

***OTTAWA LADY SENATORS
U15 AA PLAYER GUIDE
2022-2023***





#2 Mallea MCMULLIN

Defense 2009



Shoots: Left
Height: 5'0"
Grad Year: 2027

Hometown: Ottawa
Previous Team: Ottawa Sting U13 AA

Academic Achievements: Enrichment Program

Future Ambitions: To have a career in STEM. To be an Olympic athlete

Hobbies & Interests: Soccer, volleyball, golf, track, badminton and basketball. Reading, playing with my dog Mocha

Role Models: Cale Makar. Nelson Mandela

Favourite Hockey Memory: Winning the U13 AA HEO Playoff Championship after the team finished fifth in the regular season



#5 Emily VAN SPRONSEN

Defense 2008



Shoots: Left
Height: 5'7"
Grad Year: 2026

Hometown: Kanata
Previous Team: KGHA U15 A

Future Ambitions: To play university hockey

Hobbies & Interests: Member of the Stittsville 56ers competitive fastpitch team. Playing the piano

Role Model: Margaret Thatcher

Favourite Hockey Memory: Playing in Quebec City Spring Tournaments



#6 Scarlett JOHNSON

Forward 2009



Shoots: Right
Height: 5'4"
Grad Year: 2027

Hometown: Ottawa
Previous Team: Ottawa Sting U13 AA

Academic Achievements: Language Arts Award

Future Ambitions: Publish a book. Play for Team Canada

Hobbies & Interests: Writing fiction and lyrics, painting, drawing, sculpting, listening to and playing music

Role Models: Marie-Philip Poulin and author Suzanne Collins

Favourite Hockey Memory: Winning the HEO U13 AA playoff championship despite being underdogs - and because I got to win it with my twin brother!



#7 Macyn DRIVER

Forward 2008



Shoots: Left
Height: 5'3"
Grad Year: 2026

Hometown: Stittsville
Previous Team: KGHA U15 A

Academic Achievements: Honour Roll Student

Future Ambitions: I want to play hockey at university and Team Canada

Hobbies & Interests: Trying new sports, softball. Reading and Art
Role Model: Hayley Wickenheiser

Favourite Hockey Memory: Scoring the championship winning goal in a shoot-out in a tournament final with U15 A



#8 Olivia WALLACE

Forward 2008



Shoots: Right
Height: 5'3"
Grad Year: 2026

Hometown: Smiths Falls
Previous Team: KGHA U15 A

Academic Achievements: Character Award Recipient

Future Ambition: To win a scholarship to university for hockey and play for Team Canada. To be a Personal Trainer or a Physiotherapist

Hobbies & Interests: Soccer, spending time with friends and family
Role Models: Auston Matthews and Mitch Marner

Favourite Hockey Memory: Winning the Silver Stick tournament with U13 BB



#9 Sydney SEMIGA (C)

Forward 2008



Shoots: Left
Height: 5'9"
Grad Year: 2026

Hometown: Kanata
Previous Team: KGHA U15 A

Academic Achievements: Director of Education Student Award. Honour roll. Female Athlete of the Year 2021-22

Future Ambitions: To study Biomedical Engineering or Law at university. Play hockey at the highest level

Hobbies & Interests: Golf, football, running and baking
Role Models: Emily Clark, Hayley Wickenheiser and Brooke Henderson

Favourite Hockey Memory: Scoring a GWG in OT in the semis of the Bell Capital Cup. Winning City Championships with my team in 2022

Selected for Ontario Summer Games 2022



#10 Keara KILEY (A)

Forward 2008



Shoots: Left

Height: 5'5"

Grad Year: 2026

Hometown: Carleton Place

Previous Team: Ottawa Lady Senators U15AA

Future Ambitions: To play university hockey

Hobbies & Interests: Soccer, basketball, golf and skiing

Role Models: I look up to Natalie Spooner because I want to be like her and I look up to Cristiano Ronaldo for his work ethic

Favourite Hockey Memory: Going to the final of the International Silver Stick Tournament in Sarnia

Selected for Ontario Summer Games 2022



#11 Avery JONES

Defense 2009



Shoots: Right

Height: 5'9"

Grad Year: 2027

Hometown: Kanata

Previous Team: KGHA U13 AA

Academic Achievements: Honour Roll. French Immersion Program

Future Ambitions: To play university hockey and play Team Canada

Hobbies & Interests: Soccer, volleyball, running, football. Baking and spending time with my friends and my dog Roxie

Role Model: Chloe Primerano - 1st Female Skater selected to the CHL Prospects Draft

Favourite Hockey Memory: My team being the League Champs 2022



#12 Morgan DONALDSON

Defense 2009



Shoots: Left

Height: 5'5"

Grad Year: 2027

Hometown: Stittsville

Previous Team: KGHA U13 AA

Academic Achievements: Honour roll student

Future Ambitions: To play hockey at university

Hobbies & Interests: Hiking, camping, soccer and skiing

Role Models: Natalie Spooner. My Family

Favourite Hockey Memory: Winning a Bronze Medal at the OWHa Provincial Championships

