



QC FACILITY COVID SAFETY PROTOCOLS AND PROCEDURES

The information contained in this document will outline the protocols we will be following for the indoor season. It is important everyone read and understand the information provided to help ensure a safe and enjoyable environment for all participants. The strategies below are non-negotiable. Should you feel you are not able to adhere, please advise us as soon as possible so that your child can be withdrawn.

We are committed to following all public health orders to ensure the safety of our participants and we will adapt and evolve our plan to reflect the current state of the pandemic, updated public health orders and guidelines from our governing organizations.

COVID-19 safety guidelines and protocols include:

- Athletes who are experiencing symptoms that resemble COVID-19 should stay home until symptoms subside ([Please click here for a list of COVID-19 symptoms](#)).
- Masks and/or face coverings **are required** until midnight on February 28, 2022, upon entry into the building for anyone three (3) years and older. Participants may remove (should they feel comfortable) masks when actively engaged in physical activity on the turf. Masks will not be required starting March 1, 2022.
- Coaching staff and any players on the sidelines (not engaged in activity) must be masked.
- **We ask that support persons and spectators refrain from watching training sessions if your child is comfortable without the presence of a support person. If the child requires the presence of a support person, please limit to one (1) adult.**
- **We will allow two (2) support persons per player for games.**
- Athletes should arrive no more than 10 minutes before the start of their activity, and they should arrive dressed and ready to participate, except cleats/indoor footwear should not be put on until inside the building.
- All who enter must follow proper hand hygiene practices upon entry to the building.
- Entry to the building will be through the main (southeast) doors. Spectators are to exit through the south fire exit at the base of the stairs (see diagram below) and participants will exit through the northeast fire exit (see diagram below). **Parents/guardians of participants in our U5-U11 programs, should meet their child at the door as they exit to ensure a safe transition from coaching staff. Parents/guardians are asked to refrain from entering the turf to meet their child; instead, we ask that you make your way to the player exit externally along the east side of the building. Players should take all outdoor clothing/footwear with them to the field, so they are dressed appropriately upon exit.**
- The building will be cleaned and sanitized regularly.

