

Practice week 16

Day	Date	Time	Location	Event	Practice	Notes			
Monday	Jan 21st	6:45am	7:45am	Pason Green	Midget 3	Practice	Alone		
		4:15pm	5:15pm	Pason Green	Novice Blasters and Miners	Practice	Shared		
		5:15pm	6:15pm	Pason Green	Atom A Knights and Ice Kings	Practice	Shared		
		6:30pm	7:30pm	Pason Green	Atom B Green and Gold RMFHL	Practice	Shared		
		7:45pm	8:45pm	Pason Green	Female Midget A	Practice	45-15-45		
		8:30pm	9:30pm	Pason Green	Female Midget B	Practice	45-15-45		
		6:45am	7:45am	Pason Gold	Peewee 1	Practice	Alone		
		4:30pm	5:30pm	Pason Gold	Atom A Oilers and Atom 4 travel	Practice	Shared		
		5:30pm	6:30pm	Pason Gold	Fem PW A RMFHL Atom A RMFHL	Practice	Shared		
		6:45pm	7:45pm	Pason Gold	Atom 3 Travel	Practice	Alone		
		8:00pm	9:00pm	Pason Gold	Peewee 5	Practice	Alone		
		6:45am	7:45am	Murray	Bantam 4 Gold	Practice	Alone		
		4:30pm	5:30pm	Murray	Novice Riggers and Wildcats	Practice	Shared		
		5:45pm	6:45pm	Murray	Atom B Flames and Atom Rustler	Practice	Shared		
		7:00pm	8:00pm	Murray	Peewee 6 Green	Practice	30-30-30		
		7:30pm	8:30pm	Murray	Peewee 6 Gold	Practice	30-30-30		
		8:45pm	9:45pm	Murray	Female Bantam B Green	Practice	Alone		
		9:45pm	10:45pm	Murray	Midget 1	Practice	Alone		
		6:45pm	7:45pm	Piper	Peewee 4	Practice	Alone		
		8:00pm	9:00pm	Piper	Bantam 2	Practice	Alone		
		6:30pm	7:30pm	SSSR	Peewee B Green and Gold	Practice	Shared		
7:45pm	8:45pm	SSSR	Peewee 3	Practice	Alone				
9:15pm	10:15pm	Oilfields	Midget 4	Practice	Alone				
9:15pm	10:15pm	Blackie	Midget 2	Practice	Alone				
8:15pm	9:30pm	Stavely	Female Bantam A	Practice	Alone				
5:30pm	6:45pm	Oilfields	Atom 2 Travel	Practice	Alone (Outside) if too cold move to 6:45pm Pason Gold				
Tuesday	Jan 22nd	4:30pm	5:30pm	Pason Gold	Atom A CAHL and Female Novice	Practice	Shared		
		5:30pm	6:30pm	Pason Gold	Peewee A CAHL	Practice	Shared		
		4:30pm	5:30pm	Murray	Initiation Leafs and Oilers	Practice	Shared		
		5:30pm	6:30pm	Murray	Novice Green and Gold	Practice	Shared		
		6:45pm	7:45pm	Murray	Atom 1 Green and Gold	Practice	Alone		
		8:00pm	9:15pm	Murray	Female Bantam B Gold	Practice	Alone		
		8:15pm	9:15pm	Piper	Bantam 3	Practice	Alone		
		9:15pm	10:15pm	Piper	RHL Midget C	Practice	Alone		
		4:45pm	5:45pm	SSSR	Novice Roughnecks and Oil Kings	Practice	Shared		
		5:45pm	7:00pm	Stavely	Peewee 2	Practice	Alone		
		7:15pm	8:30pm	Stavely	Bantam 4 Green	Practice	Alone		
		Wednes.	Jan 23rd	6:45am	7:45am	Pason Green	Midget 1	Practice	Alone
4:15pm	5:15pm			Pason Green	Initiation Sharks/Pens/Knights	Practice	Shared		
5:15pm	6:15pm			Pason Green	Initiation Wild/Bruins/Flyers	Practice	Shared		
6:15pm	7:15pm			Pason Green	Initiation Canadians/Flames/Ducks	Practice	Shared		
7:30pm	8:30pm			Pason Green	Female Bantam A	Practice	45-15-45		
8:15pm	9:15pm			Pason Green	Female Midget A	Practice	45-15-45		
6:45am	7:45am			Pason Gold	Midget 2	Practice	Alone		
4:30pm	5:30pm			Pason Gold	Novice Drillers and Riggers	Practice	Shared		
