

AGE	PROGRAM / DIVISION	PROGRAM DETAILS	DAYS OF THE WEEK	PROGRAM LENGTH	GEAR / EQUIPMENT
2011-14 Co-ed 30- athletes Max  Cost = \$110.00 + \$17.00 AB Fee	Jr. NBA Skills Training "jr.Nba Program" COACHES Chris & Christie Delano	Skills based training from NCCP Fundamentals trained Coaches, lower nets and age appropriate balls.	Sessions: Sunday mornings & Odd weekday	10 SESSIONS	Includes: -NBA t-shirt -Spalding multi color ball
2011-12 Gender Specific if numbers allow for it.  Cost = \$250.00 + \$17.00 AB Fee	U9 / MITES Community League Play. Games and practices in Parkland County	Skills & health based training from NCCP Fundamentals trained coaches, guest coaches & fitness specialists. <b>Includes 1 practice and 1 game per week. Modified 3v3 &amp; 4v4 games.</b>	Practice: Mon or Tues  Games: Saturday	Sept to March Practices start: Mid September  Games start: October 12th	Includes -Game Jersey / T-Shirt
2009-10 Gender Specific  Cost = \$250.00 + \$17.00 AB Fee	U11 / MINI Community League Play. Games and practices in Parkland County.	Skills & health based training from NCCP Fundamentals trained coaches, guest coaches & fitness specialists. <b>Includes 1 practice and 1 game per week. Modified 3v3 &amp; 4v4 games until December, then 4 v4 full court.</b>	Practice: <u>Boys / Girls</u> = Mon or Tues or Wed  Games: Saturday	Sept to March Practices start: Mid September  Games start: October 12th	Includes -Reversible Jersey
2007-08 Gender Specific  Cost = \$250.00 + \$17.00 AB Fee	U13 / BANTAM Community League Play. Games and practices in Parkland County	Skills & health based training from NCCP Fundamentals trained coaches, guest coaches & fitness specialists. <b>Includes 1 practice and 1 game per week.</b>	Practice: Boys = Tues or Wed Girls = Mon or Tues  Games: Saturday	Sept to March Practices start: Mid September  Games start: October 12th	Includes -Reversible Jersey
2005-06 Gender Specific  Cost = \$250.00 + \$17.00 AB Fee	U15 / MIDGET Community League Play. Games and practices in Parkland County	Skills & health based training from NCCP Fundamentals trained coaches, guest coaches & fitness specialists. <b>Includes 1 practice and 1 game per week.</b>	Practice: Boys = Tues or Thurs Girls = Mon or Tues  Games: Saturday	Sept to March Practices start: Mid September Games start: October 12th	Includes -Reversible Jersey
2002-04 Gender Specific  Cost = \$170.00 + \$17.00 AB Fee	U18 / JUVENILE Community League Play. Games and practices in Parkland County	Skills & health based training from NCCP Fundamentals trained coaches, guest coaches & fitness specialists. <b>Includes 1 practice and 1 game per week.</b>	Practice: Boys & Girls = Tues or Wed  Games: Saturday	Sept to Dec Practices start: Mid September  Games start: October 12th	Includes -Reversible Jersey

**Tentative practice dates above are NOT guaranteed, priority is given to volunteer coaches. Any registered player should be prepared to practice between 6:00 pm – 10:00 pm Monday to Friday. Typically we schedule younger age groups in the earlier slots.**

**PARKLAND COMMUNITY BASKETBALL LEAGUE DETAILS [www.parklandbasketball.ca](http://www.parklandbasketball.ca)**