Coach and 1 assistant coach (Safety Coach) to take the online course
- Reporting database and communication tool between all parties involved



Hockey Canada

Update

Respect in Sport - Coach

Suspensions

Affiliation



Responsibility

- Head Coach

- Coach Qualifications – One month left to get it done (Nov. 15th)
 - Register online today
- Team Staffing – key rolls : Manager, Safety Coach, AC's
- Team Finances – Budget for the team, stay on track, within REASON
- Fair Play Policy
- Development – Fun and Challenging, MAKE PLAYERS BETTER
 - Players
 - Individual skill, individual tactics, team tactics, Systems
 - The use of the Edge Boss tools
 - OAAA/OMHA Coaches
 - Goalies
 - DON'T FORGET THESE GUYS
 - Jarret Finney – goaltending coach for Association
 - Blair Scott – VP Player Development –goalie himself
 - Hockey Alberta - Goalie Development Page (Visit it)
- (Practice drill book – progression level up)
- Bus Travel Policy – Manager will be aware of this (Trip Roster)
- Jersey Management – Jersey Parents please



Development

- BAMA Hockey – U13
- Hi-Tek Hockey – U16 & U15
- JAG Development – U11
- On The Edge Power skating – Jamie Slaney All Divisions
- Top Shelf Power skating – Melissa Deplaedt All Divisions
- Push-it Hockey – U18
- U9 – Combination of all development groups
- U7 – Recommended Power skating



Affiliation of Players

Affiliation

- OMHA Affiliation Procedure – website
 - Dec 15 – Hockey AB
 - Player/Goalie request
 - Team Roster can not grow
 - Game limit with exceptions
- Goalies – Emergency based only
 - Emergency call up MUST play
 - Bring to our attention when you need one



Officials



Greg Schmidt

- **Rule Changes – we will identify to Coaches/Team Staff**

- **On ice Officials**
 - What does that look like?
 - U7-U9 – no officials
 - U11/U13 House - on ice officials, new to officiating, up to 4 on the ice at a time
 - CAHL/RMFHL/RHL – as per league guidelines

- **Off ice Officials**
 - Will be asked to wear masks. If there is any resistance to that, the game will be paused until compliance is followed.
 - Based on the limited spectatorship, rotate through your parent groups (those who want to do it)
 - Anyone not abiding by the stipulations, will not be asked again. Not our rules – HA and AHS



Coach Mentoring

- **Internal Resources:**

- Jamie Steer – operations coordinator, BAAA coach, HA evaluator
- OMHA Development Groups
- OOAA coaches – reach out for access to OOAA coaching staffs
- Roy Bowlby & Gabe Amyotte – Coach Talks
- Use each other – We are all here trying to achieve the same goal. Reach out to each other or VP Coach Development.

- **External Resources:**

- If you need anything, please reach out to our Development Groups for help
 - Practice plans
 - Drills
 - Courses
 - Etc.





Driving Policy

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Driving Policy for Midget Aged Players

Players who are of the legal driving age are to follow the following policies for theirs and their teammates safety:

For Practices:

a) Practices within a 29 km radius (Black Diamond, SSSR)

Players will be allowed to drive to venues which reside within a 29km radius (Black Diamond, SSSR). Players who do drive are expected to drive "directly", meaning there are no detours taken that bring another reason for the trip into consideration.

b) Practices outside of a 30 Km radius (Blackie, Stavelly)

Players will not be permitted to drive themselves or any of their teammates. We recommend that a parent drive to these practices as they are typically later at night when it is dark and a 16/17/18 year olds may not have the necessary experience to drive at night alone. In order to help minimize the number of parent drives, we recommend organizing a car pool initiative to keep the kids safe.

Away Games:

Will not be permitted to drive themselves or any of their teammates to any games where the Okotoks team is the visiting team.

Home Games:

a) Anything within a 29 km radius (Black Diamond, SSSR)

Players will be permitted to drive themselves "directly", meaning there are no detours taken that bring another reason for the trip into consideration.

b) Any game outside of the 30 km radius

Recommend a parent drive and suggest setting up arrangements for rides if parents do not want to show up early for games.



Questions...

