



## Okotoks Minor Hockey Association

*"Practice and play like a champion today!"*

Box 1152 Okotoks, AB T1S 1B2

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## REGISTRATION & FEES

### When and how can I register?

Registration for the upcoming season opens June 24 and closes July 21, 2024. If you register after July 21, you can be placed on a Wait List and there is a \$100 late registration fee. You can register [here](#).

### Do you offer a payment plan?

Yes, during the registration process. Once you get to the payment screen you can select 'Pay in Full' or 'Payment Plan'. The payment plan allows you to pay 1/3 of cost at the time of registration, 1/3 August 1<sup>st</sup> and the remaining 1/3 September 1<sup>st</sup>. All fees must be paid in full by September 1<sup>st</sup>. There are no exceptions to this date.

### What happens if I miss a payment?

There is a late payment fee of \$50.00 per late fee. You are responsible for updating your credit card information in RAMP if you change credit cards, replace your credit card etc. Your child cannot skate until registration fees are paid in full.

### What forms of payment does OMHA accept?

Registrations that are paid in full can be paid by e-transfer to [treasurer@okotokshockey.com](mailto:treasurer@okotokshockey.com) with the password Hockey24, or by credit card. Credit card payments have a 3% credit card admin fee added to the total registration fee.

Registration fees that are on the payment plan can ONLY be made by credit card and are subject to a 3% credit card admin fee.

### Where can I get a receipt?

Please log into your personal RAMP account and under the menu section you can view all registration and access your receipts.

### What is the OMHA refund policy?

The refund, if applicable, can vary based on the following:

- Refund prior to Sept 1 - full registration refund, less a \$100.00 admin fee. The initial 3% charged at the time of registration is non-refundable.
- Refund less 25% from September 1<sup>st</sup> to the last evaluation skate for your division, excluding the coach skate.
- Refund less 50% from the first coaches skate in your players division up to October 31<sup>st</sup>, 2024.
- Refund less 75% from November 1<sup>st</sup>- December 30<sup>th</sup>, 2024
- No refunds after Dec 31.
- Refunds will be processed within 30 days of the request.
- Evaluation Camps- NO REFUNDS without a Dr's note.



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### What is my legal land address?

*Your legal land address is the coordinate address for rural property owners. For example SW-21-24-29 W4 your legal land address is NOT your 911 address or your physical address. Legal land addresses do not apply to members that live in town.*

### Why do you require such personal information at the time of registration and to verify my address?

*Hockey Alberta and Hockey Canada determine the information that minor hockey associations must collect at the time of registration. Proof of residency documents are used to determine your primary residence. You cannot use a rental house address or a PO Box address during the time of registration.*

### I do not live in Okotoks but want my player to register with OMHA. Is this possible?

*Hockey Alberta determines where a player must register based on their primary residence address. If you do not reside within the OMHA boundaries, then you cannot register in Okotoks. The exceptions to this rule are if you are a female registering in a female division and your home association does not have a female program or your player would like to play in the RHL non-contact league and your home association does not have a non-contact team.*

*OMHA cannot accept players that reside within the Hockey Calgary limits.*

*All exceptions must apply to Hockey Alberta with a player movement form. Please contact the OMHA administrator, Lindsay Graw to learn more. [Admin@okotokshockey.com](mailto:Admin@okotokshockey.com)*

### I am moving to or within the Okotoks area. Where can I find the regional boundaries for OMHA?

*The written boundaries can often be confusing, please email Lindsay ([admin@okotokshockey.com](mailto:admin@okotokshockey.com)) with your legal land address and she can help you.*

### What division do I register my player in?

*Hockey Alberta determines the participants in each division based on their birth year. Please register your player into the corresponding division with the birth years listed.*



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# EQUIPMENT

What equipment does my player need?

## **NEWTOHOCKEY.COM** FULL EQUIPMENT CHECKLIST FOR KIDS



**READ THE DESCRIPTION FOR MORE DETAILS ABOUT EACH PIECE OF EQUIPMENT**

### Does the association supply practice jerseys and socks?

U7 will receive a "Timbit" practice jersey and a pair of socks. U11 House will receive a pair of "Atomic" socks for games only.

### Does the association supply goalie equipment?

All U9 team are given a set of goalie equipment that the team can use for the season. You are responsible for supplying your own equipment for U11- U18.



