



# PARK CITY WEST COMMUNITY CENTRE

NEWSLETTER • SPRING 2020



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## YOUR AD HERE?

Do you own a business in the area? Do you know someone who may benefit from advertising here? This publication is mailed directly to houses in the catchment of the Park City West Community Centre.

If you are interested in placing an ad for the Fall issue, call Lori at 204-218-7267 or email her at [lori@jaemedia.ca](mailto:lori@jaemedia.ca)

## Daniel Blaikie, M.P.

ELMWOOD-TRANSCONA

Proud to Support Park City  
West Community Centre



 204.984.2499  [Daniel.Blaikie@parl.gc.ca](mailto:Daniel.Blaikie@parl.gc.ca)

**Constituency Office:**

207-1111 Munroe Avenue (at Panet Road)

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Park City West Community Centre  
115 Sanford Fleming Road  
Ph: 204-222-1411  
Website: [www.pcwcc.ca](http://www.pcwcc.ca)  
Follow us on Facebook  
This publication has been produced by Jae Media  
Project Manager Lori Kemp

# SPORTS REGISTRATION

ONLINE – FEBRUARY 14 – MARCH 13  
IN PERSON REGISTRATION ON THURSDAY, MARCH 5 AND THURSDAY, MARCH 12  
FROM 6:30- 8:00 PM FOR SUBSIDY APPLICATIONS AND CASH PAYMENTS ONLY

# SAVE THE DATE

ANNUAL GENERAL MEETING – TBD  
VOLUNTEER APPRECIATE DINNER – SATURDAY APRIL 4, 2020 FROM 6:30-12AM  
MICRO SOCCER JAMBOREE – JUNE 20, 2020  
LIKE US ON FACEBOOK TO STAY UP TO DATE WITH CLUB EVENTS



## Book Your Event Now!

Whether it's a small or large event... office or family party... we have the perfect venue!

Our air conditioned, fully accessible gym has a kitchen complete with coffee urn, fridge, stove, freezer, and microwave and ample parking to meet all your venue needs.

All birthday rentals include is a wide variety of sports equipment - basketball, volleyball, badminton, floor hockey, ringette, dodge balls, and lots of extras to make your party so much fun.

Visit our website at [pcwcc.ca](http://pcwcc.ca) under hall rentals for availability and costs.

## Preteen Dance

### Dance Dates:

May 29, Time: 630 pm to 9 pm Cost : \$5.00

DJ, Prizes and Canteen open!!!

Ages: 8-13 year olds

The dance is supervised by parent volunteers (Thank You!)  
Feel free to stay or drop your child off.

Children must be picked up by an adult in the gym at the end of the night! This is for safety reasons.

*\*\*Check website ([www.pcwcc.ca](http://www.pcwcc.ca)) for possible cancellations.*

## Movie Nights – Movies to TBD

April 24, Costs \$5.00 includes Hotdog - Popcorn - Water

Watch for details in the Fall!

## Kyle Johnson Memorial Fund

Park City West Community Club would like to thank the Kyle Johnson Memorial Fund for their ongoing support of Timbits hockey. For that past 3 years, they have supported each Timbits team by providing \$1000 to help offset practice ice fees. Below you will find more information about Kyle Johnson.

Born and raised in Transcona, Kyle Johnson was well known for his athletic abilities and infectious personality. He flourished at most team sports but hockey was his passion. Kyle's dedication to the sport paved way to the Winnipeg AAA Sharks, Manitoba Junior Hockey League St.



challenge? The Integral School's highly qualified teachers can help— with special after-school programs in math and science for gifted kids and kids who are struggling with these subjects. They provide tutoring in math, physics, chemistry, bio, and languages at four Winnipeg locations. Integral school is opening the new mental math program using the Japanese tool ABACUS. Fall registration is now open. Visit [www.integral-school.com](http://www.integral-school.com) or by calling 204-230-9519.

## Zumba

Zumba is a Latin inspired dance fitness program that is moving millions of people towards fitness and joy. Zumba is sometimes referred to as “exercise in disguise” because it combines Latin rhythms and easy to follow dance moves to ...create a one of a kind fitness program. No previous dance experience required. It's all about having fun by feeling the rhythm and beat of the music!!

Zumba is not only great for the body, but it's also great for your mind and soul, improves self-esteem and self confidence! Come find out why Zumba Fitness has become such a fun and uplifting workout! Mondays 7-8pm Email: [vgrycko@shaw.ca](mailto:vgrycko@shaw.ca)

## Taekwondo

Do it as a family or try it as an individual sport. Suitable for all ages, these traditional martial art classes can be enjoyed by people starting as early as the age of five. Offered on Wednesday nights (6:15-7:45pm), the K. Saunders Taekwondo program, is challenging everyone to come and try two FREE weeks of Taekwondo. THINK YOUR UP FOR THE CHALLENGE? YOU HAVE NOTHING TO LOSE! Call or email us to get more information. Phone 204-952-3176 Email: [KSTA.academy@gmail.com](mailto:KSTA.academy@gmail.com)

Boniface Saints and the Saskatchewan Junior Hockey League Melfort Mustangs. His natural talents and amicable personality made him an asset to every team he played on, often propelling him to be a scoring leader in many of the leagues he played. Surrounded by a loving family, Kyle had the tools needed to manage the career of a hockey player. He looked to the future with excitement and anticipation of great things to come. Sadly, at the age of 19, Kyle passed away due to a tragic accident on an annual camping trip with friends.

