



Tactics Manager

Passing & receiving (find the free player)



Date: 14/Jun/2021

Measurement: 10 x 10

Time: N/A:N/A

Players: 0

Duration: N/A

Level:

Objective: PASSING & RECEIVING

Description: Set up: 8 cones 3 balls 4 players Set up a 15x15 yard square using the cones. One player at each cone and one player in the middle of the square who is the main focus of the drill. A player on outside passes to the middle player who then has to turn and pass to a free player that does not have a ball.

Middle player works for 2-3mins then rotate with an outside player and so all players have been in the middle.

Coaching Points: Weight and accuracy of pass
Angle of player and pass
First touch in direction of next pass
Communication from outside players to middle player
Quick movement to a free cone (see progression 2 & 3)

Progression:
Progression 1:
Add a third ball so middle player only has one passing option.
Progression 2:
Middle player HAS to move to a free cone before receive the pass
Progression 3:
Middle player moves to a free cone to receive the pass and outside player who makes the pass now moves to a free cone