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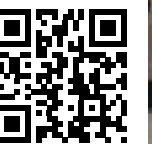
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## PARK CITY WEST COMMUNITY CENTRE

NEWSLETTER • FALL 2015



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Park City West Community Centre

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Project Manager Lori Kemp

Smart phone users can scan the code on the front of the newsletter and be automatically directed to Park City West Community Centre's website.

**WINTER SPORTS REGISTRATION WILL BE FROM:  
AUG 20TH TO SEP 4TH (2 WEEKS)**

**IN-HOUSE SESSION:  
THURSDAY, SEP 3RD AT 5-7PM**

**ANY REGISTRATIONS AFTER SEP 4TH WILL BE ASSESSED A \$50 LATE FEE.**

**[WWW.PCWCC.CA](http://WWW.PCWCC.CA)**

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## Sports Registration

PCWCC Sports registration is done online via our website [www.pcwcc.ca](http://www.pcwcc.ca). Follow the Pointstreak link to create a family account or access your existing family account. Here you can add/edit your family members, register children, sign up for coaching, pay by credit card, and print out your receipt for tax time - all from the comfort of your home! Cash payment arrangements can be made by contacting the office, the registrar or the appropriate sports convener. Please ensure you receive a receipt and keep it for your records.

As I write this, it's hard to believe summer has just begun but we're already in the midst of planning winter sports registration. Hockey season will be here before you know it (along with the snow and cold)! Winter Sports Registration will take place from August 20 to September 4, 2015. A late payment fee will be applied after that date. Information on registration and fees will appear on our website as soon as it is available. Watch our website for dates and times for online and in-house registration.

Did you know we offer a subsidy program for lower income earners? The General Council of Winnipeg Community Centres and their sponsors allow qualifying families to apply for a portion of their sports registration fees to be subsidized. Please contact the registrar or the office to inquire about your eligibility and how to apply. Please note the most recent tax years' notice of assessment for each parent in the home must accompany the application.

Keep checking the website for information on sports registration and other events and announcements at the club.

Cat Schalla  
PCWCC Registrar



## Hockey News

I hope everyone had a great summer! I would like to thank Birchwood FORD for purchasing hockey jerseys for the Midget team last season. There are a few changes/items I would like to bring to everyone's attention. This year Winnipeg Minor Hockey has implemented no body contact at the A3 level for all ages, this was done to reduce the number of children dropping out of hockey when hitting started at 13 years of age. This year TMHA will not be offering a time keeper clinic, any new individuals wishing to time keep will need to go out of the area, the reason for this is because over the last couple of years there are lots of individuals who have taken the course, however, are not able to pick up many games. Reminder Respect in Sport for Parents must be completed prior to registering your child, the course is on line and you will require the ROS number when registering. East End addition is completed and TMHA will be offering a Coaching Clinic through GDI for coaches to learn about creating practice plans, skill development for players and goalies, along with much more! You will need to register on line and the clinic dates tentatively are September 8th and 10th. As always please forward your name in advance if you are interested in coaching a team. Hope everyone has a successful fun season, remember it is a game for the children.

I would like to thank Lorne for all his hard work, ensuring the rinks at Park City were in incredible shape! He has made so many improvements and the ice was second to none! Thank you.

Thank you,  
Darryl Zazula, PCWCC Hockey Convener (8A1 & Up)

## Board of Directors

**Executive**  
**President** - Mike Purdy  
**Vice President** - Mark Fleming  
**Treasurer** - Ken Mann  
**Secretary** - Katherine Patteson  
**Registrar** - Catherine Schalla

**Board Positions**  
**Buildings and Grounds** - Brad Smith  
**Canteen** - Marion Segal  
**Preteen Dance** - Brenda Hrycyk  
**Special Events** - Julie Chapko  
**Volunteer Scheduling** - VACANT



## PCW Wild Cats Rookie Baseball Team

PCW Rookie Baseball team had a very successful year, we only lost one game. We were the Winnipeg Goldeyes Baseball Buddies for the June 15th game.

## Volunteer Appreciation Banquet

**5 Things you didn't know about the Appreciation Banquet:**

"You've been invited"...the opening words of this year's invitation. Many coaches don't attend because they aren't sure how it works or what it will be like. So here is the inside scoop:

1. It's a free dinner: If you coached or managed the previous year you are entitled to a free ticket. This ticket gets you a catered meal, last year we went with Sevela's. This is Park City's way of thanking you for all the hours you put in during the season.

2. Your partner can come too: We sell guest tickets, they are \$10.00. That helps us cover the cost of a few extra plates.

