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# OMHA MANAGER MEETING

## U11- U18



2024- 2025

# THANK YOU !!

Thank you for volunteering to play a very pivotal role in the organization and success of your team's hockey season. We are proud to have you as a representative of the OMHA and more specifically of your team and its Division. The time you invest and relationships you build will pay off not only for you in the current season but in seasons to follow.

# INTRODUCTION

- OMHA Executive
- Referee's Association
- Our Sponsors – Apparel
- Your Directors:
  - U11 House- Melissa Au
  - U13 House- Lauren Stout
  - U15 RHL- Serena Jorgensen
  - U18 RHL- Rebecca Streit
  - Jr. Female- Crystal Crawford
  - U11 Travel- Crystal Krauss
  - U13 Travel- Danielle McGregor
  - U15 Travel- Jenn Zaffino
  - U16/ U18 Travel- Michelle Barratt
  - Sr. Female- Jennifer Dustow

# AGENDA

OKOTOKS REFEREE ASSOCIATION

SAFETY

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REQUIRED FORMS

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# ORA OKOTOKS REFEREE ASSOCIATION

## 2024-25 Season: Hockey Canada Rule Change Year

1. 2.2(a) All divisions, and all teams may dress up to 20 players for any game (up to 18 skaters and 2 goalies).
2. 3.6(d) Clarification – Stoppage of play for a goalie losing equipment now includes losing a skate blade. There is no stoppage if there is an imminent scoring chance.
3. 6.3(e)(i) **ANY** stoppage of play in the end-zone, that results in the puck going out of play or being unplayable will result in the ensuing face-off taking place in that end-zone, regardless of which team causes the stoppage.
4. 7.1(a) Double Minor penalty will be assessed for any player who, with a minimal degree of violence, pulls an opponent's hair, grabs a facial protector, helmet, chin strap or throat protector; or attempts to head-butt. Single Minor's can no longer be assessed.
5. 8.8(c) Clarification – Slew-footing has been updated to include any impact to the ice, **goal or boards**. The penalties remain unchanged from past seasons.



# OMHA SAFETY PROGRAM

## PLAYER HEALTH AND WELLNESS

### SAFETY COACH

- In place of a paid trainer
- First on site for all injuries
- First step to the Emergency Response Plan
- Responsibility to the player to make sure they are cleared to return



### EMERGENCY RESPONSE PLAN

- Charge person- One in control directing personnel- Call person- the one to call 911
- All teams should have one person with the address of each rink you are playing at and the closest emergency venue.

### SAFETY DIRECTOR

**Kat Johnston**

[kjohnston@okotokshockey.com](mailto:kjohnston@okotokshockey.com)

### MENTAL AWARENESS DIRECTOR

**Amy Snyder**

[asnyder@okotokshockey.com](mailto:asnyder@okotokshockey.com)

# WEBSITE

HOME OMHA INFO ▾ AA/AAA INFO ▾ OMHA FORMS ▾ SPONSORS ▾ COACHES ▾ REFEREES ▾ MANAGERS ▾ SAFETY ▾ OMHA DEVELOPMENT CAMPS GROUPS AND SCHEDULES ▾ LINKS ▾ IN THE CREASE ▾ TOURNAMENTS ▾



OMHA INFO ▾

A BRIEF OVERVIEW

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GAME AND CONDUCT

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MANAGERS

OMHA AWARD RECIPIENTS

NEWSLETTERS

AGM

MANAGERS ▾

BOARD ROOM BOOKING

MANAGERS' DOCUMENTS

SCHEDULING

APPAREL - APPROVED VENDORS

THEDRILLBOOK.COM

APPAREL RULES AND REGULATIONS



2024- 2025 Managers Handbook

# EQUIPMENT

All teams must submit a \$300.00 deposit to Amanda Germain, treasurer@okotokshockey.com

You will receive your deposit back once ALL equipment is returned at the end of season.

**U11 House Jerseys-** Please confirm with Joe which Jerseys the teams are to keep, if you haven't already. The jerseys the kids keep can have name bars added to them. You will return the other set of jerseys.

