

**Practice week 15**

Day	Date	Time	Location	Event	Practice	Notes		
Monday	Jan 14th	6:45am - 7:45am	Pason Green	OPEN for trade or extra practice	Practice	Alone		
		4:15pm - 5:15pm	Pason Green	Novice Blasters and Miners	Practice	Shared		
		5:15pm - 6:15pm	Pason Green	Atom A Knights	Practice	Alone	unless ice kings come back	
		6:30pm - 7:30pm	Pason Green	Atom B Green and Gold RMFHL	Practice	Shared		
		7:45pm - 8:45pm	Pason Green	Female Bantam A	Practice	45-15-45		
		8:30pm - 9:30pm	Pason Green	Female Bantam B Green	Practice	45-15-45		
		6:45am - 7:45am	Pason Gold	Peewee 5	Practice	Alone		
		4:30pm - 5:30pm	Pason Gold	Atom A Oilers and Atom 4 travel	Practice	Shared		
		5:30pm - 6:30pm	Pason Gold	Fem PW A RMFHL Atom A RMFHL	Practice	Shared		
		6:45pm - 7:45pm	Pason Gold	Peewee 2	Practice	Alone		
		8:00pm - 9:00pm	Pason Gold	Bantam 2	Practice	Alone		
		6:45am - 7:45am	Murray	Midget 4	Practice	Alone		
		4:30pm - 5:30pm	Murray	Novice Riggers and Wildcats	Practice	Shared		
		5:45pm - 6:45pm	Murray	Atom B Flames and Atom Rustlers	Practice	Shared		
		7:00pm - 8:00pm	Murray	Peewee 1	Practice	30-30-30		
		7:30pm - 8:30pm	Murray	Peewee 4	Practice	30-30-30		
		8:45pm - 9:45pm	Murray	Female Midget A	Practice	Alone		
		9:45pm - 10:45pm	Murray	Midget 3	Practice	Alone		
		6:45pm - 7:45pm	Piper	Peewee 3	Practice	Alone		
		8:00pm - 9:00pm	Piper	Bantam 4 Gold	Practice	Alone		
		9:15pm - 10:15pm	Piper	Midget 2	Practice	Alone		
		6:30pm - 7:30pm	SSSR	Peewee B Green and Gold	Practice	Shared		
		7:45pm - 8:45pm	SSSR	Bantam 3	Practice	Alone		
		9:15pm - 10:15pm	Oilfields	Female Midget B	Practice	Alone		
		9:15pm - 10:15pm	Blackie	Midget 1	Practice	Alone		
		8:15pm - 9:30pm	Stavely	OPEN for trade or extra practice	Practice	Alone		
		5:30pm - 6:45pm	Oilfields	Atom Ice Kings	Practice	Alone	(Outside) if too cold back to 5:15pm Pason Green	
		Tuesday	Jan 15th	6:45am - 7:45am	Pason Green	Peewee 6 Green	Practice	Alone
				4:15pm - 5:15pm	Pason Green	Initiation Flames and Ducks	Practice	Shared
				5:15pm - 6:15pm	Pason Green	Atom 2 and Atom 3 Travel	Practice	Shared
4:30pm - 5:30pm	Pason Gold			Atom A CAHL and Female Novice	Practice	Shared		
5:30pm - 6:30pm	Pason Gold			Bantam 1	Practice	Alone		
4:30pm - 5:30pm	Murray			Novice Green and Gold	Practice	Shared		
5:45pm - 6:45pm	Murray			Atom 1 Gold	Practice	Alone		
6:45pm - 7:45pm	Murray			Atom 1 Green	Practice	Alone		
8:00pm - 9:15pm	Murray			RHL Bantam B	Practice	Alone		
6:45am - 7:45am	Piper			Bantam 4 Green	Practice	Alone		
8:15pm - 9:15pm	Piper			RHL Bantam C	Practice	Alone		
9:15pm - 10:15pm	Piper			RHL Midget A	Practice	Alone		
4:45pm - 5:45pm	SSSR			Novice Roughnecks and Oil Kings	Practice	Shared		
5:45pm - 7:00pm	Stavely			Peewee A CAHL	Practice	Alone		
7:15pm - 8:30pm	Stavely			Female Bantam B Gold	Practice	Alone		
Wednes.	Jan 16th	6:45am - 7:45am	Pason Green	Bantam 4 Gold	Practice	Alone		
		4:15pm - 5:15pm	Pason Green	Initiation Leafs/Oilers/Sharks	Practice	Shared		
		5:15pm - 6:15pm	Pason Green	Initiation Pens/Knights/Wild	Practice	Shared		
		6:15pm - 7:15pm	Pason Green	Initiation Bruins/Flyers/Canadians	Practice	Shared		
		7:30pm - 8:30pm	Pason Green	Female Bantam B Green	Practice	45-15-45		
		8:15pm - 9:15pm	Pason Green	Female Midget B	Practice	45-15-45		
