

JAN 2026



Practice Schedule
(Subject to Change)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	WRL 2nd Half Begins	3
4	5	6	7	8	9	10
	5:45 S1					
		7:45 S2				
11	12	13	14	15	16	17
	5:45 S1					
		7:45 S2				
18	19	20	21	22	23	24
	5:45 S1					
		7:45 S2				
25	26	27	28	29	30	31
	5:45 S1					
		7:45 S2				

LEGEND	
R4U	U19
S1 = Stride Arena	
S2 = Portage Mutual Arena	BDO = BDO Arena