

U23 PEIFC Soccer Program Guide (2026)

Program Overview

The U23 PEIFC Soccer Program is designed for current and aspiring university and college players to maintain and elevate their level of play during the off-season. This high-performance program runs from **April to August**, with **assessments held the first two weeks of April**.

Both **male and female teams** will be formed, offering elite training and competitive opportunities throughout the winter and summer seasons.

Key Dates & Structure

Phase	Timeline	Details
Assessments	April	Player evaluations for team selection
Summer Season	May – July	Compete in both the NBSPL (New Brunswick Soccer Premier League) and PEISL (Prince Edward Island Soccer League)

Training & Development

- **2 practices per week**
 - Led by the **Head Coach** and **PEISA Technical Director**
 - Focus on technical refinement, tactical awareness, and physical conditioning
 - Practices will be early morning - 6am to allow players to work summer jobs during the day and evening.
- **Match play** in competitive leagues to ensure high-level development
 - NBPSL games will be played on the weekend with travel required to Fredericton, Saint John, and Moncton.
 - Some Moncton games may be played on a weekday.
 - PEISL games are played during the week.
- **University/College player support:** Maintain peak performance and readiness for varsity seasons

Program Costs

Season	Fee	Notes
Summer	\$750	Includes league participation, training, uniforms, and coaches
Travel Costs	Variable	Additional costs for transportation and accommodations during away games

Payment plans and financial assistance may be available. Contact PEIFC for details.

Who Should Join?

- Current university or college players looking to stay sharp in the off-season
- Graduating high school players preparing for varsity soccer
- Athletes seeking elite-level coaching and competition

Next Steps

- Commit to full-season participation (April-July)
- Prepare for a high-performance environment with a focus on development and exposure

Contact Information

For more details or to express interest:

- **Email:** admin@peisoccer.com
- **Website:** www.peisoccer.com
- **Social Media:** Follow PEIFC on Instagram, Facebook, and Twitter for updates