

Queen City South United Soccer Club

Commitment to Compete; Attitude to Achieve; Passion to Play! ™

To be the centre of choice for aspiring athletes through exceptional soccer experiences

INTRODUCTION

As we prepare for the start of our 2020-2021 player evaluations on Monday, September 14th, 2020, the information contained in this document will outline the protocols that we will be following during this time. It is important that everyone read and understand the information provided to help ensure a safe and enjoyable experience for everyone. **The strategies below are non-negotiable. Should you feel you are not able to adhere to them, please advise us as soon as possible so that a refund can be issued.**

We will be following the [Return to Soccer Plan](#) that was developed by the Saskatchewan Soccer Association (SSA). As it currently stands, the Government and SSA have confirmed we are in Phase 3 of their plan, which relaxes social distancing and allows for increased contact and internal small sided games within a training group.

Prior to being cleared to return, QC had to complete a risk assessment from the Canada Soccer Association, which determined we had the necessary processes and protocols in place to be listed as a low risk.

Based on the current restrictions in place, we have limited the number of players in each training group and in turn, the number of players on the field at one time.

All players will be required to complete an online health questionnaire prior to every training session. If your child is sick with something that resembles COVID-19 (please call 811 ASAP and follow their suggestions), has a temperature greater than 38.9 degrees Celsius (100.2 degrees Fahrenheit), or any illness symptoms that cannot be explained by a seasonal allergy; please keep them home for their safety and the safety of others. The link for this online questionnaire is https://docs.google.com/forms/d/e/1FAIpQLSfj_dIepNV7WhfEiM_RF2A06pe1RxphGc16i0SGBb-6f_18mQ/viewform and it needs to be used repeatedly over the course of the evaluations. Any parent entering the building must also complete the online questionnaire.

Below you will find the necessary processes and protocols we will be using to prioritize the health and safety of our athletes, coaches, volunteers, etc.; please read carefully.

FACILITY PROCEDURES

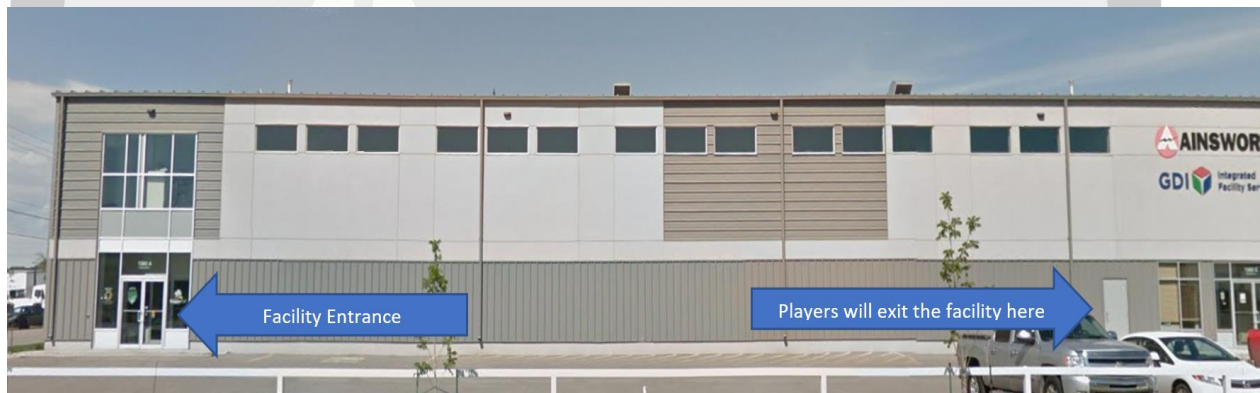
We will be using the QC Facility (located at 1560A McDonald Street) for all evaluations. To ensure everyone's safety, we will be following the process outlined below.

- Players should arrive no more than 10 minutes prior to their session.
- Upon entering the building everyone must use hand sanitizer which will be located at the front door and at several other locations throughout the building.
- Players must wear a mask or face covering (non-medical) upon arrival and can remove it once on field.
- There will be limited capacity for spectators and as such, we are asking parents/guardians/caregivers not to enter the building unless necessary. Should a parent/guardian/caregiver need to be present or need to enter the facility, they must wear a mask or face covering (non-medical) for the duration of their time in the building.

