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PARK CITY WEST COMMUNITY CENTRE

NEWSLETTER • FALL 2019

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Park City West Community Centre

115 Sanford Fleming Road, Winnipeg, MB R2C 5B8
Ph: 204-222-1411
Website: www.pcwcc.ca
Follow us on Facebook

This publication has been produced by Jae Media
Project Manager Lori Kemp

SPORTS REGISTRATION

ONLINE – AUGUST 12TH TO SEPTEMBER 6TH, 2019
CHECK OUR WEBSITE IN AUGUST FOR IN-HOUSE REGISTRATION DATES.

SAVE THE DATE

HALLOWEEN FAMILY FUN NIGHT – SATURDAY, OCTOBER 19 FROM 5-8 PM
BREAKFAST WITH SANTA – SATURDAY, NOVEMBER 30 FROM 9-12PM
HOCKEY JAMBOREE – FEBRUARY 3-5, 2020
ANNUAL GENERAL MEETING – APRIL 27, 2020
VOLUNTEER APPRECIATE DINNER – SATURDAY APRIL 4, 2020 FROM 6:30-12AM
MICRO SOCCER JAMBOREE – JUNE 20, 2020
LIKE US ON FACEBOOK TO STAY UP TO DATE WITH CLUB EVENTS

THANK YOU TO ALL OUR STAFF & VOLUNTEERS...OUR CLUB IS ONLY AS GOOD AS YOU MAKE IT!

Book Your Event Now!

Whether it's a small or large event... office or family party... we have the perfect venue!

Our air conditioned, fully accessible gym has a kitchen complete with coffee urn, fridge, stove, freezer, and microwave and ample parking to meet all your venue needs.

All birthday rentals include is a wide variety of sports equipment - basketball, volleyball, badminton, floor hockey, ringette, dodge balls, and lots of extras to make your party so much fun.

Visit our website at pcwcc.ca under hall rentals for availability and costs.

Park City West Community Centre Mission Statement

We will commit to be a leading community organization, focused on the needs of the community, through safe, flexible, self-sufficient and accessible services and programs for all ages. In delivering recreational, educational and leisure programs, we will foster pride and respect in the centre and the community we serve.

Park City West Community Centre has many volunteer opportunities for those who wish to give back to their community. If you are interested in volunteering for the board, or would like to know what opportunities are available, please contact us via our website, or feel free to come to one of the regular board meetings. We meet in the board room at Park City West Community Centre the last Monday of each month, September through June. All meetings start at 7:00pm.

YOUR AD HERE ?

Do you own a business in the area? Do you know someone who may benefit from advertising here? This publication is mailed directly to every house in the catchment of the Park City West Community Centre. If you are interested in placing an ad for the Spring issue, call Lori at 204-218-7267 or email her at lori@jaemedia.ca



Hardball

It's another busy hardball season at Park City with the club fielding 8 teams across all age brackets. We are also hosting the 13UAAA Pioneers at Park City this year. A big thank you to all coaches and parents who volunteer their time to help put these teams together and help the kids learn more about baseball. The club staff have also done a great job this year maintaining and preparing the diamond for all games and practices.

18UA boys won the championship against Maples 3-0.

Hockey

*****New this year: Hockey registration made easy!**

Transcona Minor Hockey Association is pleased to present a one-stop registration process for this upcoming season.

Previously, registrants had to navigate their community club, TMHA and Hockey Canada websites. No longer! All male and female registrations and payments will be done directly on the TMHA website at transconahockey.com.

New to hockey? Be sure to complete your Parent Respect in Sport before registering your child.

Visit transconahockey.com for important dates and instructions. Registration will open soon!

If you have questions, please don't hesitate to contact your community club hockey convenors or TMHA.

Hockey – Female

Girls' hockey in Transcona? Yes!

Summer is the time for swimming and splash



Board of Directors

President Mike Purdy

Vice President Tabitha Bear

Treasurer Nicki Burbank

Secretary Katie Patteson

Registrar Deirdre Dowd

Canteen Marion Segal

Preteen Dance Rachel Almero

Hardball Al Mozel

Hockey – 8A1 & Up

Chris Redekop

Hockey – Female

Jacque Sippola

Hockey – House League

Jared Clarke

Ringette Vacant

Soccer Director Vacant

Mini Soccer (6 & Under)

Deirdre Dowd

Soccer (7 & 8) Vacant

Soccer (9 & Over, Boys) Vacant

Soccer (9 & Over, Girls) Vacant

Soccer (Indoor) Vacant

Softball Cassandra Will



Soccer (7 & 8)

Players from Park City West U7 Wildcats played in the inaugural Cupcake Cup this past June. They concurred the Virgin Radio Ladybugs to bring home the Cupcake Cup!!

Soccer (9 & Over, Girls)

U9-U18 Soccer

For the 2019 Outdoor season, Park City hosted 16 teams in total. All teams focused their efforts on development and team building. Weather at the beginning of the season was a challenge for all of our teams but all of our teams took it in stride and played through the cold.

There were 6 teams who participated in the Boston Pizza Players Tournament; U12 Girls, U13 Girls, two U14 girls, U14 Boys and U16 Girls. We are very proud to say that three of these team made it to the final match of their respective divisions. Our U14 Boys also entered and won their division in the St. Charles Cup. Great job teams!

