



Provost Minor Hockey Association  
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## **COVID 19 - Facility Use and Attendance Guidelines**

Updated October 12, 2021

The philosophy of the PMHA is to provide a hockey program, which encompasses fun, development, competitiveness and challenge for all players. During this COVID-19 crisis, PMHA is aiming to enhance the development of all players while offering a safe space for our hockey players, coaches, and spectators. These guidelines are meant to provide direction in using facilities used by PMHA.

**Please note these guidelines are subject to change based on information from Alberta Health Services, Hockey Alberta, Town of Provost and Provost Minor Hockey Association.**

Updates will be made on an as needed basis and most current information will be given to your director, manager and or posted to the website.

These guidelines are only meant as direction, the most current [Alberta Health Services Guidelines](#) should be followed.

### **General Guidelines for PMHA Facility User for Crescent Point Place**

- Guidelines from The Town of Provost are following [CMOH Order 44-2021](#)
- These guidelines follow 1/3 capacity, mandatory masking and practicing physical distancing

### **Head Coach/Assistant Coach/On-Ice Responsibilities**

- All coaches must wear a mask at all times in the dressing room
- Coaches should wash their hands thoroughly before and after tying player skates
- Coaches must show proof of vaccination, negative covid test within 72hrs (at their cost) or a medical exemption document prior to attending any facility that is under the REP

### **Prior to attending an ice session/team event:**

- Prior to attendance, all players must complete a COVID-19 Symptoms Screening Questionnaire which is found on the Teamsnap app
- Symptom Screening Questionnaires will be monitored by the team's designated coordinator
- Players will not be allowed on the ice without completing the screening questionnaire

- If a player does not pass a health check or are advised by Alberta Health Services not to attend an event, please do not attend the event and follow the steps as laid out by Alberta Health Services

### **Player/Participant Responsibilities**

- All players must wear a mask at all times in the dressing room up until they are to enter the ice surface
- Two (2) meters distance is to be maintained between players except while engaging in Physical Activity
- All players must have their own water bottle marked with their name
- Do not share water bottles
- Spitting is not permitted in any part of the facility
- If you test positive for COVID-19 PMHA asks that you report this to your team right away so actions can be taken to make sure the rest of the team is safe. We are working diligently to make sure we can avoid spread amongst members
- Please follow all isolation guidelines before returning to participation with your team

### **Spectator/Parent/ Guardian Responsibilities:**

- Spectators are encouraged to complete [COVID-19 Health Daily Checklist](#) prior to entering any facilities. Please do not attend any PMHA event should you feel unwell at all and follow the steps as per Alberta Health Services and current testing protocols.
- All spectators are expected to sanitize their hands upon entering the facilities
- Masks are required in all spaces of the facilities including washrooms, dressing rooms, lobby, and in spectator seating.
  - Exceptions include those under 2 years of age or an individual who qualifies for medical [Mask Exemptions](#). Please follow the link for more information.
- Spectator attendance is restricted to 1/3 the Fire Code Capacity and will be monitored by the designated team coordinator
- Attendees are limited to a single household or two (2) close contacts if living alone in spectator seating
- Two (2) meters physical distancing must be maintained between households in spectator seating
- Masks must be worn at all times in spectator seating and or areas unless eating or drinking

### **Dressing Room/User Responsibilities:**

- Dressing rooms and showers are open with a limitation on time 1 hour before and after the scheduled ice time
- If it is found that the user has not followed these guidelines, those of Alberta Health Services or Hockey Alberta, the user may be fined or may lose their ice times for the rest of the 2021-2022 season