

# Phantom Lake Soccer Club Rules and Regulations

2023



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*SPORTSMANSHIP AND FUN: These are the priorities of the Soccer Club. All players should be played as equally as possible and in an environment that is harassment-free. You are urged to caution your children that verbal/physical abuse of players, coaches, teammates, referees will not be tolerated. Unsportsmanlike behaviour will be dealt with immediately.*

# Rules and Regulations

## PHANTOM LAKE SOCCER CLUB

### 1. AFFILIATION

1.1. Phantom Lake Soccer Club (PLSC) shall be affiliated with the Manitoba Soccer Association (MSA) and as an associate member of SSA.

1.2. PLSC will, at minimum, maintain its status as a Quality Soccer Provider (QSP) as governed by Canada Soccer Association.

### 2. FEES AND FINANCES

2.1. Members shall pay to PLSC as per the registration deadline, a registration fee as determined by PLSC for each member registered with the club. If a player is new to the club, they will be allowed to try soccer for 1 week, but will not receive a jersey until they have decided if they will continue to play, have paid registration fees, and provided post dated cheques for volunteering and jersey deposit.

2.2. PLSC shall pay to MSA an annual fee as per MSA requirements

2.3. PLSC shall pay SSA the associate club fee as per SSA requirements.

2.4. Fees will be voted on at the AGM as a By-Law.

2.5. PLSC will allow cash, bank draft, and post dated cheques for volunteer and jersey deposit. Cash and bank draft refunds will not be entertained until after September 30.

2.6. REFUND POLICY: Refund requests are emailed to the Phantom Lake Soccer Association. All refunds will be reviewed by the board. Refund requests will be minus MSA Insurance Fee, registration association fee, and time on the field.

### 3. AGE GROUPS

- U19 - player becomes 19 or 18 years of age during the current year
- U17 - player becomes 17 or 16 years of age during the current year
- U15 - player becomes 15 or 14 years of age during the current year
- U13 - player becomes 13 or 12 years of age during the current year
- U11 - player becomes 11 or 10 years of age during the current year
- U9 - player becomes 9 or 8 years of age during the current year
- U7 - player becomes 7 or 6 years of age during the current year
- U5 - player becomes 5 or 4 years of age during the current year

## 4. REGISTRATION

4.1. All players must be registered on age appropriate teams approved by PLSC.

4.2. Proof of age shall be the responsibility of the club registrar each year. New registrations will require a visual validation of date of birth. Any discrepancies must be brought to the board's attention.

4.3. Players must be registered and fees paid before they are placed on a team. If a player is new to the club, they must let the division coordinator know that they are participating in the 1 week trial membership

4.4. Registration will open in February

## 5. TRANSFERS

5.1. Transfers between divisions and teams will be dealt with on a case-by-case basis at the board's discretion.

## 6. CALL UPS

6.1. The club may occasionally utilise the services of a player registered in a lower Division when there are not enough players for the game.

6.2. Division coordinators will collect the names of players that would like the opportunity to be called up. The names and numbers will be forwarded to the coaches of the higher division.

6.3. Coaches will use this list to make call ups and will make every effort to call the players on an equal basis.

6.4. Permanent call ups are not permitted without board approval.

6.5. No player shall be permitted to advance to a higher age group for play unless he/she has been formally registered with PLSC.

6.6. Players must request and be approved to play in a lower age group.

## 7. SEASON

7.1. The indoor season will begin in April. Watch all social media for updates.

7.2. The outdoor season play begins in May-weather dependent. Watch all social media for updates.

## 8. MATCH SCHEDULES

8.1. The Club shall be responsible for scheduling games in the league.

8.2. Each year this information will change based on membership numbers. Fields of play and finalised divisions will be announced prior to league start-up.

- U5 (Bumblebees) plays: TBD
- U7 (Squirts) plays: TBD
- U9 (Division1) plays: TBD

- U11 (Division 2) plays: TBD
- U13 (Division 3) plays: TBD
- U15 (Division 4): TBD
- U17 & U19 (Division 5): TBD

8.3. All games shall be played as scheduled unless the Division Coordinator has declared a field to be unplayable. The President or Division Coordinator in consultation with the executive shall be the only authority to determine if a game shall be postponed due to weather and/or field conditions. In this event, the coordinator shall arrange a new date. Game cancellation notifications will include CFAR, school announcements, Facebook, and website. Also, Division Coordinators will send out an email to parents of players in the division

8.4. All games shall be played in conformance with the C.S.A./MSA Code of Conduct.

## 9. SUBSTITUTIONS

9.1. There may be unlimited substitutions in all games at any stoppage of play

9.2. No substitution is allowed to replace a player who has been ordered from the field of play for misconduct.

## 10. TEAM PREFERENCES

10.1. Team preferences will be assessed by sending a request to the board at the beginning of the season. Only family preferences will be considered.

