

DATE	TIME	DIV	TEAMS OR GROUP	SCHOOL	SCORE CLOCK
04-Oct-25					
04-Oct-25	9-10am (1hr)	Jr. NBA		Brookwood	
04-Oct-25	10:10am (1.5hr)	7U/9U	A vs B	Brookwood	
04-Oct-25	11:50am (1.5hr)	7U/9U	C vs D	Brookwood	D - Take Home
04-Oct-25	1:30pm (1.5hr)	7U/9U	E "Bye / Practice"	Brookwood	
04-Oct-25					
18-Oct-25					
18-Oct-25	9-10am (1hr)	Jr. NBA		Brookwood	
18-Oct-25	10:10am (1.5hr)	7U/9U	E vs D	Brookwood	D- Deliver
18-Oct-25	11:50am (1.5hr)	7U/9U	B vs C	Brookwood	B- Take Home
18-Oct-25	1:30pm (1hr)	7U/9U	A "Bye / Practice"	Brookwood	
18-Oct-25					
25-Oct-25					
25-Oct-25	9-10am (1hr)	Jr. NBA		Brookwood	
25-Oct-25	10:10am (1.5hr)	7U/9U	E vs B	Brookwood	B-Deliver
25-Oct-25	11:50am (1.5hr)	7U/9U	C vs A	Brookwood	A- Takehome
25-Oct-25	1:30pm (1hr)	7U/9U	D "Bye / Practice"	Brookwood	
25-Oct-25					
22-Nov-25					
22-Nov-25	9-10am (1hr)	Jr. NBA		Brookwood	
22-Nov-25	10:10am (1.5hr)	7U/9U	D vs A	Brookwood	A-Deliver
22-Nov-25	11:50am (1.5hr)	7U/9U	C vs E	Brookwood	E-Take Home
22-Nov-25	1:30pm (1hr)	7U/9U	B "Bye / Practice"	Brookwood	
22-Nov-25					
29-Nov-25					
29-Nov-25	9-10am (1hr)	Jr. NBA		Brookwood	
29-Nov-25	10:10am (1.5hr)	7U/9U	E vs A	Brookwood	E-Deliver
29-Nov-25	11:50am (1.5hr)	7U/9U	B vs D	Brookwood	B-Take Home
29-Nov-25	1:30pm (1hr)	7U/9U	C "Bye / Practice"	Brookwood	
29-Nov-25					
06-Dec-25					
06-Dec-25	9-10am (1hr)	Jr. NBA		St. Marguerite	

06-Dec-25	10:10am (1.5hr)	7U/9U	A vs B	St. Marguerite	B-Deliver
06-Dec-25	11:50am (1.5hr)	7U/9U	C vs D	St. Marguerite	D-Take Home
06-Dec-25	1:30pm (1hr)	7U/9U	E "Bye / Practice"	St. Marguerite	
06-Dec-25					
13-Dec-25					
13-Dec-25	9-10am (1hr)	Jr. NBA		St. Marguerite	
13-Dec-25	10:10am (2hr)	7U/9U	Christmas Jamboree	St. Marguerite	
20-Dec-25	TBA	7U/9U	Stingers Tournament	EYBA CENTRE	
10-Jan-26					
10-Jan-26	9-10am (1hr)	Jr. NBA		St. Marguerite	
10-Jan-26	10:10am (1.5hr)	7U/9U	E vs D	St. Marguerite	D-Deliver
10-Jan-26	11:50am (1.5hr)	7U/9U	B vs C	St. Marguerite	B-Take Home
10-Jan-26	1:30pm (1hr)	7U/9U	A "Bye / Practice"	St. Marguerite	
10-Jan-26					
Jan 16 & 17, 2025	TBA	Jr. NBA & 7U/9U	Bears & Panda's Night Out	Saville Centre	
17-Jan-26					
17-Jan-26	9-10am (1hr)	Jr. NBA		St. Joseph's	
17-Jan-26	10:10am (1.5hr)	7U/9U	E vs B	St. Joseph's	B-Deliver
17-Jan-26	11:50am (1.5hr)	7U/9U	C vs A	St. Joseph's	A- Take Home
17-Jan-26	1:30pm (1hr)	7U/9U	D "Bye / Practice"	St. Joseph's	
17-Jan-26					
24-Jan-26					
24-Jan-26	9-10am (1hr)	Jr. NBA	"Last Session"	Brookwood	
24-Jan-26	10:10am (1.5hr)	7U/9U	D vs A	Brookwood	A-Deliver
24-Jan-26	11:50am (1.5hr)	7U/9U	C vs E	Brookwood	E-Take Home
24-Jan-26	1:30pm (1hr)	7U/9U	B "Bye / Practice"	Brookwood	
24-Jan-26					
21-Feb-26					
21-Feb-26	9am (1.5hr)	7U/9U	E vs A	Brookwood	E-Deliver
21-Feb-26	10:40am (1.5hr)	7U/9U	B vs D	Brookwood	B-Take Home
21-Feb-26	12:10am (1hr)	7U/9U	C "Bye / Practice"	Brookwood	
21-Feb-26					
07-Mar-26					

07-Mar-26	9am (1.5hr)	7U/9U	A vs B		B-Deliver
07-Mar-26	10:40am (1.5hr)	7U/9U	C vs D		C-Take Home
07-Mar-26	12:15am (1hr)	7U/9U	E "Bye / Practice"		
07-Mar-26					
14-Mar-26					
14-Mar-26	TBA	7U/9U	EYBA Tournament	EYBA CENTRE	

Session are 45 minutes of Joint team training and 45 minutes of gameplay.

3 Minute Run Time Shifts / as per score sheets. Mandatory shift Changes at the conclusion of each shift.

Sessions are run and officiated by coaches

Score Clock: Teams indicated are responsible for taking home and bringing back the score clock as per the schedule.

Teams that have a "Bye Week" will have practice time that can be used

Team A = Dani and John
Team B = Drew and Danny
Team C = Scott and Corrine
Team D = Nate, Marcie and Cam
Team E = Lauren and Perry