



Canada Soccer – C License PEI Soccer Association Delivery



Course Description: The C Licence workshop is the entry level course for the Licensing Stream pathway and prepares the coach to progress to the Development Stream (Children), Development Stream (Youth) or Performance Stream (Senior). The C Licence involves the facilitation of learning opportunities for the coach to develop an understanding of the coaching process.

The C Licence content involves theoretical and practical components focusing on holistic, effective coaching. The workshop covers content including:

- Vision, Mission, Values;
- Understanding the Person, the Practice & the Play;
- Mental Health and wellbeing in coaching;
- Safe Sport;
- The Coaching Process;
- Designing and delivering a training session;
- Introduction to the Principles of Play;
- Developing the individual player;
- Introduction to presentation skills;
- Introduction to the use of technology in coaching;

Candidates will apply the knowledge gained on the course in their club or academy environments prior to delivering a practical session at their club for review. Practical sessions will be submitted via video for review, which will allow coaches to work with their own players in their club environments. Ongoing engagement in the online, in-class and on-field experience is required.

Course Outcomes: Upon successful completion of the C Licence, the coach will be able to demonstrate the competencies associated with designing and delivering an effective and efficient session plan.

The successful coach will have also completed the following:

- Respect in Sport Activity Leader Program;
- NCCP Making Ethical Decisions;
- NCCP Making Headway;
- NCCP Emergency Action Plan (EAP)

Licence Validity: The C Licence is valid for a period of three (3) years. At the end of the 3-year validity period, the C Licence may be renewed by following the Canada Soccer Maintenance and Renewal process.

Target Candidate: The target candidate for the C Licence is currently coaching players and has a desire to further their knowledge and skills in coaching.

Admission Criteria

- Currently in or seeking a coaching role;
- Endorsement of Provincial/Territorial Member Association and current club/academy;

Admission Process: PEI Soccer Members/Coaches can register [here](#)

Course Fee: No cost for members of the PEI Soccer Association.

C License Course Dates

DATE	TIME	Module	TOPIC	LEARNING	Location
Friday, February 11	7:00pm	Intro	Course Outline	Synchronous	Zoom call
Friday, February 11		Module 1		Asynchronous	Online - independent
Friday, February 11		Module 2	Understanding the Game	Asynchronous	Online
Friday, February 18		Module 3	Session Design	Asynchronous	Online
Saturday, February 19	TBD	Module 2			On field or online
Friday, February 25		Module 4	4 moment player	Asynchronous	Online
Sunday, February 27	TBD	Module 3			On field or online
Friday, March 4		Module 5	Warm Up and Goalkeeper	Asynchronous	Online
Saturday, March 5	TBD	Module 4			On field or online
Friday, March 11		Module 5	1v1 Attacking	Asynchronous	Online
Saturday, March 6	TBD	Module 6			On field or online
Friday, March 25		Module 7	1v1 Defending	Asynchronous	Online
Saturday, April 2	TBD	Module 7			On field or online

**There are on field components to this course. Depending on Covid restrictions the on-field dates may need to be rescheduled.