3. We have prizes: Every year we raffle a few small prizes as an extra thank you. It keeps the night interesting and livens things up.

4. Meet and greet: This is your chance to socialize with other coaches and managers. Share success stories and be part of the community. The Park City board members also attend the banquet. Come and get to know

**Conveners**  
**Hardball** - Trent Fettig  
**Hockey - Female** - Krista Ducharme  
**Hockey-8A1 & Up** - Daryl Zazula  
**Hockey House League** - Chris Redekop  
**Ringette** - Aynsley Smith  
**Soccer Director** - Les Kauk  
**Soccer (6&Under)** - Tabitha Bear & Deirdre Dowd  
**Soccer (7&8)** - Liz Hurd  
**Soccer (9&over, Boys)** - Phil VanderAa  
**Soccer (9&over, Girls)** - Ed Davidson  
**Soccer (Indoor)** - Liz Hurd  
**Softball** - Katherine Patteson



your convenor, ask questions and become better acquainted.

5. It's always a good time: This year we had the Jets Playoff game on the big screen projector (Thanks Tim Patteson!) - that was a lot of fun... until they lost! Free food, inexpensive drinks, music and friends make a good combination and guaranteed good time.

Next spring when your email invitation arrives please consider these things and allow us to thank you. Without your support our sports programs would not exist.

Thank You

Julie Chapko  
PCWCC Special Events Co-ordinator

## Volunteers

When you register your child for a sport you will be charged a volunteer fee of \$100 per family. This volunteer fee is refundable upon completion of a three hour volunteer shift at Park City West Community Club. To sign up for your volunteer activity go to the Volunteer Spot Website, choose your activity and sign up. Once you have completed your shift, you will be refunded your \$100 (usually within 2 weeks). If you paid by credit card the \$100 will be credited back to your credit card. If you paid by cash, we will issue a cheque (NB: this may take longer than two weeks) and mail it to you. You can also get your volunteer fee back if you are a coach or are handy with a trade any can spare some time at the club. Volunteer commitments must be completed by March 31 of the year following the date of registration to be eligible for the volunteer refund. For example, if you register for a sport this Fall 2015, you have until March 31st 2016 to fulfil your volunteer commitment. PCWCC is looking for a person to fill the position of volunteer co-ordinator

## 2015 Hockey Manitoba 100th Anniversary Outdoor Series

Hockey Manitoba's 100th Anniversary Outdoor Series was a great success! Eight teams participated on Feb 15, 2015. Special thanks to all our hard working staff and volunteers and to all the teams that braved the cold weather!



## Interview with a REF

**NIK BEAR**

**Interviewer:** So how many years have you been a ref?  
**Nik:** This is my first full season.  
**Interviewer:** What do you like the most about being a ref?  
**Nik:** Honestly-the money!  
**Interviewer:** What do you like least about being a ref?  
**Nik:** Having to go out and ref in the rain.  
**Interviewer:** Do you get nervous before a game?  
**Nik:** Yes  
**Interviewer:** Would you rather play or ref?  
**Nik:** Ref!  
**Interviewer:** Have you ever made a "wrong" call?  
**Nik:** Oh yeah!  
**Interviewer:** What do you do if you make a wrong call?  
**Nik:** Keep playing and remember for next time.

## Fitness Programs

■ Turbo Kick ■ Zumba ■ Taekwondo  
See [www.pcwcc.ca](http://www.pcwcc.ca) for more information

## Hall Rentals

Our recently renovated hall is ideal for any small or large gatherings, such as birthday parties, socials, weddings, showers, meetings, and more.

- Hall Capacity: 250 guests

**Features**

- Air conditioned
- Wheelchair accessible
- Ample parking
- Big Kitchen!
- Sound System
- Sports equipment

*\*Bouncer available for an additional charge*

## Preteens

6:30 - 9:30 pm  
DJ and canteen  
Suitable for 8-12 year olds  
The dance is supervised by parent volunteers (Thank You!) Feel free to stay or drop your child in...

**2015 dances:** Sept 25 , Oct 16, Nov 27 , Dec 11  
**2016 dances:** Jan 22 , Feb 26, March 18 , April 22, May 27, June 24.



## Athletes Corner

**Name:** Morgan McDonald

**Current Team:** Park City Wildcats & WDF Junior 4

**Favourite Number:** 4

**Favourite Sports:** Soccer, Dance, Gymnastics, and Running

**Current School and Grade:** Ecole Centrale; Grade 4

**Favourite Class:** Computer

**Favourite Teachers:** Madame Spark & Mr. Boulley

**Favourite Song:** Uptown Funk

**Favourite Movie:** Diary of a Wimpy Kid Dog Days

**Favourite Actor:** Chandler Riggs

**Favourite TV Show:** American Ninja Warrior

**Favourite Food:** Pepperoni Pizza

**Hobbies:** Dance, Soccer, Gymnastics & Being Awesome!

**Favourite Memory:** Winning Elite Gold and Gold Honours at dance competitions this year. Also, coming in first place in the Divisional Track Meet. I finished first even though my shoe fell off and I had to finish the race carrying my shoe!

