



BCLA Points System for Cards for Women's Lacrosse

Last Updated: 26 Sept 2025

Penalty demerit system for BCLA League Play

1. For BCLA league play, a penalty point system will be in place for players, and Coaches, receiving warning cards for personal fouls and to deter unsportsmanlike or dangerous conduct by players:
 - Yellow card penalty = 2 penalty points
 - Yellow/red card penalty = 4 penalty points (including initial yellow card) - no game report needed just needs to be in game notes that the player, or Coach, 'carded' out of that specific game**
***(a 2nd yellow card given to the same player, or Coach, in the same game BECOMES a yellow/red card. This type of yellow/red card is **not** suspendable but does remove the player, or Coach, from the remainder of the game in which it was given)*
 - Red card penalty = 8 penalty points
2. When a player, or Coach, has accrued 8 penalty points, they will be suspended from the next match of the League play.
3. Penalty points are cumulative. Once a player, or Coach, sits out one match, they will sit out a second match if they accrue an additional 6 points.
4. It is NOT the sole responsibility of the **Commissioners** to advise the Team Manager when a player, or Coach, has accrued 6 points. The Team Managers and Coaches are also tasked to keep track of the points accrued by each of their players, or Coaches..

Suspensions

When a player, or Coach, receives a direct red card, the individual who was issued the direct red card will be contacted by the Commissioner of the age group for which they play, or Coach, in a timely fashion to set-up a hearing.

A direct red card will result in a **one (1)** game suspension.

Once a player, or Coach, reaches a total of 8 points, they will serve a **one (1)** game suspension. *A hearing may be requested.*

Once a player, or Coach, reaches a total of 14 points, they will serve an additional **one (1)** game suspension. *A hearing may be requested.*

Once a player, or Coach, reaches a total of 18 points, they will serve an additional **one (1)** game suspension. *A hearing may be requested.*



BCLA Points System for Cards for Women's Lacrosse

Last Updated: 26 Sept 2025

Once a player, or Coach, reaches a total of **20 points**, they are suspended for the balance of the season. A *hearing will be requested by the BCLA*.

*It is the responsibility of **the player, the team manager and/or the coach to self-identify** when points have been accumulated to warrant a suspension (i.e 8 points, 16 points, 24 points, etc.). If a player, or Coach, has a suspension due to points and they fail to serve their suspension in their next scheduled game, the player **and** the coach will each be assessed a one (1) game suspension.*

Commissioners internally monitor and tally all player, or Coach, card information and maintain a database detailing the accumulated points for each player. The best source of information for player, or Coach, points is to refer to the copies of the game sheets given to the teams at the completion of each game. **Teams should be aware of the points total for each of their athletes, or Coaches, heading into each game.**

If a player or coach is unsure of a point status they can check with their Commissioner, however the responsibility for knowing the accurate point status lies with the player/coach/manager, based on information from their game sheets.

Players, or Coaches, serving a suspension are required to serve the suspension in-person on the **spectator sideline** (and not in the bench area on-field) and must remain for the duration of the game. Pre-game, they should identify themselves to the game day officials, who will mark their presence on the game sheet, by noting the suspension in the Game Notes section (ie Jane Smith serving 1 of 1). The suspended player should not be wearing their jersey/uniform while serving a suspension.

Hearings

The following individuals should be in attendance at the card hearing:

- The player, or Coach, who was suspended,
- A parent/guardian
- The coach,
- A Club representative (likely the club head),
- At minimum two (2) members of the PCFL League Board & Commissioner pool; in lieu of a second or additional PCFL Board Member(s), a member at large, not connected to the club and/or player or the opposing team, may serve in their place.

Provincials

For Provincials, players, or Coaches, who have not hit the eight (8) point threshold in any part of the regular season will reset to zero (0) points. Points fewer than eight (8) from the regular season will NOT carry over to Provincials.

For Provincials, any player, or Coach, who has hit eight (8) or more points in any part of the regular season will start with a two (2) point threshold.



BCLA Points System for Cards for Women's Lacrosse

Last Updated: 26 Sept 2025

During Provincials, suspensions start once a player, or Coach, has accumulated **six (6)*** points. The player, or Coach, will be suspended from the next match of the Championship/Tournament.

Penalty points are cumulative. Once a player, or Coach, sits out one match, they will sit out a second match if they accrue an additional 6* points.

While it is the responsibility of the Technical Delegate or Competitions Chair (Convenor, Official-In-Charge, or a designate) to advise the Team Manager or Coach when a player, or Coach, has accrued 6* points during the Championship/Tournament, team personnel also need to be aware and need to be keeping track of points totals for any player, or Coach.

****Players will **NOT** be eligible to receive a Fair Play award if 6 penalty demerit points are accrued ****

During Provincials, any team that has a player, or Coach, who fails to serve a suspension where point thresholds have been reached – that team will be subject to a hearing and possible default of the game played with the suspended player, or Coach.