

# 3 Michelle GAO

Forward 2006



**Shoots:** Left  
**Height:** 5'6"  
**Weight:** 145 lbs

**Hometown:** Nepean  
**Previous Team:** Ottawa Lady Senators U22 AA  
**Grad Year:** 2024

**Committed to the University of Guelph**

**School:** St. Joseph Catholic High School

**Academic Achievements:** Honour Roll 2018-2022, 92% average  
Awards for Technology and Photography 2022. Top 25% in Waterloo Math Competition

**Post Secondary Interests:** Veterinary Medicine, Science, Mathematics

**Athletic Achievements:** OWHA U22 Elite Provincial Silver Medalist 2023  
Stoney Creek University Showcase Champions 2022. U18AA Eastern Division 2021-22 Regular Season Champions and Playoff Finalists. HS Girls Varsity tackle football team 2022 - scored a touchdown in the inaugural game. Varsity Girls' Field Hockey MVP 2022-23.

**Hobbies / Interests:** Piano, baseball, badminton, photography, video games



### **Community Involvement:**

50+ hours as an on-ice assistant for new and young skaters. Asian hockey game ambassador, raising awareness of Asian Heritage Month

### **Future Ambitions:**

To continue to play high level hockey in university and study to become a veterinarian. To become a role model and introduce hockey to young Asian children

### **Favourite Quotation:**

"The only time success comes before work is in the dictionary"