In honour of Kyle's dedication, sportsmanship and unselfish contributions both on and off the ice, his memory has been kept alive by the establishment of the Kyle Johnson Memorial Scholarship and Community Fund. The fund's main focuses are to provide scholarships to graduating students of Transcona high schools who reflect the same love and dedication for sport and community as Kyle. As well as supporting sports/ recreation activities and nutrition programs to Transcona area youth, providing a foundation to pursue their passions.

In 2016, the 1st Annual Kyle Johnson Memorial Hockey School was held for children who may not have the opportunity to experience hockey or benefit from a hockey school the way Kyle did.

The money for the foundation has been raised by a very successful and fun golf tournament that is held every year at the Transcona Golf Course where people can come to together for a great cause but to also celebrate Kyle and what a truly amazing person he was.

## PROGRAMS:

### Integral School

It is almost the beginning of the school year. Do you feel your kid is struggling with “hard” subjects, or is gifted and needs an extra





## Pilates

Join us for small, quality controlled group classes to strengthen your core, correct your posture and relieve stress and tension. All physical limitations welcome as we modify and adapt all exercises. Pilates is the original NEMEX (Meuro-Muscular Exercise) so there is a profound mental conditioning too. Great for seniors, fall prevention, and injury prevention for athletes too. Call Pilates Manitoba 204-487-2287 or text 204-999-9984. Sign up online at [pilatesmanitoba.com](http://pilatesmanitoba.com)

## Hatha Yoga Class

Tuesdays 9:30-10:30 am

Hatha is an active practice involving muscular flexing and stretching as well as breath control to support movements and postures. The movements are synchronized with the breath making it a strong yet peaceful practice. A standing series will warm the body, as well as challenge and strengthen the muscles and bones. The floor series will take the warm body into deeper stretches and strengthening postures. Energy is awakened through this process and the student is left with a sense of well being.

For more information visit: [kandukayoga.ca](http://kandukayoga.ca) or email: [karlajaneyoga@therapist.net](mailto:karlajaneyoga@therapist.net)



## Message from the President

### IT'S TIME TO STEP UP!!

Can you help out?

Does your child play sports?

Have you skated on the outdoor rinks?

Have you enjoyed using the splash pad or playgrounds?

Has your child attended a Pre-Teen dance?

Have you attended any club event, social, birthday party or team wind up?

If you answered yes to any of these questions, can you lend a hand?

Nothing happens within your community club without the helping hand of a volunteer. Without volunteers your child simply does not play sports. There is no one to convene and organize the league and there is no one to coach your child. Park City Community Club is run entirely by a volunteer board. Everyone of these hard working board members is a parent and a spouse, has a job and a life outside of the community club. But they constantly donate their time and effort to allow your children to play sports and have a safe place to play. Please lend a hand and help us out, we are in dire need to fill several positions within our board. If these positions are not filled, your child may be transferred to another community club, or there may be no team play on.

The following positions are currently vacant:

- 7 & 8 Soccer
- Boys Soccer (9 & Over)
- Girls Soccer (9 & Over)
- Special Event Coordinator
- Softball

If you have any questions please do not hesitate to contact the club.

Thank you.

**Mike Purdy**  
President



## Blades Win Jamboree

This year's Novice Champions are the Park City Blades!

Park City West Community Club hosted its second annual hockey jamboree on January 31 to February 2.

The weather was perfect as 9 teams, from two age divisions, including Park City West, East End CC and East St. Paul participated.

The weekend included a skills competition, awards for player of the game, a fundraising raffle, 50/50, and spectators from all over!!



## U13 Wins A Side Championship

Park city U13 team won A side champs.

## U14 Wins B Side Championship

Since playoffs had not completed at the time of printing the fall newsletter:

Park City aged advanced eleven 13 year old girls to play on the U14 team.

These underdogs managed to battle back in the playoffs to take B side champions 5-1 after only having 2 wins and 4 ties in regular season.

## U13 Girls Win Tricity Winter Snowdown

Congrats to the PCW U13 female team who ended up the champions of the U14 Tricity Winter Snowdown in Fargo January 24-26.

### Board of Directors

President Mike Purdy

Vice President Tabitha Bear

Treasurer Vacant

Secretary Katie Patteson

Registrar Deidre Dowd

Preteen Dance Rachel Almero

Hardball Al Mozel

Hockey - 8A1 & Up

Chris Redekop

Hockey - Female

Jacque Sippola

Hockey - House League

Jared Clarke

Ringette Michelle Zuk

Soccer Director Vacant

Mini Soccer (6 & Under)

Deidre Dowd

Soccer (7 & 8) Vacant

Soccer (9 & Over, Boys) Vacant

Soccer (9 & Over, Girls) Vacant

Soccer (Indoor) Denise Hedlund

Softball Vacant



## **A SPECIAL THANK YOU TO ALL OUR ADVERTISERS**

The Park City West Community Centre wishes to thank the many businesses who purchased an advertisement to make this publication possible. Your ad helped us to defer all costs relating to this newsletter. We value your support and gratefully acknowledge your participation.



**James TEITSMA**  
MLA for Radisson/Député de Radisson

t. 204.691.7976  
james@jamesteitsma.ca



## **YOUR AD HERE?**

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The logo for East Side Self Storage is centered in a white banner. It features the words "EAST SIDE" in a smaller, bold, dark red font above the words "SELF STORAGE" in a larger, bold, dark red font. To the right of the word "SELF" is a stylized icon consisting of a white circle with a keyhole, a green square, and a red square.

**EAST SIDE  
SELF STORAGE**

**STORAGE MADE EASY**



2125 Dugald Road (Corner of Dugald & Plessis) • [www.eastsideselfstorage.ca](http://www.eastsideselfstorage.ca) • 204-222-6248

Office Hours: Monday - Friday 9am - 6pm, Saturday 10am - 4pm