

**Prince Albert Minor Baseball Association (PAMBA)
11U Division**

Except as amended by the following, the rules of PAMBA 11U Division are those in the Baseball Canada Rule Book (latest edition) and the Saskatchewan Baseball Association (SBA) Handbook and SBA Handbook Supplement (latest editions). These League rules take priority over those in the SBA Handbook which, in turn, take priority over those in the Baseball Canada Rule Book. These League rules do not apply to SBA Provincial Championship tournaments. For SBA Handbook go to <https://www.baseballsask.ca/assets/2020-Baseball-Sask-Handbook.pdf>

The objective of this division is to continuing the development of the game of baseball for young players while making it safe, interesting, and fun. The opportunity to continue to learn the fundamentals of the game in a safe environment while having fun and improving their skills is the primary concern. Hitting, fielding, pitching, and running the bases are the primary reasons children want to play baseball, and this program allows them to do that.

11U baseball will be on Tuesday and Thursday evenings starting at 6 PM every week from the start of May to the end of June. Our season will start with two evenings of practice before we begin having games. We will run two games a week. There will be a 11U House League tournament on the first weekend of June. More details about the tournament will be provided closer to the date of the tournament. PAMBA teams are automatically entered into the tournament. Any team from outside Prince Albert will need to register for the tournament. Any questions or concerns can be directed to 11U Coordinator.

1. PRACTICE AND GAMES

Each team will be provided a game schedule at the start of the season. Practices will be schedule by individual coaches. Some choose to practice on a different day of the week while some will practice for about 30 minutes before each game. PAMBA is responsible for paying the diamond fee to use the City of Prince Albert ball diamonds.

ANY ADDITION or CANCELLATION OF A GAME OR PRACTICE MUST BE COMMUNICATED TO THE DIVISION COORDINATOR. Any rainouts will be communicated by the president to coordinators and then to head coaches. Head coaches will need to communicate with each of their teams.

2. GAME START TIMES

- Games will start by 6:00 pm.
- Unless other circumstances permit the full duration of a game, 11U League games are six (6) innings.
- **NOTE:** The umpire(s) in cooperation with the head coaches have the authority to stop a game because of light or weather conditions and to determine whether the game can be continued after such a stoppage.

3. TEAM LINEUPS

In each game:

- All teams will play "everybody bats" with unlimited defensive substitution and re-entry.

- When unlimited defensive substitution and re-entry is permitted, each player must play a minimum of two defensive innings in the first four innings of a game.
- If a team is unable to field nine (9) players by the start of the game, the team may:
 - Play with eight (8) players in the field or
 - A player may be substituted from the opposing team's roster to play an outfield position, or
 - If a team knows it will be short players for a game, the coach may request a player from a Senior Rally Cap team to play. The Senior Rally cap player's coach must be notified.

4. GAME RULES

In each game:

- The HOME team:
 - sets up the bases and puts the bases away
 - keeps score
 - makes sure both teams sign the game summary and sends these into the umpire and league coordinator
 - occupies the third base bench
 - provides a base umpire, unless two (2) umpires are assigned to the game.
 - supplies the game balls (3 balls in good condition)
 - responsible for notifying the Division Coordinator of any missing or damaged equipment
- The VISITING team:
 - tracks the pitch counts.
 - Occupies the first base bench
- The team batting line-ups are to be given to the opposition 10 minutes before the start of the game. Players will bat in the order listed. If a player is removed from the game for any reason, the batting position of that player will be filled by advancing the remaining players in the batting order.
- Coaches must inform the pitch counter of each pitching change before or when the change is made.
- Use of a courtesy runner is permitted. A pinch runner may be used for the catcher if the catcher reaches base safely with two (2) outs or is on base when the second out of the inning occurs. The pinch runner must be the player who was the second out in the inning in which the pinch runner is used.
- The length of each team's infield is 10 minutes. The HOME team should commence its infield 25 minutes before the scheduled game start time, and the VISITING team should commence its infield 15 minutes before game start time. Games are expected to start on time.
- Games will be stopped when lightning is visible. Players, coaches, umpires, and fans should seek adequate shelter. The game will be suspended until 30 minutes after the last sighting. The umpires, in consultation with the coaches of each team, will determine the time the game may resume. If the field is playable, a game stopped because of lightning may be resumed.
- No player may pitch more than two (2) innings per game during May and more than three (3) innings per game in June.