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## RESPECT IN SPORT (RIS) & CERTIFICATIONS

**Where do I go to take my respect in sport parent course?**

*Respect in Sport for Hockey Canada Parents - Getting Started ([respectgroupinc.com](http://respectgroupinc.com))*

**I have taken respect in sport for another sport. Do I have to take it again?**

*Hockey Alberta required that the course be taken every 4 years. If you have taken the course in the past 4 years, please contact the Respect in Sport help desk to have them add your certificate number to your players profile. 1-866-956-9791*

**How do I see if I have taken the RIS course, or to see when I last took it?**

*Log into your RIS account, if you see the certification there then you have already completed it. Check the completion date as it expires after 4 years.*

**I have taken the RIS course for another one of my players that is already playing in OMHA. Do I have to take the course again?**

*You do not have to retake the course. You do have to add your new player to your existing account. Please log into your respect in sport account and add your new player under the child management section.*

**If I have RIS Parent, do I also need to take the RIS for Activity Leader course if I would like to coach?**

*Yes, the two courses are not the same.*

**Is there a code for me to enter when taking the respect in sport course?**

*No, parents must pay for the RIS parent course. Coaches can submit their receipt along with a mailing address to the OMHA Treasurer for reimbursement after the course has been completed. [treasurer@okotokshockey.com](mailto:treasurer@okotokshockey.com)*

**Where can I check to see what coaching courses I have?**

*Please create a Sportle account if you do not already have one. Once you create your account you can view your coaching profile. Spordle My Account*



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## EVALUATIONS & DEVELOPMENT

### What camps do you offer?

OMHA offers a variety of development camps starting in early September. These ice sessions will be progressive, and include power skating, skills, and strategy that is focused on that development age. You can find out more information and cost under the "OMHA DEVELOPMENT CAMPS AND SCHEDULES" tab on our website.

### When do evaluations usually start?

Evaluations for the 2024-2025 season will start mid-September and run until all teams are formed. All teams are usually formed prior to Thanksgiving weekend.

### My player is a really strong skater. Can they move up a division?

OMHA has a strict acceleration policy. Please review the policy that is posted to the OMHA website under OMHA Info > Policies and Procedures

### Why do I need to know my position before evaluating?

Not all divisions/evaluations are based on a player's position, but once a player starts playing U13, they do need to select a position for evaluations. At this age level, teams are selected with a specific team format and that format is determined by the number of players in each position. Once a player has started evaluations, they cannot change their position.

### When does a player start 'contact' hockey?

Hockey Alberta states that 'contact' hockey can start at the U15 age level. Within the U15 and above age groups, tiered teams of 4-6 are all non-contact.

### Hockey Alberta made changes to contact in U18, it states that all teams in tier 4 and lower will not be contact. Where will OMHA's teams play that are affected?

All U18 OMHA travel teams will play in CAHL, if that team plays in a tier 4 or lower, then they will be non-contact. If there are too many players to make reasonably sized teams in travel, then a portion of the lower ranked players will be transferred to a team that plays in RHL.



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## TEAM ACTIVITIES

### How many practices/games will we have per week?

*This depends on what age group and league you play in.*

- CAHL teams typically have 2 practices: sometimes mornings during the week and 1-2 games per weekend.
- U15 and U18 House teams that play in RHL, typically have 1 practice per week and 1 game per weekend.
- RMFHL teams typically have 2 practices per week and 1-2 games per weekend.
- U7 teams have 2 ice times per week, once per week and once per weekend. They are generally earlier than other teams (for example, 4:00 PM and 7:00 AM on weekends)
- U9 teams get 2 shared practices per week and play once or twice on the weekend. They are generally earlier than other teams (for example, 4:00 PM and 7:00 AM on weekends)
- OMHA house teams typically have 2 practices per week and 1 game per weekend.

### What costs beyond registration should I expect during a hockey season?

*While costs will vary depending on age and level, common expenses include equipment, team cash calls, tournaments, extra development, and travel. These costs vary depending on what level of hockey your child plays. They can be a few hundred to over \$1000 at the higher competitive levels. Speak to a board member for more specific information.*

### I would like to Manage our child's team, but I do not know what is involved or how to do it?

*During registration, you can note that you wish to manage. If you have already registered, reach out to your division Director. Every year OMHA hosts a manager meeting that helps managers learn all relevant information needed to manage a hockey team. OMHA also has many forms and processes online so that you can easily access them.*

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## ELITE HOCKEY

### What is OOAA (Okotoks Oilers Athletic Association)?

*OOAA is a sub-committee of OMHA and manages all the elite teams. They are responsible for U13AA Oilers, U13AA Raiders, U15AA Oilers, U15AAA Oilers, U15AA Raiders, 16AA Oilers, 17AAA Oilers, U18AA Oilers, U18AA Raiders, U18AAA Oilers, U18AAA Raiders. These teams play in the following leagues, SCAHL, AFHL, AEHL.*

