



Lady Grads



Game Day

Ottawa Lady Senators vs Lady Grads

12:15 pm Sunday 23rd January.
CARDELREC Rec Rink B

GLOUCESTER JRS

#	Name	Pos	YOB	Grad
2	Proulx, Victoria	D	2004	2022
3	Cane, Melina	F	2004	2022
15	Mullin, Lacey	F	2004	2022
16	Krassakopoulos, Angeliki	D	2005	2023
19	Carter, Olivia	D	2005	2023
20	Longchamp, Isabelle	F	2004	2022
27	Nicholson, Avery	D	2004	2022
30	Saunders, Hannah	G	2003	2021
33	Griffen, Lauren	G	2003	2021
48	Mann, Emilie	F	2005	2023
65	Côté, Sophie	D	2004	2022
73	Heighes, Kaitlin	F	2004	2022
86	Wardle, Madison	F	2004	2022
87	Whelan, Leah	F	2004	2022
97	Hogue, Madison	F	2004	2022
98	Leroux, Gracie	F	2004	2022



Coach	Darren Proulx
Asst	Tom Wardle
Trainer	Julie Mann

Team News - www.ladysens.ca

LATEST SCORES

Friday January 21
Lady Sens Junior (INTAA) 0
vs. Kingston Ice Wolves 3

Saturday December 11
Lady Sens Junior (INTAA) 3
vs. Lady Grads 0

Friday December 10
Lady Sens Junior (INTAA) 0
vs. Kingston Ice Wolves 2

UPCOMING GAMES

Home Game vs. Kingston Ice Wolves
@ CardelRec Rec-B (Goulbourn)
Saturday January 29, 12:15 pm

Road Game vs. Ottawa Lady 67s
@ Sandy Hill Arena
Sunday January 30, 5:00 pm

Road Game vs. Nepean Wildcats
@ Nepean Sportsplex 3
Saturday February 12, 4:30 pm



#12 Hannah Belton, Forward.



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@OttawaLadySens



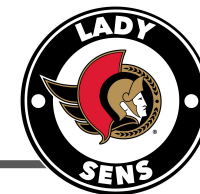
Ottawa Jr Lady Senators 2021-22

#	NAME	POS	YOB	HOMETOWN	Commitment
5	Sydnee Francis	F	2005	Canton NY	
7	Angharad Jones (A)	F	2004	Kanata	Ontario Tech University
9	Alisha Donovan	F	2005	Brockville	
11	Jessica Cheung	D	2006	Ottawa	
12	Hannah Belton	F	2005	Nepean	
13	Gracie Sacca (A)	F	2004	Manotick	Stonehill College
19	Payton Miller	D	2005	Deep River	
22	Victoria Kay	F	2006	Gloucester	
33	Sophie Scully (A)	G	2003	Ottawa	St Mary's
36	Brooke Mulvihill	F	2006	Nepean	
44	Ani Robinson	D	2005	Ottawa	
65	Avery Supryka	D	2006	Ottawa	
68	Hayley Glazer (C)	D	2004	Ottawa	Rochester Institute of Technology
77	Reese Coffey (A)	D	2004	Thunder Bay	
91	Leigh Burkitt	F	2005	Nepean	
92	Olwen Jones	F	2006	Kanata	
94	Naomi Baechler	G	2005	Ottawa	
98	MacKenzie Beggs (A)	F	2003	Kemptville	St Mary's

Head Coach : Dana Mulvihill

Find complete Player Guide, Hockey Club Overview and downloadable Game Day programs at www.ladysens.ca

12 Hannah BELTON



Forward | 5'8" | 155 LBS. | Shoots: RIGHT | Born: 2005 | Nepean ON | Grad: 2023

School: St Joseph Catholic High School

Academic Achievements: Honour Roll Student. 84% average

Post Secondary Interests: Business/Sports Marketing, History and Law

Athletic Achievements: St Joseph HS Girls Hockey Team point record holder. Gold Medalist OWHHA Provincials. High school multi-sport award recipient

Community Involvement: DIFD "Is it Just Me?" Youth Speaker. Host of St Joseph HS first mental health talk. Member of Athletic Council

Future Ambitions: To play D1 university hockey. To continue to be an advocate for mental health. To be an inspiration for young girls that play hockey to work towards their goals and not give up on their dreams

Favourite Quotation

**Don't wait for the opportunity, create it.
Debasish Mridha**

CAREER REGULAR SEASON STATISTICS

SEASON	TEAM	GP	G	A	PTS	PIM	PPG	SHG
Junior (INTAA) 2021-2022 - Tournament	Lady Sens Junior (INTAA)	15	2	2	4	10	0	0
Junior (INTAA) 2021-2022 - Regular Season	Lady Sens Junior (INTAA)	10	0	0	0	12	0	0
Junior (INTAA) 2021-2022 - Junior (INTAA) 2021-2022 Exhibition	Lady Sens Junior (INTAA)	3	3	1	4	0	0	0

LAST 5 GAMES

Team	G	A	PTS	PIM	PPG	SHG
Jan 21 '22 Lady Sens Junior (INTAA) @ Kingston Ice Wolves	0	0	0	0	0	0
Dec 5 '21 Lady Sens Junior (INTAA) @ John Abbott	0	0	0	0	0	0
Dec 4 '21 Lady Sens Junior (INTAA) @ RHA Kelowna	0	0	0	0	0	0
Dec 4 '21 North York Storm @ Lady Sens Junior (INTAA)	1	0	1	0	0	0
Dec 3 '21 Lady Sens Junior (INTAA) @ Okanagan Prep	0	1	1	0	0	0