# GO WILDCATS GO!





## Mini Soccer Season and Jamboree

Well, another season has come to an end. The 2015 soccer season had 210 registrants for the 6 and under age group. There were twelve 3&4 year old teams and fourteen 5&6 year old teams.

Due to the increasing size of the program we have decided to split the 6 and under program into two programs with a 3&4 convenor and a 5&6 convenor.

I would like to take this opportunity to welcome Deirdre as the newPCWCC 3&4 convenor. I would like to thank the volunteers who, for some of them, year after year agree to volunteer to coach. It's not an easy task to find 26 coaches for all these boys and girls- but these children really appreciate everything you do.

Even if they do not say it now, a few years down the line they will recall the first coach they had that made soccer so much fun. We rely heavily on volunteers to make our soccer program run and without you there would be no program.

Thank you to the Park City staff who helped set the fields for the 3&4's and who worked endlessly around and on the date of the jamboree. Thank you to all the board members and family volunteers who came out to help this day run so smoothly.

The weather was great for the jamboree this year and it seemed like all the little ones enjoyed the activities and, of course, the trophies. Until next year!

Tabitha Bear  
5/6 Park City Convenor



## A “Silver” Medal Win!

The Park City West U16A ringette team will not forget the 2014-15 season anytime soon. This team was made up of young ladies from multiple areas: Transcona (Kaiaira Boyechko, Kathryn Eori, Jordyn Spitula, Jordan Takenaka, Gabby Yakemow); River East (Sarah Boblinski, Georgia Campbell, Laurel Cowley, Meghan Cowley, Brittney Lueck, Cassidy Roberts, Keely Soloway) and North Winnipeg (Averie Allard, Taylor Lentowitsch, Rebecca Melsted, Emily Sinclair). Their season was a successful one - finishing first in the regular season with 14 wins and 2 losses. They were victorious in Provincials which gave them the opportunity to become Team Manitoba and compete in the Western Canadian Ringette Championship held in Calgary during March 26th - 28th.

On the way to Nationals their team increased with the addition of two players - Renee Partyka and Shelby Mitchell. The team trained diligently on and off the ice. Their practices and exhibition games increased and multiple off ice training routines began. Team bonding was very important as full commitment was expected from everyone. Our team was very fortunate to have a wonderful coaching staff (Danielle Edginton, Elise Edginton, Jessica Dudeck, Michelle Dudeck, Tom Mark). Some of the coaches had experienced Westerns in the past and prepared this team to the best of their ability for the way ahead. New friendships were formed and old ones grew stronger as this team pursued their goal of a medal. There was a very short period of time from when this team first became Team Manitoba to when Westerns commenced. The time seemed to fly by. From first picking out “Team Toba” uniforms to the many practice hours to finally seeing the Olympic size sheet of ice they were to play their first game on after walking into the Markin MacPhail Centre at Canada Olympic Park for the opening ceremonies.

With two games per day and a few hours between games their schedule was intense. A win against Team Alberta in the Bronze medal game allowed them to proceed to the Gold medal game against Team BC. With family and friends cheering our team to an amazing Silver medal win. We couldn't be more proud.



It has been quite the experience – one that these young ladies will never forget. Watching this team grow and accomplish what they have has been an experience their family and friends will also never forget. Thanks for the memories.

Jodi and Greg Spitula  
*Proud Parents*

## Upcoming events...

**Halloween Family Fun Night:**  
Oct 24 at 6:30 pm

**Skate and Breakfast With Santa:**  
Nov 29th at 10 am

**Family Movie Night:**  
January 29th

## Open Letter to a Parent from a young referee

Dear Parent,

When I started refereeing...I accepted that I would be the target of ridicule and aggression from time to time. To my surprise, I underestimated the frequency and extent of referee dissent. Sometimes the belligerence and disrespect comes from children as young as 10-years-old. Why does this happen?

Whether you're a volunteer coach, “the snack mom,” a team trainer, or a ball retriever, I've seen you cheering from the sidelines, and it's wonderful. Perhaps you're new to the world of sport, or maybe your little athlete is; regardless, I can tell that you're supportive, you're loving, and you care about your child's athletic experience. During your pep talks on the way to the game you've discussed teamwork, fair play, and listening to the coach, not to mention the magical benefits of oranges at half-time.

