

## **7U & 9U Mites Program**

(7U Boys & 9U Coed)

Age requirement: players born in 2017, 2018, & 2019

Registration Fee: \$295.00

### **7U/9U Program Details:**

- The Parkland 7U/9U Program places emphasis on developing basic skills in a non-competitive environment.
- 7U & 9U Sessions are traditionally co-ed, but we have formed all girls' teams
- A smaller, lighter ball is used at this level so players can develop confidence in their passing and catching skills and shooting the ball to the height of the basket.
- Players receive a jersey and ball at the start of the season, which they get to keep.
- All Parkland 7U/9U team's players participate in the EYBA 7U/9U Tournament at the end of the season (March 2026).

### **Sessions / Gameplay:**

- Sessions are on Saturdays and are 1.5hr slots.
- 45 minutes of the session will be skills training with coaches and players / the remaining 45 minutes will be 4 x 4 gameplay with coach interaction to encourage development.
- Introductory Sessions Start Sept 27th
- Regular season games October 18th - March 28<sup>th</sup>

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