5:30pm	6:30pm			Pason Gold	Atom B Cougars & Golden Knights	Practice	Shared		
6:45am	7:45am			Murray	Midget 4	Practice	Alone		
4:00pm	5:00pm			Murray	Novice Diggers and Miners	Practice	Shared		
5:00pm	6:00pm			Murray	Atom Predators	Practice	Alone		
6:15pm	7:15pm			Murray	Fem PW A RMFHL Atom A RMFHL	Practice	Shared		
7:15pm	8:15pm			Murray	Bantam 1	Practice	Alone		
8:30pm	9:30pm			Murray	Female Midget B	Practice	Alone		
7:15pm	8:15pm			Piper	Peewee 3	Practice	Alone		
8:15pm	9:15pm			Piper	RHL Bantam A	Practice	Alone		
9:30pm	10:30pm			Piper	RHL Midget A	Practice	Alone		
4:15pm	5:15pm			SSSR	Atom Broncos and Atom 4 Travel	Practice	Shared		
5:15pm	6:15pm			SSSR	Fem RMFHL At B Green and Gold	Practice	Shared		
5:15pm	6:15pm			Oilfields	Peewee 6 Gold	Practice	Alone		
9:15pm	10:15pm	Blackie	Midget 3	Practice	Alone				
5:45pm	7:00pm	Stavely	Peewee 4	Practice	Alone				
7:15pm	8:30pm	Stavely	Peewee 1	Practice	Alone				
5:00pm	6:15pm	Oilfields	Atom A Oilers	Practice	Alone (Outside) if too cold move back to 5pm Murray				
Thursday	Jan 24th	6:45am	7:45am	Pason Green	Peewee 2	Practice	Alone		
		4:15pm	5:15pm	Pason Green	Novice Blasters and Roughnecks	Practice	Shared		
		5:15pm	6:15pm	Pason Green	Atom 1 Green and Gold	Practice	Shared		
		4:30pm	5:30pm	Pason Gold	Novice Green and Gold	Practice	Shared		
		5:30pm	6:30pm	Pason Gold	Atom 2 and Atom 3 Travel	Practice	Shared		
		4:30pm	5:30pm	Murray	Atom A CAHL and Peewee B Gold	Practice	Shared		
		5:30pm	6:30pm	Murray	Peewee A CAHL Peewee B Green	Practice	Shared		
		6:45pm	7:45pm	Murray	RHL Peewee A	Practice	Alone		
		6:00pm	7:00pm	Piper	Peewee 6 Green	Practice	Alone		
		7:00pm	8:00pm	Piper	Female Bantam B Green	Practice	Alone		
		8:15pm	9:15pm	Piper	Bantam 4 Gold	Practice	Alone		
		4:45pm	5:45pm	SSSR	Atom Knights and Golden Knights	Practice	Shared		
		Friday	Jan 25th	6:45am	7:45am	Pason Green	Bantam 4 Green	Practice	Alone
				4:15pm	5:15pm	Pason Green	Novice Diggers and Wildcats	Practice	Shared
5:15pm	6:15pm			Pason Green	Atom A Broncos and Predators	Practice	Shared		
6:45am	7:45am			Pason Gold	Peewee 5	Practice	Alone		
4:30pm	5:30pm			Pason Gold	Atom B Cougars and Ice Kings	Practice	Shared		
5:45pm	6:45pm			Pason Gold	Female Novice & Fem Ban B Gold	Practice	Shared		
7:00pm	8:00pm			Pason Gold	RHL Bantam B	Practice	Alone		
8:15pm	9:15pm			Pason Gold	RHL Midget B	Practice	Alone		
6:45am	7:45am			Murray	Bantam 3	Practice	Alone		
2:45pm	4:15pm			Murray	Shinney	Game	Alone		
4:15pm	5:15pm			Murray	Novice Drillers and Oil Kings	Practice	Shared		
5:30pm	6:30pm			Murray	Atom B Flames and Atom Rustler	Practice	Shared		
6:30pm	7:30pm			Murray	RHL Peewee C	Practice	Alone		
6:45am	7:45am			Piper	Bantam 1	Practice	Alone		
7:15pm	8:15pm	Piper	RHL Bantam C	Practice	Alone				
8:15pm	9:15pm	Piper	Bantam 2	Practice	Alone				
6:30pm	7:30pm	SSSR	RHL Peewee B	Practice	Alone				
7:45pm	8:45pm	SSSR	RHL Bantam D	Practice	Alone				