But if you haven't talked to your child about the importance of the referee, then you've forgotten something as essential as shin pads.

Now is the time to give your child a positive perspective of the referee so that she, and you, can enter into every competition with an open mind. By modelling responsible behaviour as a spectator, you are well on your way to helping develop your athlete into a respectful player.



Many people associate the “ref,” or “stripes,” with negativity and opposition. However, the next time you feel yourself wanting to share a critical opinion, or your child wants to question the call on a foul, consider this:

The single most important responsibility of the referee, regardless of the players' ages, is safety. No level of competition or time-frame within a match will compromise this detail.

If you wouldn't use insulting language or gestures towards me in a grocery store, please do not use insulting language or gestures at a rink/field/arena/stadium. The context of sport does not change what is appropriate or what should be tolerated, and children should not be led to believe otherwise. As role models to young players, it is everyone's responsibility to demonstrate dignity and respect no matter the venue.

Finally, please remember that referees are human. You've certainly heard this statement before, and it's true. We referees make mistakes within the game. Big or small, we miss offsides, handballs, foul play, and out-of-play. The games are fast and complex, and we ask that you be forgiving. We know when we've erred, and we often wish we could change some of our calls, but just like life the game must go on.

In some ways, being a referee is similar to being a parent. I enforce the rules, ensure safety, teach mutual respect, and grow passion for the game ... sound familiar? Although I'm impartial on the pitch, in at least one way you and I will always be on the same team: we both care about that little player of yours.

Your friend and teammate,  
*The Referee*

**Article courtesy of Active For Life**

<http://activeforlife.com/letter-to-parents-from-referee/>

## Park City is growing & changing...

It has been a very busy start to 2015. As some of you may know, we are in the midst of a large undertaking and upgrading at the club. In conjunction with our Annual General



Meeting in April, an open house was held at the club to advertise and display plans for the upcoming club improvements and to get some ever important feedback from the community. We are happy to say that for those that did attend, all feedback was positive and fully supported our multi-phase development. As it stands today the club enhancements have been separated into three phases and consist of the following:

### Phase 1:

- Construction of a brand new Splash Pad and - new toddle play park
- Resurfacing of the tennis courts
- Introduction of a basketball court into the tennis court area
- Enhanced site drainage
- Improvement to our pathway system
- Enhanced entry to the east side of the community club

### Phase 2:

- The complete replacement and reconstruction of three outdoor rinks including new surfaces for all seasons use
- Enhanced outdoor lighting system

### Phase 3:

- Improvements to the baseball diamond
- Further enhancements to the pathway system

As it stands today, construction of Phase 1 was scheduled to be completed in the fall of 2015. Unfortunately, we have encountered some delays and construction is now slated to begin in the spring of 2016. 100% of funding for Phase 1 is in place. Funding for Phase 2 & 3 remains a work in progress and still needs to be secured. But with applications for several grants underway and with involvement from the federal, provincial and municipal governments we feel we are in an excellent position to secure funding for Phase 2 & 3 as well.

Should all of our plans for Park City West Community Club come to fruition, the look and feel of our community club will be that of a brand new facility in 2016. For more information on the project please feel free to visit the club's web site for more details.



## U9-U18 Boys Soccer

My name is Phil Vander Aa and I have recently taken over as convener for the U9-U18 boys rec program at PCWCC. I have some large shoes to fill. Greg Spitula has been convener for quite a number of years but I look forward to the challenge. Thank you Greg for volunteering countless hours to this program! Also, thank you for helping me out this season.

This year we have five teams in the boy's rec program.

### U9 Boys

U9 is a critical age for development. We have two U9 boys teams this year. They have been focusing on learning how to move and control the ball and learning to play as a team. This is the very foundation on how players develop. Most importantly, we want to make sure the boys have fun at the same time. Coaches are key to ensuring this happens. I want to thank Kent Page, Carmen Helbren, Mitch Lazarenko and Mat Chipman for their dedication to their teams this year!

### U10 Boys

We have one U10 boys team this year. They entered into the Zora cup and placed second in the tournament! The team also entered in the Slurpee Cup put on by Phoenix Soccer Club. While they didn't place in the tournament, they had a lot of fun and gained a lot of experience. Continuing with the Long Term Player Development (LTPD) program, they have worked hard on learning different strategies for team and individual play. Great job boys! Hope to see you again in the fall! Thank you to Luis Conejo, James Hogue, Shawn McChesney and Kristen Hepworth for coaching and managing the team!