



### 3v2 - 3v3 - shooting



Date:	10/Jan/2022	Measurement:	30 x 40
Time:	N/A:N/A	Players:	14
Duration:	N/A	Level:	U11 - 18+

## **Objective:**

# **Description:**

- 1. Divide players into two teams.
- 2. Each team in two lines either side of their goal.
- 3. one player from each team at halfway line with a ball

Both players at halfway line shoot at goal.

IF one of the players at halfway score or has the best attempt in coaches opinion (blue) the coach then passes a ball to their team to attack the red goal. The blue player who shot from half also joins the two attackers.

Two red defenders come out to create a 3v2.

The red player who shot from half can only enter play if red team win possession to create 3v3.

## **Coaching Points:** 1. Shoot early

- 2. Use overload to find free player to create shooting opportunity
- 3. Player habbits Vision, Positive forward play, receiving to shoot

## **Progression:**