### If my player gets cut from OOAA, are they a lock for the top team in OMHA?

*When a player is released from a try-out for one of the OOAA teams, they are not a lock or guaranteed a spot on the top team within OMHA.*



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## FEMALE HOCKEY

### My daughter wants to play, do you offer all-female teams?

*OMHA has female hockey teams starting in U9. If there is enough female players interested in playing on an all-female U7 team OMHA will create a U7 female team.*

### What leagues do your female teams play in?

*Female teams play in OMHA's house program in U9. U11 and older teams play in Rocky Mountain Female Hockey League (RMFHL).*

### Where do your female teams travel to?

*That depends on the age group, U7 female players and U9 teams will participate in OMHA's house programs, but U11 and older will play in RMFHL, please visit their [website](#) to see where last season's teams travelled to.*

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## LEAGUES

### What is a 'Travel' team?

*A travel team will play in one of the following leagues, Rocky Mountain Female Hockey League (RMFHL) or Central Alberta Hockey League (CAHL). These teams will have practices in one of our local arenas (or Blackie or Stavely), and their games will be in other towns within their tier in the league.*

### What is 'RHL'?

*RHL refers to the league that U15 and U18 house teams play in, it is called the Rockies Hockey League.*

### Where do the travel teams travel to?

*Depending on which league and tier your player is in will determine where the team travels for away games. Each season the locations change based on where the teams are from in a particular division.*

*To see where teams played last year please visit the varies league websites:*

- *Female- [rmfhl.com](http://rmfhl.com)*
- *OMHA travel teams- [cahlhockey.net](http://cahlhockey.net)*
- *Rocky Hockey league (non contact)- [rockieshockeyleague.com](http://rockieshockeyleague.com)*

### U13 Tier 1 in CAHL has some changes, what are they?

*All U13 Tier 1 in CAHL will not be participating in tiering; they will move directly into league play.*



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## HEALTH & SAFETY

### What is the role of the safety coach (SC)?

*The safety coach is a designated assistant coach that will take the OMHA Hands on Safety Course. This coach will respond to any injuries on or off the ice. The SC will also be educated in concussions, the Hockey Canada return to play process and the Hockey Canada Injury report form.*

### Does the safety coach have to be on the bench?

*Yes. The safety coach must be one of the 5 carded coaches on the bench.*

### Can there only be one safety coach per team:

*Ideally, we would like there to be consistency with only one SC but understand we all have busy schedules and therefore it is ok for a team to have 2 safety coaches. Both assistant coaches accepting the SC role must take the OMHA Hands on Safety Course.*

### I have the Hockey Canada online safety course; do I have to take the one provided by OMHA?

*The Hockey Canada online test is required by Hockey Canada and is quite different than the one we provide. The OMHA Hands on Safety Course is a course that is required by OMHA. We feel this course will further educate our coaches and bring more confidence on the bench when it comes to injuries.*

### I took the course last year; do I have to take it again?

*Yes. Every three years the full course must be taken. The two years in between an hour-long renewal course will be offered. For example: Those that took the full course this year will take a renewal course for the 2023 and 2024 season and then again take the full course in 2025.*

### Can I be reimbursed by hockey Canada for any treatments from an injury that occurred?

*Yes. We have our safety coaches fill out the Hockey Canada Injury Report form for all injuries that have a player removed from the ice or off ice event. This form must be submitted to Hockey Alberta within 90 days of injury.*

*NOTE: this is a secondary insurance provider. All personal insurance must be used up before Hockey Canada will reimburse for treatment.*



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### GENERAL

**My child is new to hockey, we are concerned they will not be able to keep up or have the required skill to fit in?**

*OMHA has programs for athletes of all skill levels. Through our evaluation process and house program, your child will play with similarly skilled athletes. It is generally recommended that they can independently stand on their skates.*

**Can I request that my child be on the same team as their friends?**

*Players registered in the travel division cannot request to be on the same team as a friend. Players in house divisions can request to be with a friend but requests are not guaranteed. Priority is given to making teams with parity over requests.*

**My player has an activity already scheduled on a specific day. Can I request to be placed on a team that practices on the days that we do not have a commitment already?**

*Unfortunately, OMHA cannot accommodate this request.*

**I am wanting to get more involved, who do I contact about volunteer opportunities?**

*That is great! OMHA is always looking for volunteers, please reach out to your Division Director, or any one of the executive board members.*