

# RETURN TO SOCCER

February 4, 2022

Return to Play, Soccer PEI has been working with the Chief Public Health Office to better understand and clarify guidance around a positive COVID-19 case and close contacts as it relates to sport and recreation.



## COVID-19 POSITIVE

**Information for people who have tested positive for COVID-**

**19:** <http://www.princeedwardisland.ca/testedpositive>

**COVID-19 POSITIVE:** Should a member of a team test positive for COVID-19 they should:

1. Isolate immediately
2. Contact PEI Soccer immediately. Peter Wolters [admin@peisoccer.com](mailto:admin@peisoccer.com) & Jonathan Vos [jvos@peisoccer.com](mailto:jvos@peisoccer.com)
3. PEI Soccer will work with the individual to contact all close contacts involved in the soccer program.

\*Due to legality and privacy concerns, no names need to be circulated outside of the team. Simply advise of the association, team impacted and date of positive test.

## CLOSE CONTACT

**Information for people who are considered a close contact:**

<https://www.princeedwardisland.ca/en/information/health-and-wellness/covid-19-close-contacts>

**CLOSE CONTACT:** What is considered a close contact? **During** someone's infectious period, a close contact is someone:

- You had face to face interaction for at least 10 minutes, including 10 minutes in total over a 24-hour period (this means including total minutes added up over a 24-hour period, e.g. 2.5 min + 2.5 min + 2.5 min + 2.5 min over the span of a practice).
- Were within 2 meters (6 feet) indoors for at least 10 minutes,
- You were hugging, touching, kissing, coughing or sneezing near,
- Who provided care to you at home.

\*If both individuals wore an appropriate well-fitting mask properly for the duration of the interaction (or at minimum the case), this wouldn't be considered a close contact situation. An appropriate mask would be a three-layer non-medical mask that includes a filter layer, a medical mask, or a respirator.

\*\*Any player partaking in a session with a positive case will be considered a close contact.

## MINIMIZING RISK

**MINIMIZE THE RISK OF TRANSMISSION AND MINIMIZE WHO IS CONSIDERED A CLOSE CONTACT:** The general measures for limiting transmission of COVID-19 in a sport or recreation setting would be the same as the general population. Steps that limit transmission would also limit who would be considered a close contact. General measures that could be taken to mitigate risk of transmission and who is identified as a close contact would include:

- Not attending if not feeling well and getting tested if symptoms of COVID-19,
- Wearing a well-fitted three-layer mask including a filter layer wherever you can, entering and exiting the building, team meetings, and during activities that require minimal exertion (e.g. some activities with younger children, some drills, activities like curling)
- Maintain distancing

- Keeping groups small and consistent for activities involving closer contact (e.g. close contact drills in consistent pairs or small groups), and
- Gather outdoors rather than indoors.

CPHO understands that these measures will have impact on our operations, and they do anticipate that these measures are temporary, will be adjusted and expected to ease in the coming weeks.