

POSITION SPECIFIC PLAYER PROFILE

WING FORWARD #7/11



TECHNICAL

1st touch: Dynamic threat, positive, ability to receive both standing or at top speeds, comfortable receiving in tight space on either foot, consistent ability to protect the ball & move defender w 1st touch.

Passing: Incisive passing ability short –medium, appropriate weight key for quick combinations with FW/ACM/CM

Dribbling: Ability to keep close control while driving at top speeds using a variety of feints or powerful direct movements to consistently unbalance defenders.

Heading: Technically Sound heading in critical areas (Scoring Goals) Timely movements in final third to meet crosses. Ability to head the ball w control back across to create scoring opportunities.

1 v 1 defending: Ability to quickly close down defenders and provide great pressure high up the field. Industrious & determined defender.

1 v 1 attacking: Ability to quickly move past & beat defenders by using and combining physical movements, small touches, hesitations or dynamic pushes into space.

Crossing: Consistent delivery of curling, cut back or driven crosses into dangerous areas.

Shooting: Precision in front of goal, ability to test GK's from distance with power.

PHYSICALITY

Acceleration: Quickly takes space and eliminates defenders gaining positive ground on OPP, provides dangerous dynamism on & off ball.

Speed: Constant unbalance of OPP. Ability to get up & down the field stretching and pulling defenders.

Endurance: Relentless probing runs into final third, consistently creating width & depth but can also recover to provide defensive support/shape in defending transition. Movements is conducted at consistently high speed

Agility, balance, & co-ordination: Forceful, dynamic movements under great control to create separation and unbalance in defenders

Functional strength & power: Resilience to endure a great deal of physical contact and come out with ball or break away from situations consistently.

Reaction & quickness: Quickly exploits opponents IP. Consistently reacts (& acts) quicker than opponents in the four moments of the game

TACTICAL

Positional discipline: IP - Patience and timing of movements, ability to recognize when width & depth is needed to stretch OPP but also timing of decisive penetrating and diagonal movements to attack space behind. OOP defending high, dropping back, tucking in, tracking - game plan.

Vision & awareness: Dangerous movements off the ball, consistently creating space, penetrate movements and threatening space behind back four.

Transition (att): Excellent early recognition of ATT transition moments

Transition (def): Sharp & proactive reading of DEF transition moments

Decision making IP (ball carrier): Intelligent recognition of situation, Isolated 1 vs1 & go or quickly looks to combine in tight areas when defenders have support.

Decision making IP (support): Active movements off ball to create space, penetrate, threaten or combine.

Decision making OOP (1st def): Quickly takes away space high up the field. Provides great pressure on ball carrier.

Decision making OOP (2nd/3rd def): Supports pressure high up the field, tucks in to support centrally or tracks back to collapse and support FB

Role & responsibility: Dangerous, consistent threat to OPP – Support & defend within team plan.

Game management: Good recognition of patterns or moments within the game, (Slow it down, speed it up) Throw ins are also important within role

CHARACTER

Positive behavior: consistent outward projection of positivity, acts in a constructive manner that benefits the team regardless of game situation

Effective communication: communicates effectively with team-mates and coaches, chooses appropriate delivery of the right information at the right time with maximum effect

Coachable: receives and implements feedback effectively from team-mates and staff before, during and after the game

Emotional control: able to channel and utilize emotions in the best interest of the team, never acts selfishly and expresses emotion that negatively affects team performance. Manages the 'highs' and 'lows' of the game

Competitive: unwavering passion and desire to compete at the highest level regardless of opponent &/or game situation, gives 'best' effort always

Self-motivated: doesn't rely on external motivation. Mentally and physically engaged and 'ready' for challenge. Always gives best effort

Confidence: High self confidence and personal belief, consistently believes in 1 vs 1 situations, composed, relentless, ruthless in final 3rd.