

WHITECAPS PRE-PROSPECTS PROGRAM INFORMATION

OPEN TO PLAYERS BORN IN 2009 & 2010

Phase 1 - November – December (Fall schedule link on Whitecaps webpage)

- Program Fee \$180
 - 12 sessions(2/week)
 - Location #1 – Indoor Soccer Complex, Stratford @ \$180
 - Location #2 – Elm Street School, Summerside @ \$80 for 6 sessions
- Location #2 will only be available if public access to School facilities has been approved

Phase 2 – January – March (optional) (Winter schedule link on Whitecaps webpage)

- Program Fee \$220
- Location #1: Indoor Soccer Complex, Stratford – 18 sessions - 2/week @ \$220
- Location #2: Summerside(Elm Street School) – 9 sessions - 1/week @ \$120

*Summerside players have the option to attend Sunday sessions in Stratford for an extra \$80.

Phase 3 – April - May Players must attend Phase 1 to attend Phase 3.

(Spring schedule link on Whitecaps webpage)

- Program Fee \$80
 - 6 sessions @ Indoor Complex
 - Jamboree - NB *Technical staff & coaches will **SELECT 16 Boys and 16 Girls to attend.**
- Player expenses (travel and meals) for Jamboree is not included.

The Pre-Prospects program has four key components:

1. **Skill/Technique** (dribbling, passing and receiving)
2. **Basic tactics** (Movement, 1v1 attacking and defending)
3. **Mental** (competitiveness and passion for the game)
4. **Athletic development** (Coordination, balance, speed and agility)

Practices will include game related drills and small sided games.