#15 Taylor SUPRYKA

Forward 2009



Shoots: Left
Height: 5'6"
Grad Year: 2027

Hometown: Ottawa
Previous Team: KGHA U13 AA

Future Ambitions: Play university hockey, Team Ontario & Team Canada

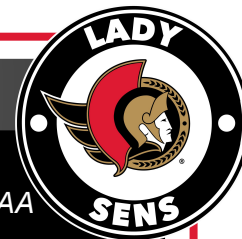
Hobbies & Interests: Volleyball, swimming, softball and reading

Role Models: John Tavares, Marie-Philip Poulin

Favourite Hockey Memory: Winning a U13 AA Bronze Medal at the OWHHA Provincial Championships

#16 Ava TELFER

Forward 2008



Shoots: Right
Height: 5'4"
Grad Year: 2026

Hometown: Carp
Previous Team: Ottawa Lady Senators U15AA

Academic Achievements: Honour Roll student

Future Ambitions: To go to university and play hockey

Hobbies & Interests: Soccer, fitness training, spending time with friends

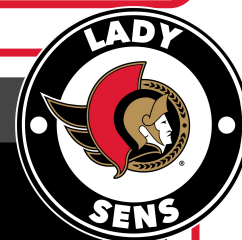
Role Model: Kendall Coyne Schofield

Favourite Hockey Memory: Winning the NAPS tournament and Coupe Challenge Quebec

Selected for Ontario Summer Games 2022

#17 Jordana HUNTER

Forward 2009



Shoots: Right
Height: 5'4"
Grad Year: 2027

Hometown: Ottawa
Previous Team: Ottawa Sting U13 AA

Future Ambitions: To play NCAA hockey. Interested in law and medicine

Hobbies & Interests: Reading, hockey

Role Models: Laurent Duvernay-Tardif because he's a professional athlete who graduated from university as a doctor of medicine with a masters in surgery

Favourite Hockey Memory: Going from fifth place in the regular season to HEO Playoff Champions with my U13AA boys team.



#18 Lily SHANNON

Defense 2008



Shoots: Right
Height: 5'0"
Grad Year: 2026

Hometown: Stittsville
Previous Team: KGHA U15 A

Academic Achievements: Honour roll with Distinction 90%+ average

Future Ambitions: To be a Marine Biologist. To play NCAA hockey

Hobbies & Interests: Volleyball, music, golf, reading and running

Role Models: Natalie Spooner, Connor McDavid, Cale Makar

Favourite Hockey Memory: Winning the OWHL Eastern Division Championship in 2022



#19 Kate VIEL (A)

Defense 2008



Shoots: Left
Height: 5'7"
Grad Year: 2026

Hometown: Kanata
Previous Team: Ottawa Lady Senators U15AA

Academic Achievements: Honour Roll Student - 80% average

Future Ambitions: To play varsity hockey and for Team Canada

Hobbies & Interests: Weight training, running, golf, volleyball, football

Role Model: Marie-Philip Poulin

Favourite Hockey Memory: Playing in the Rose Series Hockey Tournament in Las Vegas

Selected for Ontario Summer Games 2022



#21 Isabelle JANVEAUX

Forward 2008



Shoots: Right
Height: 5'8"
Grad Year: 2026

Hometown: Stittsville
Previous Team: Ottawa Lady Senators U15AA

Academic Achievements: Honour Roll Student. Chosen to participate in Math Competition

Future Ambitions: To play professional hockey. To work in healthcare

Hobbies & Interests: Completed Lifeguard Certifications inc. Bronze Cross, CPR / First Aid. Guitar, painting, cooking, volleyball

Role Models: My Dad. Hayley Wickenheiser

Favourite Hockey Memory: Scoring GWG in U13 AA semi shoot out and meeting Manon Rhéaume



#30 Charlotte MCDONOUGH (A)

Goalie 2008



Shoots: Right
Height: 5'6"
Grad Year: 2026

Hometown: Stittsville
Previous Team: Ottawa Lady Senators U15AA

Academic Achievements: Enrichment program 90%+ average
Sports-Études program Gr 7 & 8. Fully Bilingual
Female Athlete of the Year 2021-22

Future Ambitions: Post Secondary interest in Science, Medicine
To play in a NCAA D1 or U-Sports hockey program
To represent Team Canada at the Olympic Games

Hobbies & Interests: Football - captain of school team, golf, reading
Role Models: Kim St-Pierre and Ann-Renée Desbiens



#31 Cameron GARCIA

Goalie 2008



Shoots: Left
Height: 5'4"
Grad Year: 2026

Hometown: Nepean
Previous Team: Nepean Wildcats U15 A

Academic Achievements: Honour Roll Student. French Immersion
program. Enrichment Science Course. Female Athlete of the Year 2020-21
Future Ambitions: To play university hockey

Hobbies & Interests: Soccer, football, reading
Role Model: My Mother

Favourite Hockey Memory: Winning OWHF Provincial Championship U13
A Silver and U15 AA Bronze Medals