

Queen City South United Soccer Club

Commitment to Compete; Attitude to Achieve; Passion to Play! ™

To be the centre of choice for aspiring athletes through exceptional soccer experiences

INTRODUCTION

The information contained in this document supersedes information provided in previous versions.

On December 14, 2020, the Provincial government announced that **restrictions implemented on November 27, 2020, are extended until January 15, 2021**. These include the restrictions to sport, which can be found on page 5 of the [Return to Soccer Plan](#) from Saskatchewan Soccer Association.

Current restrictions allow no more than 8 players on each half of the QC Facility (16 athletes total on the full playing surface) and players must be 3 meters apart for the duration of the session.

Athletes/coaches will be required to wear masks during activity, so masks will be worn for the duration of time spent inside the QC Facility. We have also enhanced our portable field barriers to restrict airflow by covering them with plastic poly.

Effective January 3, 2021, the following COVID-19 safety guidelines and protocols will be in effect:

- Athletes who are experiencing symptoms that resemble COVID-19 should stay home until symptoms subside ([Please click here for a list of COVID-19 symptoms](#)). If symptoms persist but you can provide a confirmed negative COVID-19 test for your child, your child will be permitted to attend. Please note, if your child experiences symptoms that resemble COVID-19; however, these can be explained as a direct result of a seasonal allergy or asthma, then the child will be permitted to attend. Athletes are not required to complete a health checklist or form before each session.
- **Parents/guardians/caregivers are asked not to enter the QC Facility, unless prior arrangements to meet with a coach, manager or QC Staff have been made. For the immediate future, we will not be allowing spectators inside the QC Facility.**
- Athletes should arrive no more than 10 minutes before the start of their training session and they **MUST** arrive dressed and ready to participate. Players cannot change in the lobby or on the field.
- All athletes and coaches must wear a face mask or face covering during all soccer activity. This means masks are required to be worn for the duration of time inside the QC Facility (including during activity on the playing surface).
- We have set up floor markings (red tape) to keep athletes socially distanced in the lobby area. We have also set up markings on the walls of the playing surface (green arrows) to keep athletes socially distanced during water breaks and arrival/exit.
- Upon arrival, athletes must hand sanitize and locate an open marking on the floor of the lobby and wait there until they are directed to enter the field of play from a coach or QC Staff.
- Upon entering the field of play, athletes should locate an open marking on the wall and set their personal belongings underneath the marking. Athletes should wait there until further instructions is provided from the coach.
- For **U13 and younger age groups**, parents/guardians/caregivers, or whoever is picking up your child after their training session, **MUST** meet their child in-person as they exit the facility (north east fire exit – see diagram below). Players will not be released or allowed to walk through/across the parking lot to find their ride. The transition must be in-person. Please be mindful to social distance during this process.
- For **U15 and older**, parents/guardians/caregivers, while welcome to, are not required to meet them as they exit the building.

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