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- Players will check in at the front desk of the facility. Players need to maintain social distancing while waiting to check in.
- Once checked in and directed to do so, players will proceed onto the field.
- Players will place their personal belongings along the wall on the field in the designated area.
- During the session, players will be given water breaks and will be asked again to clean their hands with the hand sanitizer they will have brought with them.
- After the session is complete the players will collect their belongings, go through a sanitation station, and exit the building through the North-East fire door (see diagram below):



CONTACT TRACING

To be able to provide the needed information to our members and health authorities, should we experience a positive COVID-19 diagnosis in one of our registered players or in someone who was present in the QC Facility, we will be requiring all who are enter the building to complete and submit an online questionnaire one (1) hour before entry. **This is mandatory and any player or spectator not completing this questionnaire will not be permitted entry.** Should you answer "yes" to any of the questions, you must provide an explanation to staff/volunteers and they will decide whether you/your child can participate. If you are sick, please stay home.

ILLNESS AT THE FIELD

Should a player become ill at the field, the player will be removed from training and a parent/guardian/caregiver will be contacted for pick up.

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EVALUATION DAY CHECKLIST - PLAYERS

Prior to Arrival

- Ensure you have eaten, as no food will be available onsite (beyond what can be found in the vending machine)
- Wash hands with soap and water
- Wash your water bottle
- Use the washroom
- All participants must come dressed, ready to participate, as no changeroom facilities are being provided and we do not want players changing on the field.
- Have the following in your backpack or bag
 - Hand sanitizer
 - Face masks or face coverings (non-medical)
 - Labelled water bottle (where mouth spout is covered by lid and not to open air)
 - Tissues for any allergies or to blow nose
 - Any necessary medication

On Arrival

- Check in at the front desk, no earlier than 10 minutes before the start of your session
- Respect social distancing
- Go through the sanitation station
- Do not share your water bottle
- Follow directions of staff and volunteers

Departure

- Collect your belongings while respecting social distancing
- Go through sanitation station
- No loitering
- Head to parking lot for pick up
- See you next session

EVALUATION DAY CHECKLIST – PARENTS/GUARDIANS/CAREGIVERS

Prior to Arrival

- Complete online questionnaire one (1) hour prior to session and ensure child is healthy with no signs or symptoms of illness
- Wash your hands with soap and water
- Discuss social distancing, hand hygiene and safety protocols with child so they are aware of the expectation upon arrival
- Ensure participant has prepared their bag with the items outlined previously
- Ensure player is dressed in training gear upon arrival

Arrival

- Only bring your child into the building if needed, otherwise drop off at the front door
- If you need to check your child in, you must wear a face mask or face covering (non-medical)
- Return to your car and remain there if possible, until the end of the session

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Departure

- Pick up your child from the North East Fire door of the building (see diagram above)
- Remain in your vehicle and if not possible, maintain social distancing
- See you next session

EVALUATION DAY CHECKLIST – COACHES & VOLUNTEERS

Prior to Arrival

- Complete online questionnaire and ensure you are healthy with no signs or symptoms of illness
- Wash hands with soap and water
- Use the washroom,
- Ensure you have eaten, as no food will be available onsite (beyond what is provided in the vending machine)
- Wash your water bottle

Arrival

- Check in at the front desk
- Proceed to the sanitation station
- Assist with field set up
- Sanitize equipment as needed
- Ensure players maintain social distancing and are following desired safety protocols
- It is recommended that coaches wear a face mask or face covering; however, it is mandatory if coaches are attending evaluations for multiple age groups (a non-medical mask can be worn if 2 meters social distancing can be maintained at all times; however, a medical mask must be worn if 2 meters social distancing cannot be maintained)
- Carry personal hand sanitizer

Departure

- Ensure players go through sanitation station, are respecting social distancing and are ready to be picked up in the designated pick up area
- Sanitize equipment
- Assist with field takedown