

January 2023



Practice Schedule (Subject to Change)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
		7:45 S2	6:00 BDO 7:15 S2			
8	9	10	11	12	13	14
	5:45 S1	7:45 S2	6:00 BDO 7:15 S2			
15	16	17	18	19	20	21
	5:45 S1	7:45 S2	6:00 BDO 7:15 S2	6:00 BDO		
22	23	24	25	26	27	28
	5:45 S1	7:45 S2	6:00 BDO 7:15 S2			
29	30	31				
	5:45 S1	7:45 S2				

LEGEND	
S1 = Stride Arena	R4U
S2 = Portage Mutual Arena	U12
BDO = BDO Arena	U14
POWER SKATING	U16