



2025-26 Indoor PLAYOFF Rules

THERE WILL BE ZERO TOLERANCE TO ABUSIVE BEHAVIOUR, IN ALL ITS FORMS, TOWARDS THE REFEREES, COACHES AND PLAYERS.

In general, IFAB and/or regular season house league rules shall apply, except the following:

1. NUMBER OF PLAYERS AND DURATION:

- a. U11 (7v7); minimum players to start is 4; 2 x 20-min. ½'s (+ 5 min halftime break)
U13, U15 and U17/19 (7v7); minimum players to start is 4; 2 x 25-min. ½'s (+ 5 min halftime break)
- b. If one team, or both teams have less than 7 and more than 4 they can mutually agree to play with less, but any team is entitled to play with 7, no matter what their opposition has for players.
- c. In all age groups the minimum number of players to start the game with is 4. Each team must have 4 players by 15 minutes from scheduled start time, or the game will result in forfeit.

2. TEAMS

- a. All players **must be on the roster** to play with a team. **It is not allowed for any team to pick up players from another team.** Coaches are responsible for confirming their player's attendance at the playoff games. If a team might be short a significant number of players, the coach must make arrangements with the Technical Director to address the issue within 24 hours of the match. If at the time of the game the team is still short players, then rule #1b above applies.
- b. All teams must have a minimum of **2 females** on the field at all times. Teams without 2 female players must play short, equal to the number of missing female players.

3. GAME DURATION AND TIE-BREAKING PROCEDURES

- a. **GOALS SCORED DIRECTLY FROM THE KICKOFF WILL NOT COUNT.** The restart will be a goal kick.
- b. The format for the playoffs is "knockout", therefore all playoff games must result in a winner. If tied, the game will go straight to a penalty shoot-out.

4. PENALTY SHOOT OUT

- a. Penalties are to be taken from the edge of the penalty area, on the line.
- b. Each team selects 5 players who were on the field at the end of the game to take penalty kicks. If the game is still tied, the shootout continues through the roster. At this stage it goes to "sudden death" or "golden goal".

February 24, 2026