



# 2025 QEMHW

## Coaches Information

Welcome to the 61st Quikcard Edmonton Minor Hockey Week! We are thrilled to be hosting the tournament again this year and we thank you for leading your teams into this tournament as well as what you do for the kids all season long. This year we are celebrating 25 years of Quikcard being the title sponsor of this magnificent event in the lives of all minor hockey players (and coaches!)

All coaches must be wearing a button when entering the arena, whether you purchase them at the arena or whether your association has bought and supplied them for you.

**Please be sure you have your team sheet (hard card) available to present to the Arena Manager before each game you play; this is a Hockey Edmonton rule and must be followed.**

Access to dressing rooms will **not** be available until 45 minutes before your scheduled game at the earliest. Please be aware that if games are running behind you may be delayed getting into your room. Do not show up 60 minutes prior and expect to get into your room.

The length of all games is noted below and will be posted in the arenas. Remember all games are run time and the clock will not stop for any reason until the last 2 or 5 minutes of the game (Playoffs are 5 minutes).

DIVISION	LENGTH OF PERIODS
ALL U11	ALL GAMES THREE 15 MINUTE PERIODS
U13 FEMALE A	ALL GAMES THREE 15 MINUTE PERIODS EXCEPT FINALS
U13 FEMALE B	ALL GAMES THREE 15 MINUTE PERIODS
U13 TIER 1 BLUE	ALL GAMES THREE 15 MINUTE PERIODS EXCEPT FINALS
U13 TIER 1 RED	ALL GAMES THREE 15 MINUTE PERIODS EXCEPT FINALS
ALL OTHER U13	ALL GAMES THREE 15 MINUTE PERIODS
U15 BODY CHECKING 1	ALL GAMES THREE 20 MINUTE PERIODS
U15 BODY CHECKING 2 BLUE	ALL GAMES THREE 20 MINUTE PERIODS
U15 BODY CHECKING 2 RED	ALL GAMES THREE 20 MINUTE PERIODS
U15 FEMALE A	ALL GAMES THREE 20 MINUTE PERIODS
ALL OTHER U15	ALL GAMES THREE 15 MINUTE PERIODS EXCEPT FINALS
ALL U18	ALL GAMES THREE 20 MINUTE PERIODS

3 minute warm-up for all games

Home team supplies pucks for warmup

There are **NO** timeouts allowed during QEMHW.

As per Hockey Edmonton guidelines, there is a maximum of 5 coaches allowed on the bench at any time.

All of the individuals working at the games are volunteers (Arena Managers, time keepers, button sellers, etc). Please show all of those people respect and appreciation.

This year again each home team will supply a timekeeper and scorekeeper for your own games (as you would during regular season). Please have these team volunteers check in with the Arena Manager when they arrive at the arena so they are aware of them and for any instructions.

This year there will be no shift checkers required for any of the games. We ask all coaches to honour the fair play aspect that we have fostered to develop over the last 60 years of this tournament. We would ask that coaches endeavor to have all players contribute equally in the outcome of the game and not just limit any player to the 2 shifts required in past tournaments. We would also ask that coaches that have the benefit of 2 goalies on their team's endeavour to the best of their abilities to have each goaltender participate in each game that their team plays in.

The Arena Manager is in charge of the arena; decisions they make will be final. Please respect these Managers and remember, like yourselves, they are VOLUNTEERS.

At no time are parents allowed on the ice surface, including the finals.

The tournament rules are attached to this email, please be aware of them before you play.

Good luck, have fun and enjoy the tournament!

Thank you,

2025 QEMHW Committee