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## **Prince Edward Island Soccer Association**

### **Player Development Centre Program Description**

**Target Age Groups:** U12 & U14

**Program Duration:** November – March

**Program Offered Two (2) Locations:** Stratford Indoor Complex and Summerside Dome

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### **Program Overview**

The PEI Soccer Association (PEISA) Player Development Centre is a high-performance training initiative designed to support the development of U12 and U14 players across the province. This program replaces the former Provincial Program and aligns with the Canada Soccer Player Development Model, focusing on long-term athlete development and holistic growth.

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### **Program Phases & Timeline**

<b>Phase</b>	<b>Timeline</b>	<b>Details</b>
<b>Open Tryouts</b>	First Weekend of November	For players not nominated by their Club Technical Directors.
<b>Assessment Phase</b>	November – December	1 session/week for 6 weeks. Evaluation based on the 4 pillars of soccer.
<b>Training Phase</b>	January – March Break	2 sessions/week. Focused development for selected players.
<b>Club Transition</b>	Post-March Break	Players return to train with their clubs for the summer season.

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### **Application & Selection Process**

- Interested players must submit an application to be considered.
- PEISA will collaborate with Club Technical Directors to review applications and assess player readiness.
- Players not nominated by their club may attend the open tryout session during the first weekend of November.



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## Evaluation Criteria

During the Assessment Phase, players will be evaluated across the Four Pillars of Soccer Development:

- **Technical** – Ball mastery, passing, shooting, and control.
  - **Tactical** – Game understanding, positioning, decision-making
  - **Physical** – Agility, speed, endurance, and strength
  - **Mental** – Focus, resilience, attitude, and coachability
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## Program Leadership

The Player Development Centre is led by the **PEISA Technical Director** and supported by **coaches from PEIFC**, ensuring a high standard of instruction and mentorship throughout the program.

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## Program Costs

Component	Cost	Details
Fall Assessments	\$120	Includes 6 weekly sessions and player evaluation
Training Sessions	\$350	Covers January–March training (2 sessions/week)

*Players selected for the Training Phase will be notified in December and invoiced accordingly.*

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## Interprovincial Exhibition Matches

PEISA will coordinate exhibition matches with teams from **New Brunswick and/or Nova Scotia** to provide valuable competitive exposure.

- **Travel & Lodging:** Expenses related to travel, accommodation, and meals for exhibition games are **not included** in the program fees and will be communicated separately to participating families.



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## **Program Goals**

- Provide a structured, high-quality training environment for emerging players
- Ensure alignment with national development standards
- Foster collaboration between PEISA and local clubs
- Prepare players for advanced competition and long-term success

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## **Communication**

PEISA will maintain regular communication with Club Technical Directors throughout the program to ensure transparency and alignment in player development.

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