

## POSITION SPECIFIC PLAYER PROFILE

# GOALKEEPER #1



### TECHNICAL

- Ability to catch or parry/punch
- Deal with 2nd save
- Comfortable with low, medium & high save
- Strong in 1v1s to dive or block with good shape &/or force into wide areas
- Ability to deal with cross balls to catch or punch under pressure into transition
- Good distribution with feet short to long range with both feet
- Ability to play from hands to half & comfortable with side volley

### PHYSICALITY

- Ability to jump off of 1 or both feet for cross-balls
- Ability to cover 4 corners of goal – low drive to top corners
- Quickness off the line – ability to deal with balls over the top
- Decision making – quickness to react
- Ability to win physical duels – 1v1s, cross balls
- Strength to block – strong wrist/arm
- Power/range of distribution – roll out, long throw & over half

### TACTICAL

#### OUT OF POSSESSION

- Communication - Coach 1st defender & cover
- Organize set pieces
- Organization of defenders & central MF to press
- Positioning - Support and always be available
- Decision making- balls in behind / into box under pressure

#### IN POSSESSION

- Communication = Team organization / Support
- Positioning = Support play
- Distribution = Team are set /Quick transition

### CHARACTER

- Will/desire to avoid goals
- Motivated & driven to achieve success
- Excited to be challenged – comfortable being uncomfortable
- Resilient in defeat & disappointment (conceding /mistake)
- Aggressive in 1v1s
- Confidence, Composure and Courage
- Good game understanding & concentration levels