**Socks-** Everyone must provide their own OMHA approved socks, they can be purchased at Classic Source for Sports. These can be purchased individually or the cost worked into the team budget.

**U11 House-** your socks are provided by McDonalds





# REQUIRED FORMS

Following forms are required for parents/ players/ coaches to fill out. You will keep these forms on you for the duration of the season and they will always be available to the coaches during practices and games.

Players Pledge Form

Parents Pledge Form

Coaches Pledge Form

Players and Coaches Medical Forms

Driving Policy Waiver- U18

Release and Consent- Freedom of Information and Privacy Act (FOIP)

Please make copies of the medical forms for the coaches bag. Make sure any allergies and/ or medical issues are identified for player safety in the dressing room and for any team meals.

These forms can be found on the website under the Managers Tab

# TEAM BUDGETS

- As in the prior year, all teams are required to send OMHA their preliminary budgets to the Treasurer before October 31, 2024 ([treasurer@okotokshockey.com](mailto:treasurer@okotokshockey.com))
- There is a sample budget format on the OMHA website but any format will work if the details are included
- A final budget is required to be submitted at the end of the season (again to [treasurer@okotokshockey.com](mailto:treasurer@okotokshockey.com))

# CASH CALLS

- OMHA suggests that the team cash call is not to exceed \$200 without a fundraising component in the budget
- It is only the cash call component of the funds that may be returned to parents at the end of the year. You can NOT return fundraising funds, sponsorship money, etc to parents. These need to be spent on the team (use for tournaments, apparel, dryland, exhibition games, power skating, etc) or can be donated.
- Any excess funds at the end of the year do not belong to the coaching staff. Decisions on what to do with the funds must be brought up with the parents and the parents have the right to ask for their portion of the refund (up to the cash call amount) to be refunded to them before any remaining funds are donated

# TEAM FUNDRAISING

Teams are permitted to raise money for their teams through fundraising, Sponsorship and cash calls.

YOU NEED AN AGLC LICENSE FOR:

50/50's

Raffle Items (Gift basket draws, etc)

Sports Draft Pools

Wine Survivor

Wine/ Liquor basket draws (no liquor license needed, just raffle license)

Square Boards

YOU DO NOT NEED A LICENCE APPROVAL FOR:

Cash Calls

Silent Auctions

Bottle Drives

Receiving donations/ sponsorships

Free giveaway contests

Fundraising sales (almonds, bacon, popcorn, ice melt etc.)

# TEAM PHOTOS

Your divisional director will reach out with dates, times and information.

Please note the OMHA will provide a team photo and player photos to each family, you will have the opportunity to order more through the photographer.



# APPAREL VENDORS

Our approved apparel vendors for the 2024- 2025 Season

BEAKS  
ATHLETICS

ADVENTURE  
· APPAREL ·

***GrandSlam***  
***SPORTS***

S  
CLASSIC  
**SOURCE**  
FOR SPORTS™



# APPAREL GUIDELINES

Guidelines: These can be found on the website under the Managers tab

Sponsor identification can be anywhere and any size on apparel

No modifications can be made to the logo, any size is allowed

Logo is available in colour and Black and White. All approved vendors have the logo file.

**NO TEAM SPECIFIC LOGOS-** We understand that some teams have individual names, but the logos representing any team in OMHA will be the pre-approved OMHA designs.

All apparel questions/ approvals can be sent to [jgauthier@okotokshockey.com](mailto:jgauthier@okotokshockey.com)

# TOURNAMENTS

All teams can attend a MAXIMUM of 3 tournaments, including their home tournament (if applicable) and there will be no sanctions granted after March 16<sup>th</sup>, 2025

There are blackout dates for Leagues, please check your league website

Remind parents that they represent OMHA at the arenas and hotels and to act accordingly. Hotels have kicked out teams in the middle of the night due to parent behaviors, we do not want OMHA to experience that.

Email Lindsay with the required information (as per the Managers Handbook) to receive your travel permit. You cannot attend tournaments without a Hockey Alberta Travel Permit.





# BUS POLICY

Please refer to the Website under policies and procedures

QUESTIONS?

