



Lauren Clark (Development Coach)

Coaching experience

2022 Canada Games Apprentice Coach, Women's Soccer
2021 PEIFC U17 Girls Assistant Coach
2020 PEI U16 Girls Provincial Head Coach
2020 PEISA Summer Student/Coach Position
2019 PEI U15 Girls Development Coach
2014-2016 WCRFC Youth Minis Soccer Coach

Highlights

As much of my coaching experience has taken place throughout the COVID-19 pandemic, I am looking forward to future tournaments, travel, and full ability for players and coaches to engage in a real soccer season. With that being said, a huge highlight has been having a role with the Canada Games Women's Soccer team, and getting to help and participate in the players' journey to the Summer Games. UPEI Women's Soccer:

- Team Captain 2020-Present
- AUS Second-Team All-Star, 2021
- Barb C. Mullaly Memorial Athletic Award Recipient, 2020
- Alumni Athletic Fellowship Recipient, 2020 & 2021
- Athletic Financial Award Recipient, 2017-2021
- Canada Games Team Member, 2017
- Provincial Team Member, U13-U18 (2011-2017)
- Team Atlantic Member, 2014
- Colonel Gray Women's Soccer MVP, 2015 & 2016

Winsloe Charlottetown Royals FC (WCRFC):

- Scholarship Recipient, 2017
- U18 Club Nationals, Charlottetown, PE
- U16 Club Nationals, Kamloops, BC

Why I coach

I coach for the people, the community, and for my passion for soccer. PEISA has been a program that has greatly impacted my life as not only a soccer player, but as a person in general. I am grateful to be able to give back to a program that has given so much to me. Interacting with players, coaches, and everyone else involved is something I genuinely love to do.

I believe that our physical and mental well-being go hand-in-hand, and having a coaching position allows me to help young soccer players (or young people in general) engage in healthy habits, may they be physical, mental, or social.