I can't thank the volunteers enough whether it be coaching, managing, driving, our soccer program

would not work without your efforts! This being said, Park City is in desperate need of conveners for the soccer program. In order for the program to run smoothly, we need an Indoor Soccer convener, and two Outdoor Soccer conveners (boys and girls). If anyone is interested in these positions, please contact the club.

Softball/TBall

June 15 was the annual T-ball windup jamboree for LTP1. The players, ages 3-6 years old, each played an exciting game followed by receiving their medals for the season. Following the games there was a lunch provided for the players that included hot dogs, chips and a drink. They also had the chance to play in 3 bouncy houses/castles set up and have their faces painted.

Programs

Zumba

Zumba is a Latin inspired dance fitness program that is moving millions of people towards fitness and joy. Zumba is sometimes referred to as "exercise in disguise" because it combines



***New this Fall ***

Movie Nights – Movies to TBD

• Sept 20

• April 24

Cost is \$5 which includes a hotdog, popcorn and water. Watch for details in the fall.

Special Events

Halloween Family Fun Night

Saturday, October 19 from 5-8pm

Tickets are \$5.00 available in advance only at the office

Breakfast with Santa

Saturday, November 30

from 9am-12pm

Tickets are \$5.00 available in advance only at the office

Preteen Dance

Dance Dates:

• Nov 22

• Feb 14

• May 29

Time: 630 pm to 9 pm Cost : \$5.00

DJ , Prizes and Canteen open!!!

Ages: 8-13 year olds

The dance is supervised by parent volunteers (thank you)! Feel free to stay or drop your child off.

Children must be picked up by an adult in the gym at the end of the night! This is for safety reasons.

*****Check website (www.pcwcc.ca) for possible cancellations.***





Latin rhythms and easy to follow dance moves to ...create a one of a kind fitness program. No previous dance experience required. It's all about having fun by feeling the rhythm and beat of the music!! Zumba is not only great for the body, but it's also great for your mind and soul, improves self-esteem and self confidence! Come find out why Zumba Fitness has become such a fun and uplifting workout! Mondays 7-8pm Email: vgrycko@shaw.ca

Taekwondo

Do it as a family or try it as an individual sport. Suitable for all ages, these traditional martial art classes can be enjoyed by people starting as early as the age of five. Offered on Wednesday nights (6:15-7:15pm), the K. Saunders Taekwondo program, is challenging everyone to come and try two FREE weeks of Taekwondo. THINK YOUR UP FOR THE CHALLENGE? YOU HAVE NOTHING TO LOSE! Call or email us to get more information. Phone 204-952-3176 Email: KSTA.academy@gmail.com

Pilates

Join us for small, quality controlled group classes to strengthen your core, correct your posture and relieve stress and tension. All physical limitations welcome as we modify and adapt all exercises. Pilates is the original NEMEX (Meuro-Muscular Exercise) so there is a profound mental conditioning too. Great for seniors, fall prevention, and injury prevention for athletes too. Call Pilates Manitoba 204.487.2287 or text 204.999.9984. Sign up online at pilatesmanitoba.com

Integral School

It is almost the beginning of the school year. Do you feel your kid is struggling with "hard" subjects, or is gifted and needs an



extra challenge? The Integral School's highly qualified teachers can help—with special after-school programs in math and science for gifted kids and kids who are struggling with these subjects. They provide tutoring in math, physics, chemistry, bio, and languages at four Winnipeg locations. Integral school is opening the new mental math program using the Japanese tool ABACUS. Fall registration is now open. Visit www.integral-school.com or by calling 204-230-9519.

Sportball Winnipeg

Sportball Junior

Toddlers and parents/caregivers focus on physical movements and social exploration, learn fundamental sport skills and participate in creative motor games, songs, stories, bubble time and more. Children are challenged according to their individual skill level and coaches help grownups understand proven teaching techniques that can be applied outside of sportball classes.



Multi-Sport Parent & Child

Sportball Parent & Child / Me & My Dad programs help pre-schoolers to refine their motor skills, such as balance and coordination, as well as develop their social skills such as confidence, following instructions, turn-taking and sharing. Coaches introduce a different sport each class using developmentally appropriate games and activities.

Multi-Sport Coach & Child

Refine, rehearse, repeat. Multi-Sport classes are the heart of sportball programming. Coaches focus on the basic skills common to all sports, like balance, coordination, stamina and timing in a fun, supportive, non-competitive setting that emphasizes teamwork. Each class focuses on one of eight different popular sports: hockey, soccer, football, baseball, basketball, volleyball, golf and tennis.

Brady Bouchard

Sportball Winnipeg
431-373-3221
www.sportball.ca



A SPECIAL THANK YOU TO ALL OUR ADVERTISERS

The Park City West Community Centre wishes to thank the many businesses who purchased an advertisement to make this publication possible. Your ad helped us to defer all costs relating to this newsletter. We value your support and gratefully acknowledge your participation.

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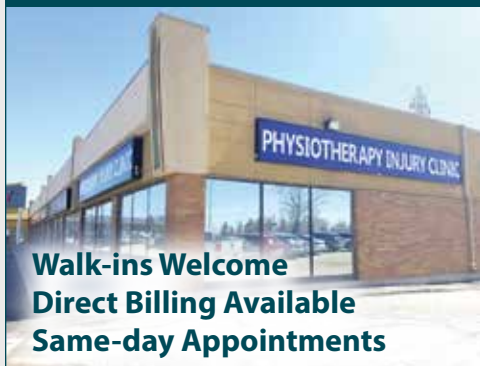
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