



OOAA Elite Hockey Team Rules & OOAA Core Values Player and Parent Code of Conduct

Core Values

1. Work Ethic

- Be the hardest working team on and off the ice.
- Push beyond limits as a team especially when tired or challenged.

2. Discipline

- Be responsible and accountable in your actions.
- Follow team rules, schedules, and expectations consistently.

3. Family First Attitude

- The team is a family – no one is bigger than the Crest on the front of their jersey.
- Support each other on and off the ice.

4. Respect

- Show respect to teammates, coaches, officials, opponents, and the community.
- Lead by example in conduct and communication.

5. Conditioning

- Strive to be the best-conditioned team.
- Participate fully in all training and recovery sessions.

6. Passion for the Game

- Love to compete and enjoy the process.
- Bring energy and enthusiasm to every practice and game.

7. Education (for all teams, especially daytime teams)

- Maintain academic standards.
- School attendance and performance are mandatory.

Team Rules & Expectations

General Conduct

- Zero tolerance for drugs, alcohol, vaping, bullying, or harassment on/off the ice.
- All extracurricular activities must be approved by the coaching staff.
- Social media use must reflect association and team values; violations will result in disciplinary action.

Attendance & Participation

- All practices, games, dryland training, and team events are mandatory.
- Absences must be communicated and approved in advance by the coaching staff.
- Injuries and illnesses must be reported immediately to the Head Coach and Trainer.

Dress Code

- Business casual or team-issued attire is required for all games and team functions.
- Coaches may adjust dress code based on events or travel.
- Coach Expectations for team dress code _____

Arena & Dressing Room Etiquette

Arrival:

- Games: Minimum 1 hour 15–30 minutes before puck drop.
- Team Expectations for Games _____.
- Practices: Minimum 30 minutes before start.
- No cell phone use in dressing rooms (except designated music players).
- Phones will be turned off and placed in cell phone caddy.
- Dressing rooms must be left cleaner than found. NO exceptions.

Travel (Team Dependant)

- Be at the bus 20 minutes before departure.
- Everyone helps load/unload and clean the bus.
- Curfews will be enforced during travel and overnight stays.
- Players missing the bus must arrange their own travel or miss the game.

Equipment & Game Readiness

- Players are responsible for maintaining their gear.
- Have all necessary equipment, sticks, and supplies ready before games.
- No tampering with team jerseys or equipment.

Off-Ice Training

- Weekly gym sessions are mandatory.
- Team workouts will be scheduled and monitored by coaching staff.
- Team Expectations for Off-Ice Training

Code of Conduct (OOAA Policy and Procedures)

All concerns will be addressed respectfully and confidentially.

OOAA defines the OOAA family as Players, Coaches, Team Management, Team Manager, Off Ice Officials, Parents and Members, collectively and individually [OOAA Policy and Procedures]. Everyone always represents the team and the organization. All members of the OOAA family are bound by these rules:

Expected Behavior

- Demonstrate sportsmanship, fair play, and respect for all individuals.
- Avoid any behavior that could bring discredit or embarrassment to the team or organization.
- Uphold the values of inclusivity, integrity, and accountability.

Prohibited Conduct

- Criminal behavior of any kind.
- Abuse, harassment, bullying, or hazing.
- Substance use (alcohol, tobacco, vaping, drugs) by minors or during team activities.
- Destruction or defacement of property.
- Inappropriate social media use, including:
 - Sharing confidential team information.
 - Posting derogatory or offensive content.
 - Cyberbullying or threats.
 - Unauthorized use of team or player images.

Team Rules Enforcement

- Coaches will establish and communicate specific team rules at the start of the season.
- Parents are expected to behave respectfully at all team events.
- Violations may result in:
 - Verbal warnings
 - Reduced playing time
 - Suspension or removal from the team

Complaint & Discipline Process

- 24-Hour Rule: Wait 24 hours before raising a concern unless safety is at risk.
- Communication Flow:
 - Player → Coach/Manager → Division Director → Director of Conduct
 - Parent → Team Manager → Division Director → Director of Conduct
- Complaints will be addressed within 48 hours and may result in:
 - Direct response
 - Mediation
 - Investigation
 - Dismissal of the complaint

Appeals

- Appeals must be submitted in writing 24 hours after a disciplinary decision.
- Appeals will be reviewed by the Director of Conduct and/or a Disciplinary Subcommittee.
- All decisions are final.

Acknowledgment

All players and parents must sign this Code of Conduct as an acknowledgement that they have read, understand, and agree to follow these core values, team rules and the Code of Conduct:

Player Name: _____ **Date:** _____

Signature: _____

Parent Name: _____ **Date:** _____

Signature: _____

Parent Name: _____ **Date:** _____

Signature: _____