

# 92 Olwen JONES (C)

Forward 2006



**Shoots:** Right  
**Height:** 5'8"  
**Weight:** 155 lbs

**Hometown:** Kanata  
**Previous Team:** Ottawa Lady Senators U22 AA  
**Grad Year:** 2024

**Committed to Carleton University**

**School:** Earl of March Secondary School

**Academic Achievements:** Honour Society / Silver Medallist 2021, 2022  
Average 93%.

**Post Secondary Interests:** Political Science, Economics, History, Law

**Athletic Achievements:** OWHA U22 Elite Provincial Silver Medalist 2023  
Stoney Creek University Showcase Champions 2022. Bronze medalist U22AA  
OWHA Provincial Championship. Nominated for HS Junior Female Athlete of the  
Year 2021-22

**Community Involvement:** Lady Sens Ambassador Program coach for U11AA  
KGHA. Lady Sens DIFD Day and HS Relay for Life Event Committees 2022-23



### **Leadership:**

U22AA Captain 2023-24  
U22AA Alternate Captain 2022-23  
HS Hockey Team Captain 2022-23

### **Future Ambitions:**

To play university and international hockey  
To go to Law School and become a lawyer

### **Role Models:**

My sister, Harrie Jones and Canadian  
lawyer Marie Heinen

### **Favourite Quotation:**

"Peak performance begins with you taking  
complete responsibility for your life and  
everything that happens to you"  
Dan Blank, The Soccer Poet