- For Tournament or League playoff games, the rules around pitch counts, as outlined in the most updated version of the SBA Handbook will be followed. Thus the restrictions on innings pitched will be removed during tournament and playoff games.
- The pitching distance in 11U games is 44 feet from the point of home plate to the front of the pitchers plate.
- The base paths are 60' at 11U
- NOTE: If a pitcher is having difficulty throwing strikes from the stated pitching distance, the pitcher, with approval from the coach of the opposing team, may throw from a shorter distance at any time during the season.
- Players should never sit more than 1 inning in a row.
- Scoring may only occur on a hit, or a force play i.e. a runner on 3rd may not steal home on an overthrow or a passed ball.
- All batters start with a 1-1 count.
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- No lead offs are allowed at 11U, and therefore there are no balks.
- No bunting is allowed at 11U.
- **MERCY RULES**
 - There is a 5-run limit per inning.
 - The exception to this rule is an over-the-fence home run A game will finish when a team is ahead by 10 or more runs after the fourth inning is complete. The teams may continue to play; however, pitch count must continue to be recorded and reported for each player. The score of the game will be reported as per when the Mercy Rule was applied in the game.
 - If the **HOME** team is leading by 10 runs after the **VISITING** team has completed its bat in the fourth or a subsequent inning, the game will be considered complete and the **HOME** team may not bat.

5. BAT SIZE LIMITATIONS

Bats shall not be more than 32 inches in length, not more than 2-3/4 inches in diameter at its thickest part and may be taped to a distance not more than 16 inches from the handle.

6. NEW PITCHERS

The pitcher starting each inning or a new pitcher entering the game during an inning will be allowed up to eight (8) warm-up pitches. All warm-up pitches are to be completed within one (1) minute of the pitcher taking his/her position on the mound (Baseball Canada rule 8.03). After one (1) minute, the umpire will call **PLAY** and the opportunity for further warm-up pitches is lost.

7. PITCHING RULES

- Pitch count rules are outlined by Baseball Sask. They have amended these rules in 2026, and they are different for the month of May as they are for the rest of the season. See below.
- Intentional walks and illegal pitches will be included in the pitch count totals.
- Once removed from the mound, a player may not pitch again in that game, but may play in any other position **EXCEPT AS CATCHER**.

- The Division Coordinator will monitor all teams' pitching to ensure that these rules are being followed. If a coach fails to follow these rules, the Division Coordinator will issue a warning to the coach and report the infraction to the PAMBA President. Subsequent infractions will be reported and handled by the PAMBA Board.
- Curve balls are NOT permitted to be thrown in the 11U League.
 - A "curve ball" is defined as any breaking ball in which the pitcher deliberately breaks his or her wrist or snaps the elbow to induce a forward or side-angled spin on the ball i.e. ANY breaking pitch thrown by the pitcher using arm action that causes the ball to noticeably change direction while in flight to the plate.
 - A curve ball will be treated as an illegal pitch and penalties will be as follows:
 - with no runners on base, the pitch will be called a ball unless the batter safely reaches first base.
 - with runners on base, the pitch will be considered a balk. The pitch will be declared a "no pitch", the ball is dead and runners will advance one base, except that if the batter reaches first base on a hit, an error, a hit batter or otherwise, and no other runner is put out before advancing at least one base, the play shall proceed without reference to the violation.

