

Kate VIEL

#77

Position: Defense

Shoots: Left

Height: 5'6"

Weight: 150 lbs

Birth Year: 2008

Hometown: Kanata

Previous Team: Ottawa Lady Senators U22AA

Grad Year: 2026

Committed to Ohio State University

School: École secondaire catholique Paul-Desmarais

Academic Achievements: Honour Roll Student, 80% average Sport Études program. Fully bilingual

Post Secondary Interests: Health Sciences, Nutrition and Fitness

Athletic Achievements: Gold Medalist with Team Ontario Red Women's U18 National Championship November 2024. Named to Team Canada U18 for Series vs USA August 2024. Selected to attend OWHA U18 HP Development Camp July 2024. Invited to "Fuelling the Future" Invitational Camp 2024. OWHA U16 HP Development Camp Attendee 2023. OWHL Eastern U15AA League Champions and Playoff Champions 2022/23. Selected to play for U16 Team Ambrose at Ontario Summer Games 2022

Community Involvement:

OLS Ambassaor Program, skills coach and role model for young female hockey players

Leadership:

U15AA Alternate Captain 2022-23

Role Models:

Hayley Wickenheiser and Renata Fast

Future Ambitions:

To play NCAA D1 hockey, to play for Team Canada and in the PWHL

Favourite Quotation:

"You get what you work for, not what you wish for" - Howard A. Tullman

