

Sponsor the Lady Sens

This is the 15th Season of the Ottawa Lady Senators Women's Hockey Club.

We are always looking for sponsors from the local business community to help us continue the tradition of elite female hockey in Ottawa. In return we can offer advertising space on our website with a link to your business, social media coverage and space on our game day program. You can reach us at fundraising.u22.ladysens@gmail.com or through our website, OR code below.

Thank you for your support of our game. GO SENS GO!



AWAY TEAM

#	Name	Pos	YOB	Grad	Committed
1	Lucifora, Mya	G	2005	2023	
2	Haslam, Rylan	F	2006	2024	
3	Stefik, Hanna	D	2005	2023	
4	Desjardins, Shayne	D	2005	2023	
7	Whiteman, Reese	F	2005	2023	
9	Donegan, Kate	F	2006	2024	
12	DiGiacinto, Alissa	D	2005	2023	
13	Leonard, Taya	F	2004	2022	Queen's
16	Mailhot, Makayla	F	2005	2023	
20	Farace, Molly	F	2007	2025	
21	Thornton, Hannah	F	2006	2024	
24	Sawyer, Sydney	D	2007	2025	
33	Helfenstein, Sophie	G	2005	2023	
51	Burgess, Alana	F	2005	2023	
55	Brough, Calista	D	2005	2023	
71	Kenyon, Kylah	D	2007	2025	
76	Bursey, Marley	F	2005	2023	
77	Harold, Sophie	F	2007	2025	
87	Strongman, Randyll	F	2004	2022	
Paul Brooks					Coach







www.ladysens.ca



Ottawa Lady Senators vs Whitby

2:15 pm Sunday 25 September CARDELREC Rec Rink B



#9 Alisha DONOVAN, Defense









#9 Alisha **DONOVAN**



Favourite Quotation

The difference between winning and losing is, most often, not quitting.

Forward | 5'5" | 135 LBS. | Shoots: LEFT | Born: 2005 | Brockville ON | Grad: 2023

School: St Mary Catholic High School

Academic Achievements: Honour roll grade

9 and 10. 87% average

Post Secondary Interests: Business and

Finance

Athletic Achievements: Player on Eastern Ontario SS Athletic Association Championship teams for both Hockey and Volleyball

Hobbies / Interests: Wake surfing, downhill skiing, travel, quality time with friends and family

Favourite Hockey Memory: Setting my sister up to score her first goal during our only season playing together

Future Ambitions: Playing varsity hockey, attend university to study business. Graduate and have a good job. Be able to support myself without relying on others

Latest Scores						
Date	Time	Home Team		Away Team		Туре
09/18/2022	12:00	Titans Limoilou	1	Ottawa Lady Sens	2	Tournament
09/18/2022	16:30	Ottawa Lady Sens	1	Central York	0	Tournament
09/24/2022	12:15	Ottawa Lady Sens	3	Etobicoke	3	League
Upcoming Games						
Date	Time	Home Team		Away Team		Туре
09/27/2022	20:00	Ottawa 67s		Ottawa Lady Sens		League
10/01/2022	18:15	Durham West		Ottawa Lady Sens		League
10/02/2022	14:30	Durham West		Ottawa Lady Sens		League

Ottawa Jr Lady Senators 2022-23



#	NAME	POS	YOB	HOMETOWN	Commitment
3	Michelle GAO	F	2006	Nepean	
9	Alisha DONOVAN	D	2005	Brockville	
10	Taylor GARCIA	F	2005	Nepean	
11	Jessica CHEUNG	D	2006	Ottawa	
12	Katelyn SCOTT	F	2005	Almonte	
15	Mackenzie CLARKE	D	2005	Nepean	St. Lawrence U
16	Jill HENNESSY	F	2005	White Lake	St. Lawrence U
18	Grace OUTWATER	F	2006	Ottawa	
19	Payton MILLER	D	2005	Deep River	Carleton University
22	Victoria KAY	F	2006	Gloucester	
34	Kassidy LAWRENCE	G	2005	Cobourg	
36	Brooke MULVIHILL	F	2006	Nepean	St. Lawrence U
44	Ani ROBINSON	D	2005	Ottawa	
65	Avery SUPRYKA	D	2006	Ottawa	Boston University
88	Alysse WILKINSON	G	2006	Ottawa	
91	Leigh BURKITT	F	2005	Nepean	
92	Olwen JONES	F	2006	Kanata	

General Manager & Head Coach	Dana Mulvihill
Associate Head Coach	Hanna-Riikka Turpeinen