8. SAFETY REGULATIONS

The following safety regulations will be strictly enforced:

- Shoes with metal cleats or spikes are prohibited.
- The batter must wear undamaged regulation batting helmets with two ear flaps.
- ALL PERSONS (including parents) receiving warm-up throws from a pitcher, whether on or off the field, must wear a protective mask or remain in a standing position.
- Runners must slide or attempt to avoid contact with a fielder. A player who maliciously runs into another player will be declared out (unless that player has scored before committing the infraction) and will automatically be ejected (whether or not declared safe). Contact is considered malicious if it is the result of intentional excessive force and/or there is intent to injure.
- A runner must be allowed at least partial sight of the base to the runner who is advancing. A defensive player, who in the opinion of the umpire deliberately blocks a base to a runner, will automatically be ejected.
- Except for the batter, the runners, the on-deck batter and the base coaches, all members of the batting team, including coaches, must remain inside the players' bench area.

9. CONDUCT OF PLAYERS, COACHES AND SPECTATORS

- All players, coaches and spectators are expected to conform to "RESPECT IN SPORT". This includes no swearing, any action designed to distract the defensive team, over-aggressiveness, excessive noise from the players bench, etc.
- **ANY UNSPORTSMANLIKE ACTION WILL RESULT IN A PLAYER, COACH or SPECTATOR BEING REMOVED FROM A GAME AND DIRECTED TO LEAVE THE PARK FOR THE REST OF THAT GAME.** All incidents must be reported to the Division Coordinator. These ejections will also be reported to the PAMBA President.

- A ZERO TOLERANCE policy exists for verbal and physical harassment of umpires by coaches, players and spectators. Any coach, player or spectator who excessively argues any decision or harasses an umpire in any way will automatically be removed from the ballpark and subject to further actions from the PAMBA.
- NOTE: This policy is not meant to prevent a coach from asking an umpire to explain a decision, but rather to prevent an argument or extended discussion of the decision. See rule (b).
- The team coach will be held responsible for the conduct of the team's spectators. If the umpire judges that the spectator's behavior is detrimental to the conduct of the game, the umpire will ask the team coach(s) to inform the spectators that the game will be called if such behavior continues. If a game is called for this reason, the PAMBA will conduct a full review of the incident, involving the umpire and coaches of both teams. The League President will determine the necessary actions to prevent further incidents.

10. COACHING CERTIFICATION

- The rules regarding coaching certifications, as outlined in the most updated version of the SBA Handbook will be followed.
- All PAMBA coaches are required to have completed a CRC and submit this to the president before coaching.

PRINCE ALBERT MINOR BASEBALL
IIU DIVISION
PITCH COUNT RULES

Table 1 – IIUDivision Pitch Count Rules

IIU DIVISION										
May	# of pitches	REST (Days)	# of pitches	REST (Days)	# of pitches	REST (Days)	# of pitches	REST (Days)	Max Pitches	REST (Days)
	1 -25	1	26 - 40	2	41 - 55	3	56 - 65	4	65	4

MAXIMUM number of 65 PITCHES in MAY

IIU DIVISION										
June/July SEASON	# of pitches	REST (Days)	# of pitches	REST (Days)	# of pitches	REST (Days)	# of pitches	REST (Days)	# of pitches	REST (Days)
	1 -25	0	26 - 40	1	41 - 55	2	56 - 65	3	66 -75	4

MAXIMUM number of 75 PITCHES in June/July

NOTE: A rest day commences at 12:01 am following the day the pitcher was used i.e. the number of nights of sleep a player is required to have before pitching again is always one more than the number of days of rest.

- A pitcher who has reached his or her maximum pitch limit while facing a batter will be permitted to continue pitching until that batter reaches base or is put out.
- Intentional walks will be included in pitch count totals.
- Once a player assumes the position of pitcher, he/she cannot catch for the remainder of that day.
- The scorekeeper is asked to advise the coach when a pitcher is within 5 pitches of the maximum allowed. The game will be forfeited if a pitcher is not removed before reaching the pitch limit.

