

Rally Cap Division

The objective of this division is to introduce the game of baseball to young players while making it safe, interesting and fun. The purpose is to provide a wide flexibility for placement based on age and skill at this level. Although some of the rules are not traditional rules we are familiar with, at this age tradition is not the primary concern. The opportunity for the players to learn the basic fundamentals of the game in a safer environment while having fun and improving their skills is the primary concern. Hitting, fielding and running the bases are the primary reasons children want to play baseball and this program allows them to do that.

The following rules apply to the Rally Cap Division (differences between Junior Rally Cap and Senior Rally Cap, as indicated):

AGE OF PARTICIPANTS:

- Junior Rally Cap – Born in 2017 & 2018
- Senior Rally Cap – Born in 2015 & 2016

ROSTER:

- 8 to 12 players per team

SPEED OF PITCH (if using a pitching machine):

- Junior Rally Cap - approximately 38 - 40 miles per hour
- Senior Rally Cap - approximately 41 - 43 miles per hour.

FIELD DIMENSIONS:

- 60 foot base paths
- Pitching mound/machine at 40 - 42 feet
- The infield shall begin two (2) feet outside the baselines.

LENGTH OF GAME:

- Junior Rally Cap: Games should be preceded by 15 minutes of practice (throwing, catching, batting and fun games). Games should be maximum of three innings (60 minutes time limit, in total)
- Senior Rally Cap: Games should be preceded by 30 minutes of practice (throwing, catching, batting and fun games). Games should be maximum of three innings (90 minutes time limit, in total)

BATTING:

- All players shall bat every inning. Each batter shall receive five (5) hittable pitches, including foul balls. If the ball has not been hit, the batter will use a tee.
- Players shall wear batting helmets at all times when batting and running the bases.

DEFENSIVE ALIGNMENTS:

- Junior Rally Cap: All players will play each defensive inning
- Senior Rally Cap: Nine (9) players will play each defensive inning.

OTHER RULES:

- No stealing of base is allowed on pass balls or on overthrows.
- No "infield fly rule" or "bunting".
- The advance of base runners shall halt as soon as the ball enters the infield. The ball does not have to be caught or touched by an infielder.
- All players are to try every position at least once during the season.
- No scores will be kept.
- No Protests.