



**2023-2024 QC United
Adult Indoor 5-Aside League**

**Adult Manager and Player Registration
Information Package**

Updated September 25, 2023



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BACKGROUND

The indoor season will be played in one season that will run from October 21, 2023 – March 24, 2024. Teams will receive 15 games plus playoffs. Prize money will be offered to the winner of the division.

If a division is non-viable (has less than 4 teams registered), QC will move teams to a different division or combine divisions. If non-viable divisions cannot be accommodated, QC will provide full refunds to all affected players.

FEE STRUCTURE PER PLAYER

Division	Total Registration Fee
All divisions	\$275.00 plus GST & PST

IMPORTANT DATES

- Friday, September 15, 2023 – Team & player registration available
- Saturday, October 7, 2023 – Team registration deadline and scheduling request deadline – Roster requirement deadline – 10 players; Any team that withdraws after 12:00pm CST will be subject to a \$250.00 fine to the team contact.
- Saturday, October 14, 2023 – All league schedules released.
- Saturday, October 21, 2023 – All leagues begin.

TEAM & PLAYER REGISTRATION

Starting on **Friday, September 15, 2023**, all players and teams will be able to register in their preferred division online at www.qcsoccer.ca.

When registering a team, the team contact will need to provide the following:

1. Team Name
2. Jersey Colours
3. Preferred Division
4. Coach/Manager Information (First Name, Last Name, Birthdate, Email)
5. Main Contact Information (First Name, Last Name, Birthdate, Email, Address)

SCHEDULE REQUESTS

If there are any dates where your team is unable to play, please make a formal request in writing by **Saturday, October 7, 2023**. Please include the rationale. Requests will be considered but dependent upon circumstances, not all requests may be granted. Requests can be sent to josh@qcsoccer.ca.

All league schedules will be posted on the QC website at www.qcsoccer.ca after **October 14, 2023**.

League play will begin on **Saturday, October 21, 2023**.



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DIVISIONS

Recreation Divisions – The Recreation divisions are a fun recreational option for varying skill levels and/or those looking for a “soccer for all” program. The division offers players the opportunity to exercise and enjoy the social benefits that soccer offers. Comparable to Division 2/3 and below local soccer.

MEN’S LEAGUE

The men’s league will offer the following division (provided each division is viable):

- Men’s Recreation: Game Day – Saturday evenings

WOMEN’S LEAGUE

The women’s league will offer the following division (provided each division is viable):

- Women’s Recreation: Game Day – Sunday evenings

OVERVIEW OF LEAGUE RULES

- All divisions will play 5v5 (4 field players plus a keeper) format. There will be one official and there will be no offsides.
- Players can only register with one team within a division. Guest play amongst registered players in the same division is permitted during the regular season but not during playoffs.
- The minimum roster is 10 players and the maximum roster is 15 players.
- There will be kick-ins instead of throw-ins.
- Slide tackling is not permitted.
- There will be absolutely no spitting allowed (This includes keepers who normally spit into their gloves).
- There will be no pinneys available for teams to borrow. Teams will need to ensure that they have a second set of uniforms or pinneys to use in case of conflict.
- To promote fair play, players need to be cognizant of the level of play of the division they are registered for and play with the appropriate attitude and mentality for the level of play of the division. Players will be held accountable if issues arise relating to this.

REFUNDS

- QC’s refund policy can be found here:
<https://www.rampregistrations.com/refundpolicy?v3=175dd4db21>.