



## COVID-19 Safety Processes & Protocols at Massey East & West Fields (Updated – May 3, 2021)

### Introduction

As we prepare for the start of outdoor programming, the information contained in this document will outline the protocols that we will be following during this time. It is important that everyone read and understand the information provided to help ensure a safe and enjoyable environment for everyone. The strategies below are non-negotiable, and the information contained in this document supersedes information provided in previous versions. Should you feel you are not able to adhere to them, please advise us as soon as possible so that your child can be withdrawn.

On April 20<sup>th</sup>, the Government announced current public health orders have been extended until at least May 10<sup>th</sup>. These include restrictions to sport. These are summarized in the [Return to Soccer Plan](#) from the Saskatchewan Soccer Association (SSA). Based on current public health orders, we are currently in Phase 1 of SSA's plan, which requires social distancing measures. We will adjust/modify/progress our training based on updates to public health orders. With vaccinations progressing throughout Saskatchewan, we are hopeful of resuming a more traditional season that includes game play, at some point this spring/summer; however, a timeframe for such remains unknown.

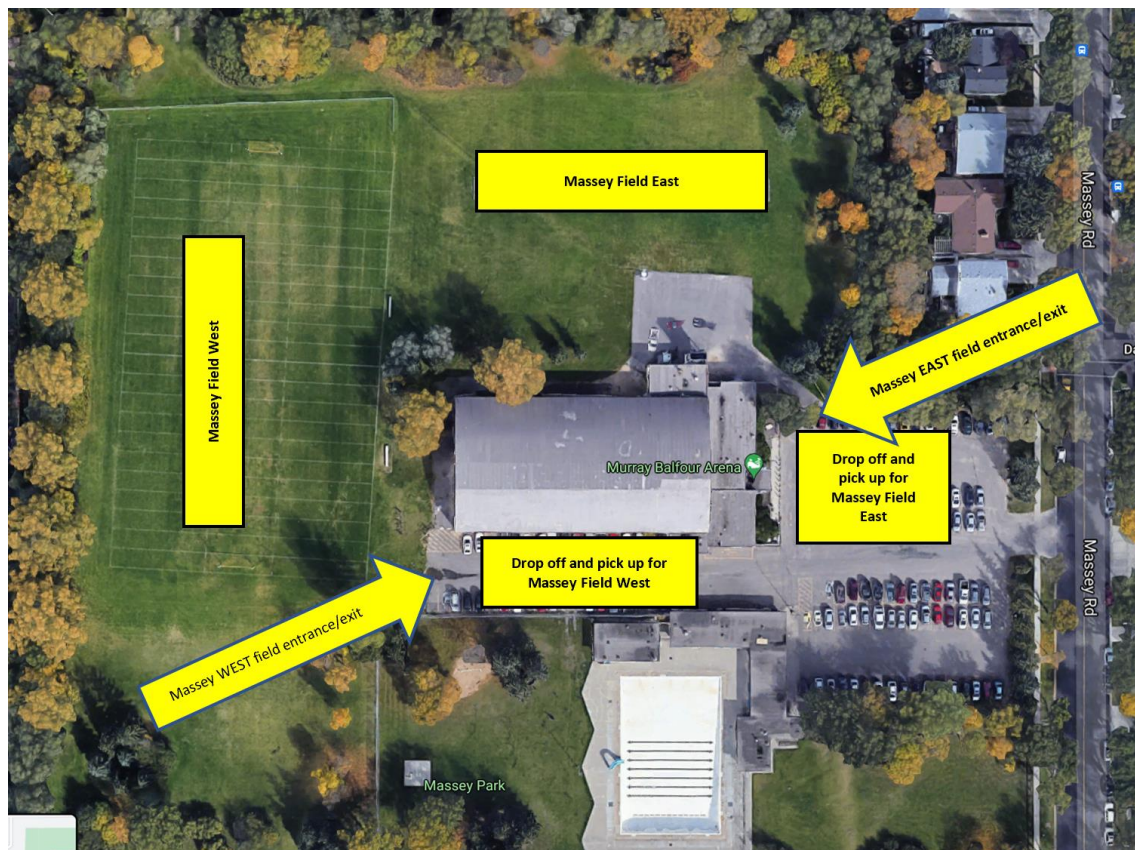
**Below you will find the necessary guidelines, processes, and protocols we will be using to prioritize the health and safety of our athletes, coaches, volunteers, etc.; please read carefully.**

- Athletes who are experiencing symptoms that resemble COVID-19 should stay home until symptoms subside ([Please click here for a list of COVID-19 symptoms](#)). If symptoms persist but you can provide a confirmed negative COVID-19 test for your child, your child will be permitted to attend. Please note, if your child experiences symptoms that resemble COVID-19 but symptoms can be explained as a direct result of a seasonal allergy or asthma, then the child will be permitted to attend. Athletes are not required to complete a health checklist or form before each session.
- Athletes will train in groups of 8 or fewer and will follow social distancing measures.
- Athletes are asked to arrive no more than 10 minutes prior to the start of their training session.
- Spectators are allowed; however, spectators must always maintain 2 meters of physical distancing and there is a maximum of 30 spectators allowed at each field. If you can do so, we encourage you to remain in your vehicle and only watch if it is necessary. If this becomes an issue, we will re-evaluate and adjust as needed.
- Face masks/coverings are not required for youth players or spectators; however, players/spectators are more than welcome to wear one.
- Coaching staff and field personnel are required to wear a mask/face covering.
- Athletes/spectators must follow proper hand hygiene practices upon entry to field area.
- Athletes should wait to be directed to an area upon arrival by a coaching staff.
- Athletes will place their personal belongings along the side of the field/area in which they will be training.
- During the session, players will be given water breaks and will be asked again to clean their hands with the hand sanitizer they will have brought with them.
- After the session is complete the players will collect their belongings, go through a sanitation station and will then be picked up in the designated area.

### Illness at Field

Should an athlete become ill at the field, the athlete will be removed from training and a parent/guardian will be contacted for pick up.

## Field Diagram



## Training Day Checklist – Athletes

### Prior to Arrival

- Ensure you have eaten, as no food will be available onsite.
- Wash hands with soap and water.
- Wash your water bottle.
- Use the washroom, as no washroom facilities are available onsite.
- All participants must come dressed, ready to participate (no changing at the field. Only items contained in a Ziploc bag will be allowed onsite – all other bags/backpacks should remain in your vehicle or at home).
- Prepare a large Ziploc bag, clearly labelled with your name, that contains the following items:
  - Hand sanitizer
  - Sanitation wipes (if possible, otherwise a clean cloth to wipe down equipment)
  - Face masks (face masks can be worn during training; however, they are at the discretion of each player)
  - Labelled water bottle (where mouth spout is covered by lid and not to open air)
  - Snacks
  - Tissues for any allergies or to blow nose
  - Any necessary medication

### On Arrival

- Respect social distancing.
- Go through the sanitation station.
- Do not share your water bottle – keep it in a Ziploc bag.
- Follow directions of staff and volunteers.

### Departure

- Collect your belongings while respecting social distancing.
- Go through sanitation station.
- No loitering.
- Immediately head to the pick up area.

## **Training Day Checklist – Parents/Guardians**

### **Prior to Arrival**

- Ensure your child is healthy with no signs or symptoms of illness.
- Check field status.
- Wash your hands with soap and water.
- Discuss social distancing, hand hygiene and safety protocols with child so they are aware of the expectation upon arrival.
- Ensure participant has prepared their Ziploc bag with the items outlined previously.
- Ensure player is dressed in training gear upon arrival.

### **Arrival**

- Remain in your vehicle if you are not needed at the field. (If you must leave or are unable to stay for the duration of the session, please coordinate a contingency plan to immediately pick up your child in the event of inclement weather, injury, etc.
- If you are spectating, please respect all social distancing guidelines.
- Remember there are no more than 30 spectators allowed.

### **Departure**

- Pick up your child from the designated area.
- Remain in your vehicle and if not possible, maintain social distancing.

## **Training Day Checklist – Coaches and Volunteers**

### **Prior to Arrival**

- Ensure you are healthy with no signs or symptoms of illness.
- Wash hands with soap and water.
- Check field status.
- Use the washroom, as no washroom facilities are available onsite.
- Ensure you have eaten, as no food will be available onsite.
- Wash your water bottle.

### **Arrival**

- Proceed to sanitation station.
- Assist with field set up.
- Sanitize equipment as needed.
- Ensure players maintain social distancing and are following desired safety protocols.
- Ensure you are wearing a face mask/covering.
- Carry personal hand sanitizer.

### **Departure**

- Ensure athlete utilize hand sanitizer upon departure and are respecting social distancing guidelines.
- Make sure all participants are picked up before leaving.
- Sanitize equipment.
- Assist with field takedown.