

Oshawa Autumn Storm Ringette Tournament Rules
October 24 – 26, 2025

Tournament Rules

1. The Oshawa Autumn Storm Ringette Tournament is sanctioned by Ringette Ontario, and therefore all Ringette Ontario Rules and Ringette Canada Official Rules will be followed unless otherwise specified.
2. All members of the coaching staff must sign the RAMP Game Sheet App **30 minutes prior** to game time. Teams must ensure that jersey numbers in RAMP match the jersey numbers worn.
3. Teams must be ready to go on the ice **TEN (10) MINUTES PRIOR TO THE SCHEDULED GAME TIME** for all games. Failure to be on the ice within five (5) minutes of notification to begin the game may result in forfeiture of the game.
4. Two (2) minutes will be allowed for on-ice warm-up for all games. This warm-up will start as soon as the Zamboni leaves the ice, and the doors close, and both on-ice officials are on the ice. It is each team's responsibility to have their players lined up and ready to take the ice. Team cheers will take place within this period. The timekeeper will buzz with 30 seconds left in the warm-up, and teams who wish to do a cheer must proceed to their benches and complete their cheers at this time. Non-observance of this rule will result in a delay of game penalty. It is very important that we all do our part to keep the games on schedule.
5. In the event of injury to a goalie, that player is allowed up to 5 minutes to recuperate from the injury or to leave the ice. If the injured goalkeeper is replaced, that player may not return to the ice until the play has resumed. If an alternate goalkeeper is already dressed, that player must immediately replace the injured goalkeeper – no warm-up is allowed. If no alternate goalkeeper is already dressed, an additional 5 minutes is allowed to dress and warm up a replacement goalkeeper. If the goalie receives a major or misconduct penalty, a maximum of 5 minutes will be allowed to replace the goalie with an eligible teammate.
6. No unsportsmanlike conduct will be tolerated from the spectators, players or coaches. If there is such conduct, the officials will ask this person to leave the building. If, after 3 minutes, the person has not left, a penalty will be assigned to the team associated with the person who is at fault. If the person refuses to leave, the team with unsportsmanlike conduct may forfeit the game.

7. Please be advised we will be following the Ringette Ontario tie-breaking formula; this is available for viewing at the trouble-shooting desks.
8. Games tied at the end of regulation play will be handled as follows: a) Regular Round Robin Play – the game will remain tied with each team receiving one point; b) Final Game & any sudden victory semi-final games - sudden victory overtime - A coin toss will decide which team starts with the ring. The game will proceed to sudden victory over time (successive 15-minute periods with the first goal winning the game).
9. If the goal spread reaches seven or greater, the clock will be set to running time. When used, the running time may only occur in the second period of a two-period game and the second half of a four-period game and will commence at any time during that period when there is a seven (7) goal differential. If the goal differential goes below seven (7), then the game will go back to stop time. If a penalty is called during running time, then the clock stops and restarts when play commences. The clock will stop for injuries or if a timeout is called and restart when play commences during running time, as amended. If the goal spread is seven or greater, additional goals will be recorded on the scoresheet but not posted on the scoreboard.
10. Time-outs - One 30 second timeout per game, including 4 period games.
11. Games with two periods will have a 1-minute break in between periods. Four period games will have 1 minute break between periods 1&2 and 3&4 with a 2-minute break at half time.
12. Game length – all games will be two 15-minute periods except for U14AA games which will be two 17-minute periods and U19AA and 18+ which will be 4 x 10 minute periods.
13. Flooding of the ice between games may be skipped if the schedule is behind.
14. Bench staff may not receive medals. Medals and awards will be presented off-ice in the Leisure Room at Delpark Homes Centre. 18+ teams will also receive awards.
15. Helmets are required for any bench staff entering the ice surface. Helmets are required for attending to injured players.
16. Bench staff will remain on the bench at the end of each game. Players are encouraged to skate by the opposing bench to shake hands with the bench staff and officials, after shaking hands with the opposing players. Players are encouraged to do this quickly to ensure the tournament schedule is maintained.

17. While the tournament schedule is constructed to ensure all tournament games should be fully played, The City of Oshawa reserves the right to curfew any games, including tournament games, to maintain the schedule submitted.

City of Oshawa Tournament Rules

1. The use of air horns, cowbells and other devices designed to make excessive noise is prohibited in City of Oshawa facilities, pursuant to Noise By-law 112-82.
2. Dressing rooms are available 30 minutes prior to the start of your permitted rental time and must be vacated within 30 minutes after leaving the ice surface.
3. Warm-ups are prohibited in public areas of the facility (e.g. lobby, hallways, etc.) and must be done inside the arena assigned, in the hallway connecting the rinks or outdoors.
4. Music is not permitted to be played in public areas of the facility (e.g. lobby, hallways, arena viewing areas, etc.)
5. Music being played outside must have clean lyrics (e.g. no profanity or hate-related speech).

Code of Conduct

- Ringette Ontario and Oshawa Ringette is committed to providing an environment in which all individuals are treated with respect. Participants of Ringette Ontario, parents/guardians of Ringette Ontario participants, and spectators at Ringette Ontario's events are expected to conduct themselves at all times in a manner consistent with the values of Ringette Ontario. Conduct that violates this Code of Conduct may be subject to sanctions pursuant to Ringette Ontario's policies related to discipline and complaints.
- All spectators will be expected to uphold respectful practices when watching games. In addition, please appreciate that athletes and coaches will require space to complete a proper pre- and post-game routine.
- All athletes, coaches, officials, volunteers, organizers, and media are to be treated with the utmost respect, regardless of how you may be feeling at any given time.
- If any conflict arises with team staff, players, or other people, please communicate with members of the Ringette Ontario Staff or Competitions Committee immediately.