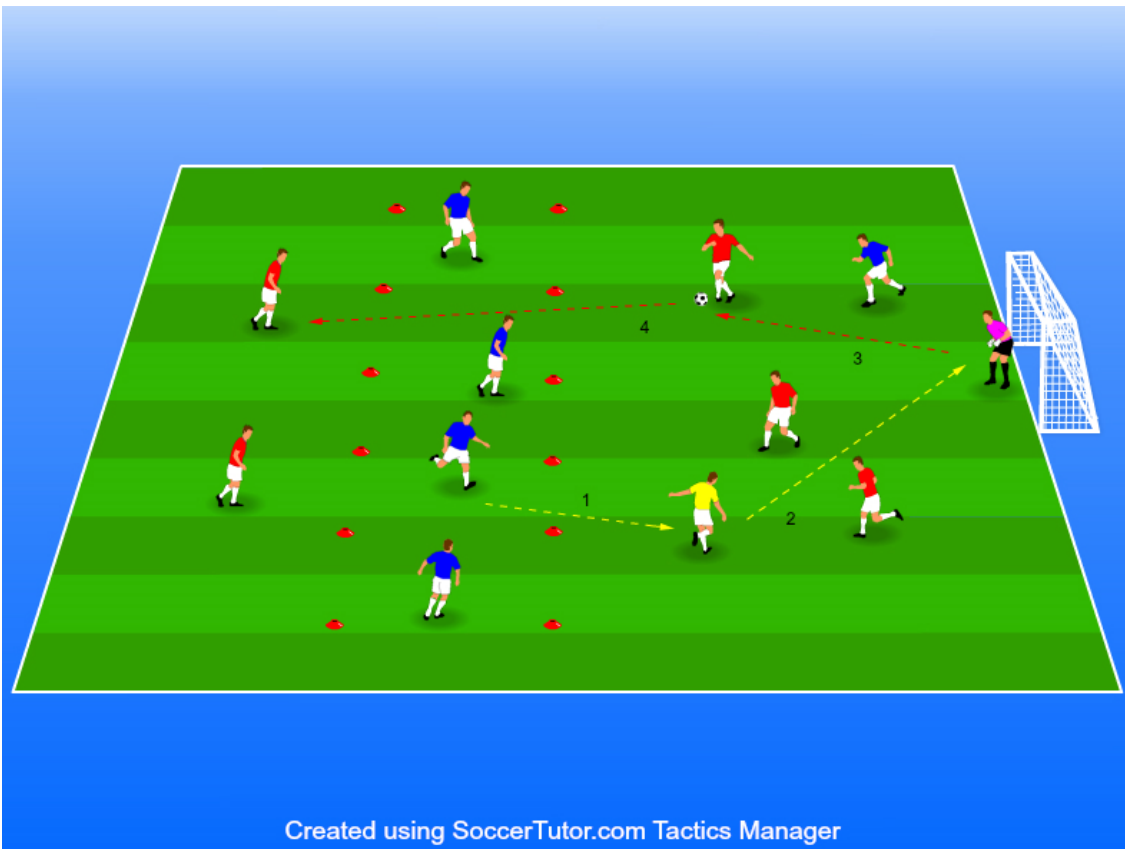




# Tactics Manager

## Defending vs Penetrating pass



<b>Date:</b>	27/May/2021	<b>Measurement:</b>	10 x 10
<b>Time:</b>	N/A:N/A	<b>Players:</b>	0
<b>Duration:</b>	N/A	<b>Level:</b>	U11 - 18+

### Objective:

### Description:

Four blue players locked inside the zone and support blue and yellow neutral players. They can all score on goal. Three red defenders + GK are trying to win possession and pass through the defensive line to the two red target players.

When three reds + GK win possession ONLY blue players can defend.

Yellow neutral is only involved when blue have possession.

Rotate players after set amount of time.

### Coaching Points:

Defending:

Closest ball press / Cover behind pressing player

Compact - reduce space / Communication - related to ball & players

Mental: Defenders in zone alert to defensive transition

Attacking:

Overload - 3v2 - find open player / Play forward - body shape open

Quick ball movement to unbalance defenders

Target Players move between defenders in the gaps

### Progression: