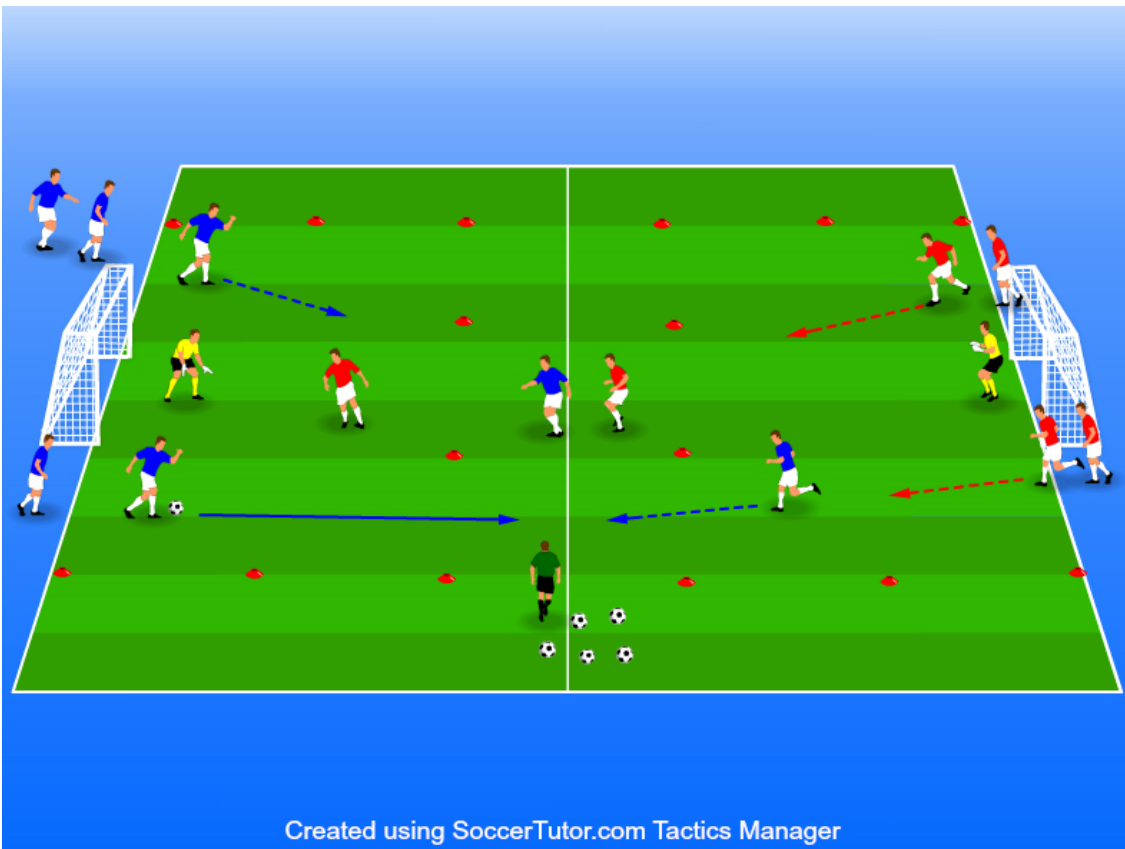




Tactics Manager

Playing through the lines



Created using SoccerTutor.com Tactics Manager

Date: 10/Jan/2022

Measurement: 30 x 40

Time: N/A:N/A

Players: 14

Duration: N/A

Level: U11 - 18+

Objective:

Description:

1. Divide players into two teams 2. Blue team two lines either side of goal 3. Red team two lines either side of goal 4. 2v1 outside zones & 1 red and blue in central zone Coach choose team to pass ball. First two players each team at goal line enter play Team in possession must pass through central zone into final zone to score. FW can drop into central zone - 2v1 Player in central zone join FW in final zone - 2v2 one attacking player in first zone can dribble through central zone into final zone to join FW. Rotate players after each phase is over

Coaching Points:

Attacking 1. Player habits - Vision, Positive forward play, body shape open 2. Find the free player in central zone 3. Switch play quickly to play forward 4. Decision making (pass or dribble) 5. Movement off the ball to create space 6. Player in central zone receives cannot turn - support to play forward

Progression: