



Ponoka Arena Guidelines



Please note these are the summarized guidelines. The full PMHA Return to Play Plan is attached as well. All Ponoka Minor Hockey participants and visitors are required to follow the guidelines set forth by Hockey Alberta, Ponoka Arena and PMHA.

Guidelines for Teams

Health Check Guidelines:

Each team is expected to use a Health Check or Health Screening Checklist before playing. Our team uses Team Snap. Managers will share this information with each other and ensure all players and coaches have completed this screening before the game begins .

Masking Requirments:

Masks are strongly encouraged when participants, coaches, and players, are unable to physically distance.

Entry and Exit Process:

Please see the attached Ponoka Arena Entry and Exit diagram. The main doors will be used as an entrance only and other doors will be used as the exit. There will be directional arrows to guide people. No congregating in the lobby.

Dressing Room Access:

Teams will have access to dressing rooms 30 minutes prior to the start of their game time. We ask that you vacate dressing rooms 30 minutes after. Showers are open, if time allows.

Maximum capacity in change rooms is 20. Teams will be given 2 change rooms if time allows.

Warm Up/Cool Down:

Currently, there is no extra space for warm ups or cool downs. Teams are welcome to use their change rooms or outside to do this.

Access to Water Bottle Fill Stations:

Each dressing room has a faucet for filling water bottles. The lobby water fountain is unavailable at this time.

Skate Sharpening:

Skate sharpening is available depending on hours of operation.

Guidelines for Spectators

Seating Restrictions:

Children must be under the care and supervision of a parent or guardian at all times. No children are to be left unattended. It is the discretion of the facility and association to ask families to leave if the rules are not followed.

Large Ice:

For games held on the large ice, maximum capacity is 50 total spectators on the large ice bleachers. This means the home team will be allowed 25 spectators and the visiting team will be allowed 25 spectators.

Small Ice:

For games held on the small ice, maximum capacity is 50 total spectators on the small ice bleachers. This means the home team will be allowed 25 spectators and the visiting team will be allowed 25 spectators.

Masking Requirments:

Masks are strongly encouraged when visitors are unable to physically distance.

Hand Sanitizers and Physical Distancing:

Hand-sanitizers will be located throughout our facilities for your use. Please ensure that you wash your hands and that physical distancing is maintained at all times.

Entry and Exit Process:

Visitors will use the main doors which are the same doors as the players. Please see the attached Ponoka Arena Entry and Exit diagram.

Washrooms:

There will be hand sanitizer located outside of each washroom. There will be signs posted outside of the washrooms stating capacity.

Concession:

Our concession is available depending on operating hours.

Live Streaming:

Live streaming is available with approval from both teams.. Teams are responsible for bringing their own equipment. PMHA and the Town of Ponoka are not responsible for lost or damaged equipment.

With all of this the Ponoka Arena will have a zero tolerance limit for all of the COVID rules and this could result in people being asked to leave the Arena.