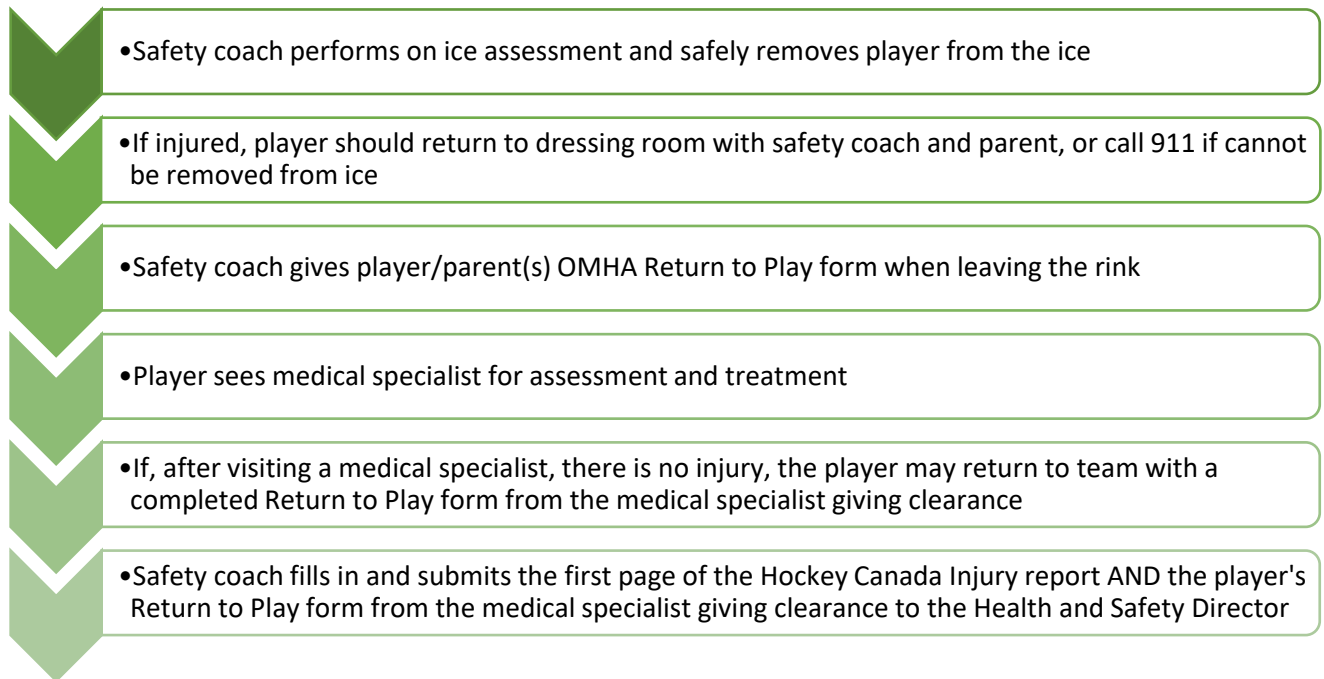




Return to Play Policy – Significant Injury (not concussion)

Call 911 if player unconscious, has decreased consciousness, has suspected neck or spine injury.



If Player is Injured

- If a significant injury, Safety coach notifies Health and safety director and submits the first page of the Hockey Canada Injury Report.
- Player follows treatment plan as recommended by medical specialist. (This may include: complete rest, restrictions such as only allowed to do light activity, strength train with the team, only allowed to practice, etc.)

When player has been cleared to play by medical specialist

- Player must provide Safety coach with OMHA Return to Play form.
- Trainer submits clearance letter to OMHA health and safety director.

Definitions:

Significant injuries: Any injury that requires a player to go seek out medical specialist. Examples can be: broken bones, torn ligaments, sprains, severe lacerations.

Medical specialist: Can be any advanced medical care such as: family physician, surgeon, physio therapist, chiropractor.

Any questions contact OMHA Health and Safety director at omccann@okotokshockey.com