		6:45am - 7:45am	Pason Gold	Bantam 3	Practice	Alone		
		4:30pm - 5:30pm	Pason Gold	Novice Drillers and Riggers	Practice	Shared		
		5:30pm - 6:30pm	Pason Gold	Atom Golden Knights	Practice	Alone	unless Cougars come back	
		6:45am - 7:45am	Murray	Midget 1	Practice	Alone		
		4:00pm - 5:00pm	Murray	Novice Diggers and Miners	Practice	Shared		
		5:00pm - 6:00pm	Murray	Atom A Predators and Oilers	Practice	Shared		
		6:15pm - 7:15pm	Murray	Fem PW A RMFHL Atom A RMFHL	Practice	Shared		
		7:15pm - 8:15pm	Murray	Peewee 5	Practice	Alone		
		8:30pm - 9:30pm	Murray	Midget 4	Practice	Alone		
		7:15pm - 8:15pm	Piper	RHL Peewee C	Practice	Alone		
		8:15pm - 9:15pm	Piper	RHL Bantam D	Practice	Alone		
		9:30pm - 10:30pm	Piper	RHL Midget B	Practice	Alone		
		4:15pm - 5:15pm	SSSR	Atom Broncos and Atom 4 Travel	Practice	Shared		
		5:15pm - 6:15pm	SSSR	Fem RMFHL At B Green and Gold	Practice	Shared		
5:15pm - 6:15pm	Oilfields	Peewee 3	Practice	Alone				
9:15pm - 10:15pm	Blackie	Female Midget A	Practice	Alone				
5:45pm - 7:00pm	Stavely	Peewee 6 Gold	Practice	Alone				
7:15pm - 8:30pm	Stavely	Midget 3	Practice	Alone				
5:00pm - 6:15pm	Oilfields	Atom B Cougars	Practice	Alone	(Outside) unless too cold then move back to 5:30pm Pason			
Thursday	Jan 17th	6:45am - 7:45am	Pason Green	Bantam 2	Practice	Alone		
		4:15pm - 5:15pm	Pason Green	Novice Blasters and Roughnecks	Practice	Shared		
		5:15pm - 6:15pm	Pason Green	Atom 1 Green and Gold	Practice	Shared		
		6:45am - 7:45am	Pason Gold	Midget 2	Practice	Alone		
		4:30pm - 5:30pm	Pason Gold	Novice Green and Gold	Practice	Shared		
		5:30pm - 6:30pm	Pason Gold	Atom 2 and Atom 3 Travel	Practice	Shared		
		4:30pm - 5:30pm	Murray	Atom A CAHL and Peewee B Gold	Practice	Shared		
		5:30pm - 6:30pm	Murray	Peewee A CAHL Peewee B Green	Practice	Shared		
		6:45pm - 7:45pm	Murray	Peewee 2	Practice	Alone		
		6:00pm - 7:00pm	Piper	Peewee 1	Practice	Alone		
		7:00pm - 8:00pm	Piper	Peewee 4	Practice	Alone		
		8:15pm - 9:15pm	Piper	Female Bantam A	Practice	Alone		
		4:45pm - 5:45pm	SSSR	Atom Knights and Golden Knights	Practice	Shared		
		Friday	Jan 18th	6:45am - 7:45am	Pason Green	Bantam 1	Practice	Alone
				4:15pm - 5:15pm	Pason Green	Novice Diggers and Wildcats	Practice	Shared
5:15pm - 6:15pm	Pason Green			Atom A Broncos and Predators	Practice	Shared		
6:45am - 7:45am	Pason Gold			OPEN for trade or extra practice	Practice	Alone		
4:30pm - 5:30pm	Pason Gold			Atom B Cougars and Ice Kings	Practice	Shared		
5:45pm - 6:45pm	Pason Gold			Female Novice & OPEN	Practice	Shared		
7:00pm - 8:00pm	Pason Gold			RHL Peewee A	Practice	Alone		
8:15pm - 9:15pm	Pason Gold			RHL Midget C	Practice	Alone		
6:45am - 7:45am	Murray			Peewee 6 Gold	Practice	Alone		
2:45pm - 4:15pm	Murray			Shinney	Game	Alone		
4:15pm - 5:15pm	Murray			Novice Drillers and Oil Kings	Practice	Shared		
5:30pm - 6:30pm	Murray			Atom B Flames and Atom Rustlers	Practice	Shared		
6:30pm - 7:30pm	Murray			Peewee 6 Green	Practice	Alone		
6:45am - 7:45am	Piper			OPEN for trade or extra practice	Practice	Alone		
7:15pm - 8:15pm	Piper			RHL Peewee B	Practice	Alone		
8:15pm - 9:15pm	Piper	RHL Bantam A	Practice	Alone				
6:30pm - 7:30pm	SSSR	Bantam 4 Green	Practice	Alone				
7:45pm - 8:45pm	SSSR	Female Bantam B Gold	Practice	Alone				