## 11. WIND UP AND CUP COMPETITIONS

11.1. All games shall be played in conformance with the MSA Code of Conduct, and Canada Soccer's Long Term Player Development Plan.

11.2. Points will be awarded as 3 points for a win, 1 point for a tie, 0 for a loss. Tiebreakers in league play or playoff competition will be applied under the direction of the Division Coordinator.

11.3 Schedules will be as outlined in the [Windup Tournament Rules](#).

## 12. REFEREES

12.1. Referees for all league and playoff games shall be appointed by the Club and by the Referee Coordinator.

12.2. The referee shall have complete authority over the playing of any game. No person shall interfere with the referees in carrying out their duties. Any infringement of this rule may be reported by the referee to the referee coordinator of the Club, and the Club shall have the right to deal with the matter to the fullest extent of its power, including suspension of players, coaches or parents, awarding of the game, or referral to civil authorities.

12.3. Any team official or Club member may file a request to the Referee Coordinator of the Club for an evaluation or re-evaluation of any referee.

12.4. In recognition of the contribution of competent refereeing to the game of soccer, the Club and its members shall strive to provide the most competent refereeing as possible, by means of training programs and a system of accreditation to be recommended by the Referee Coordinator and approved by the Executive, including the making of arrangements with the Manitoba Soccer Association.

12.5. Referees shall be accredited, if possible. All efforts will be made for the referee to be at least two years older than the age level of the teams they referee.

12.6. Referees will be paid by the Club per game at a rate set by the Board.

## 13. COACHES

13.1. As a quality soccer provider (QSP), PLSC coaches are required to have the

- Completion of an up to date Criminal Record Check with Vulnerable Sector (expires every 3 years).
- Completion of an up to date Respect in Sport for Activity Leaders course (expires every 5 years). Can be completed online at <https://www.sportmanitoba.ca/coaching/respect-in-sport/>
- Completion of the appropriate Canada Soccer Grassroots coaching course for the age/stage they are coaching.
- Be registered with Phantom Lake Soccer Club
- Be registered as an outdoor coach with the Manitoba Soccer Association, [https://msa-manitobasoccer.goalline.ca/register.php?reg\\_form\\_id=40876](https://msa-manitobasoccer.goalline.ca/register.php?reg_form_id=40876)

13.2. The Club leaves the assignment of league coaches to the Division Coordinators.

13.3. Training and certification requirements will be organised by the Technical Director.

13.4. The conduct and qualifications of coaches will be governed as outlined in [Canada Soccer Long Term Development Strategy](#) or may be issued by the Club Executive Committee at any time.

## 14. BOARD MEMBERS AND VOLUNTEERS WHO INTERACT WITH YOUTH

14.1 All board members and volunteers who interact with children will be required to complete their Respect in Sport for Activity and Criminal Records Check with Vulnerable Person. These items must be submitted to the Technical Director.

## 15. PLAYER SAFETY

[15.1 Commitment to Safety](#)

[15.2. Guidelines for Appropriate/Inappropriate conduct between adults and children](#)

### 15.3. Rule of Two

### 15.4. Reporting inappropriate conduct

### 15.5. PLSC policy for a safe environment for all members and volunteers.

15.6 Picture policy- players' pictures will be taken on field for sponsors, the PLSC website and facebook page. If you do not wish to have your child's image posted you need to notify the board in writing. In the event you do not wish for your child's photo to be published, your child's face will receive a "sticker" or blurred image over them.

## **16. EQUIPMENT**

16.1. All players must have shin guards and the guards must be completely covered with long socks. Soccer shoes are recommended but runners are fine. No sandals will be allowed on the field. The soccer club will provide soccer jerseys. Jewellery and all body piercings must be removed before playing. These cannot be worn or taped over, with the exception of Medic Alert tags. If your child does not have the proper equipment or comply with the rules, they will not be allowed to play.

16.2. A jersey deposit of \$100 per family is required before jerseys will be distributed. This cheque is to be post-dated to July 1 of the current year.

## **17. DISCIPLINE**

17.1. Discipline will be carried out as per the FIFA Laws of the Game.

17.2. If, at any time during the season, your child has any problems, speak to your coach first. If it is not resolved, contact the Division Coordinator. If you still don't receive the information you are looking for you can contact the president at [presidentplsc@gmail.com](mailto:presidentplsc@gmail.com), or write to the Phantom Lake Soccer Club Executive at Box 84, Flin Flon, MB R8A 1M6.

- U5 (bumblebee) - [squirtsplsc@gmail.com](mailto:squirtsplsc@gmail.com)
- U7 (squirts) - [squirtsplsc@gmail.com](mailto:squirtsplsc@gmail.com)
- U9 (Division 1) [div1plsc@gmail.com](mailto:div1plsc@gmail.com)
- U11 (Division 2)- [div2plsc@gmail.com](mailto:div2plsc@gmail.com)
- U13 (Division 3) - [div3plsc@gmail.com](mailto:div3plsc@gmail.com)
- U15 (Division 4) - [div4plsc@gmail.com](mailto:div4plsc@gmail.com)
- U19/U17- [div5plsc@gmail.com](mailto:div5plsc@gmail.com)

## **18. PENALTIES, PROTESTS AND APPEALS**

18.1. All games shall be played in conformance with the MSA Code of Conduct.

18.2. Protests and appeals arising from events associated with games played under auspices of the Club shall first be dealt with by the Club within seven (7) days, with the right of appeal to the MSA Discipline Committee.

18.3. The PLSC By-Laws rules governing appeals procedure shall govern appeals



from and within the Association.

18.4. The Club Discipline Committee shall administer the MSA Code of Conduct, undertaking hearings and applying the penalties specified herein.

## 19. UNABLE TO ATTEND A GAME

19.1. If your child cannot attend a game, the coach must be notified a minimum of one hour prior to game start so the coach can make call ups.

## 20. FIELDS

20.1. All vehicles must be parked in designated areas. Vehicles are not allowed to stay beyond 11pm on the participant's game day. Vehicles not removed will be towed at the owner's expense.

20.2. In case of bears, wildlife, and lightning in the area, coaches and parents are responsible for removing the kids to a safe location.

## 21. SMOKING/VAPING/SUBSTANCE ABUSE

21.1. The soccer areas are non-smoking/non-vaping/non-substance areas. Do not smoke/vape or abuse substances on or near the fields or stands.

## 22. PETS

22.1. Pets are not allowed on the soccer pitch or sidelines any time PLSC players are present.

## 23. SUPERVISION

23.1. It is the responsibility of the parents to ensure there is constant supervision at all games.

## 24. VOLUNTEERING

24.1. If you have signed up for volunteering and have not completed your volunteer hours by June 30, it is your responsibility to contact the volunteer co-ordinator at [phantomvolunteer@gmail.com](mailto:phantomvolunteer@gmail.com) about fulfilling your volunteer hours. **Volunteering is required for all families registered with PLSC.** Volunteer cheques for people who have not completed their volunteer hours will be cashed on October 1, and you have until July 1 to contact the soccer executive if there was an exceptional circumstance that prevented you from fulfilling your volunteer commitment. We don't want your money as much as we want your assistance in completing the many jobs that are required to make a soccer league run smoothly for the players. A volunteer retainer is in the amount of \$100 and is to be post-dated to October 1 of the current year. If your duties have not been fulfilled this cheque will be cashed.

## 25. CLUB TRAVEL TEAMS

25.1. Club Travel teams are formed through a tryout process. If your child makes a team there will be additional costs incurred along with all travel expenses. Travel players must play house league if one is provided for that age group. If you cannot play house league, then you will not be able to travel as a member of a PLSC team.

25.1.2 Travel coaches will submit rosters to the Travel Coordinator 2 weeks before travel and confirm with the Division Coordinator that players have been in attendance and are in good standing.

25.2. After the AGM, PLSC will advertise for coaches through Facebook and email past coaches.

25.2.1. Coaches are required to be registered with Manitoba Soccer Association, Phantom Lake Soccer Association and have completed the following:

- Completion of an up to date Criminal Record Check with Vulnerable Sector (expires every 3 years).
- Completion of an up to date Respect in Sport for Activity Leaders course (expires every 5 years). Can be completed online at <https://www.sportmanitoba.ca/coaching/respect-in-sport/>
- Completion of the appropriate Canada Soccer Grassroots coaching course for the age/stage they are coaching.

25.2.1.2. Coaches for each travel team will be decided on or before December 15 for the upcoming season. Coaches will be chosen based on specific requirements by a selection committee, three from PLSC's board and one from the community. Applications will be made available from the Technical Director or the Travel Team Coordinator.

25.3. All practices prior to Spring Break will be considered open practices for each age category.

25.3.1. These practices will be advertised through GOALLINE email, Facebook, and will also be advertised on CFAR as "are you interested in Travel Soccer.."

25.3.2. Minimum of two open practices per team between November and the end of April.

25.4. If team selections are needed, evaluations and team selections will be conducted by the last week of April by a team selection committee consisting of the coach and two other people not linked to the team (preferably with experience in competitive soccer). The board will determine if the team selections and evaluations are required for any travel team.

25.4.1. Evaluation forms will be provided to the selection committee to be used during tryouts.

25.4.2. When the team is being formed there should be a facilitator present when the evaluators and coaches meet to select the team to ensure teams are being

formed based on these rankings determined by coach and evaluators. If there is a discrepancy between coach and evaluator it can be discussed in the presence of the facilitator to ensure the correct player is selected.

25.4.3. Teams will be made to allow the maximum number of players to participate in travel soccer and will depend on the number of players per age division, number of players on the field, and maximum roster size.

25.4.4. Teams will be made based on age or skill and tiered accordingly - starting at U13.

25.5. Any exceptions to the procedures outlined above would have to be approved by the executive.