

PYL Tryout Assessment Policy

September 2023

Open tryouts shall be conducted once a year, in the Fall (September or October)

Players from outside the program may also be invited at any point in the season for evaluation as potential players for competitive teams. If interested in an evaluation, please email <u>technical_director@pcspminorsoccer.ca</u>

Open Tryouts/evaluations are carried out as follows:

- Each age group will have an open tryout (2-3 sessions) for players to be evaluated for a competitive program.
- Evaluations will primarily consist of small sided games, occasionally full field games, and in some cases technical and/or physical assessments.
- Players are asked to attend all tryouts (unless specifically told otherwise) and are REQUIRED to attend at least 2 of the open tryout sessions if they wish to be considered for a team that year, unless they have a medical reason preventing them from doing so (doctor's note required, as well as notice to coaching staff), in which case alternate arrangements can be made for an evaluation.
 - Missing one evaluation session does not eliminate a player's chance of making a team, but does make it more difficult for the staff to evaluate the player properly.
- Evaluations will be carried out by the following method:
 - Board approved qualified Club Staff/Coaches/Volunteer(s).
 - PYL assigned Coaches will be present at the tryouts to take their own notes to assist with the pool selection of their team.

• All the process will be overseen and finalized by the Technical Director

Selection Process:

- The scores of each evaluator will be added up creating an overall score per player.
- The top 8 players will be automatically selected by being ranked the highest, and a pool of players ranked 9th-20th will be given to the assigned PYL coaches to select their final roster.
- Evaluation Process to be overseen and finalized by the Techincal Director.
- Once selections have been made, players will be sent an invitation to join the given program, including a description of the required commitments. Club invitations will be sent first, and acceptances collected. Once complete, it will be followed by team selections and invitations to register.
- Players/parents are expected to reply to the formal invitation email within 8 days with their decision.
- After all teams have been formed, and positions have been accepted, those not selected for a competitive team will receive notice and will be placed into the appropriate development or recreational program for that season.
 - Please note that some players may be offered conditional spots to train with a competitive team but not be full time players on the game roster due to the limit on roster spots.

Under-age players:

All players registered for the tryouts will be evaluated. Moving a player or group
of players up to an older age group will be at the sole discretion of the technical
team, and requires consent from the clubs Technical Director to be approved by
NLSA.

Criteria Considered:

• All players are evaluated using a 4 corner approach which looks at their Technical/Tactical, Physical, Psychological and Social abilities.



<u>1. Technical</u>

- Passing/Receiving:
 - Technique, accuracy and quality of passes with both feet
 - Versatility of passes
 - Long passing ability with both feet
 - Quality of first touch when receiving the ball
 - Versatility of first touch
 - Ability to receive with different parts of both feet
 - Various distances of touch (close touch when in tight areas, bigger touch to beat players, changing direction with first touch, etc)

- Dribbling:
 - Comfort with the ball at the feet
 - Using both feet and various parts of the feet to dribble the ball at various speeds and directions
 - Ability to scan their surroundings
 - 1v1 moves (both at low and high speeds)
 - Ability to use the body to shield/win the ball
- Shooting:
 - Technical ability to shoot the ball with both feet and all styles.
 - Proper timing and strength that each type of play requires

• <u>2. Tactical</u>

- These include but are not limited to:
 - Decision making with the ball
 - Movement/Positioning without the ball
 - Cooperating with another player, group of players or team.
 - Understanding attacking principles of the game
 - Understanding defensive principles of the game
 - Position specific tactics

For younger players (U12), these are primarily individual or small group oriented. For older age groups they transition increasingly towards team-oriented tactics and full game and positional awareness.

3. Physical

Overall athleticism. This reflects the players' physical ability to affect the game, or his/her physical potential to be a strong player in the future. This category includes:

- Speed Ability to accelerate, decelerate (short & long distances) and change direction quickly
- Strength, flexibility, coordination, balance, etc.

3. Social/Psychological

This category gauges the relevant social and psychological skills and attitudes for playing the game properly and being able to LEARN the game in a team setting. This includes but is not limited to:

- Confidence
- Discipline/Concentration
- Work ethic
- Motivation
- Growth Mindset
- Ability to recover/adjust from a mistake
- Leadership: Communication skills, leadership, maturity, team-work, punctuality, etc.