

October 12, 2021

Paradise Valley Three Cities Arena 2021-22 Guidelines

The Guidelines below are based of the Chief Medical Officer of Health Order 44-2021

The facility will be equipped with proper signage as per Alberta Health Services guidelines regarding hand sanitizing, social distancing, and covering for coughs and sneezes.

As per the Alberta provincial mandate effective Sept 16th, masking and 2 metre physical distancing is required throughout the arena, with the exception of youth engaged in physical activity.

Physical Distancing: Maintain 2-meter physical distancing between people, except those who reside in the same household or who belong to an existing cohort. Dropping off participants is encouraged, rather than guardian accompaniment, wherever possible to minimize the number of people entering the arena at once. All participants and guardians (when required for younger players) will be asked to enter and exit the facility individually. Groups are only permitted if they are made up of individuals who live together.

Pre-screening measures: Stay home if you are sick or displaying any symptoms of COVID-19. Part 12 – Youth Activities

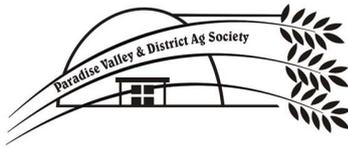
12.1 A parent or guardian of a youth must screen a youth for symptoms of COVID -19 prior to the youth participating in indoor youth activities in accordance with the COVID-19, Alberta Health Daily Checklist (for children under the age of eighteen)

Cleaning and Sanitizing - Lobby, spectating area and public washrooms will be sanitized periodically throughout each day, according to AHS guidelines the facility adheres to. Dressing room benches and player benches and other high touch surfaces will be sanitized and wiped between each group in the allotted time frame and the entire area will be sprayed down completely at the end of each night. When leaving the dressing room area, coaches are asked to wipe down benches, and other high touch areas to ensure the room is ready for the next user.

Arrival Times: Players and coaches can enter the facility 30 minutes before their booking and must exit the facility 30 minutes after their booking. Facilities will promote physical distancing by promoting one-way traffic flow to reduce interactions between groups. Common area chairs and tables may not be available to reduce gathering areas and to promote physical distancing.

Arrive ready to train or play: Groups or teams may be provided with more than 1 dressing room to allow for adequate space where possible. Bring a pre-filled, labelled water bottle. Children are encouraged to come dressed/ready to play if possible, to limit social interactions.

Dressing Rooms limited: Dressing room space will be extremely limited in order to provide greater physical distancing between individuals and groups. Markings will be provided in 6' increments for proper physical distancing. Shower facilities are not available. Try to minimize contacting high-touch point surfaces such as door handles and going in and out of dressing rooms. Only one family member per player will be allowed in the dressing room area.



October 12, 2021

Limited Spectators: We ask that all spectators screen for symptoms of COVID -19, in accordance with the COVID -19, Alberta Health Daily Checklist for Adults 18 years and older, or that spectators under the age of 18 have a parent or guardian of youth screen a youth, prior to entering our facility. Spectators will not have access to the facility until the scheduled booking time, and should exit the facility as soon as the booking time slot has ended. Physical distancing should be maintained, and masks are required for spectators. Spectators are restricted to a maximum of 100 people as per the Alberta Health Guidelines (based on 1/3 fire code capacity of the facility). Also, certain areas of the facility have tighter restrictions that are posted at each entrance.

Ice Access: Players / Coaches should use the ice access closest to your dressing room.

Ice Use: Coaches will be asked to keep a safe distance from all participants when possible. Limit celebration gestures or customs during activities (e.g., handshakes, high fives, fist bumps, chest bumps) that bring attendees within 2 metres or promote physical contact. Respiratory etiquette is important to prevent the spread of droplets that may contain the COVID 19 virus. Attendees should refrain from spitting and clearing their nasal passages during activities